

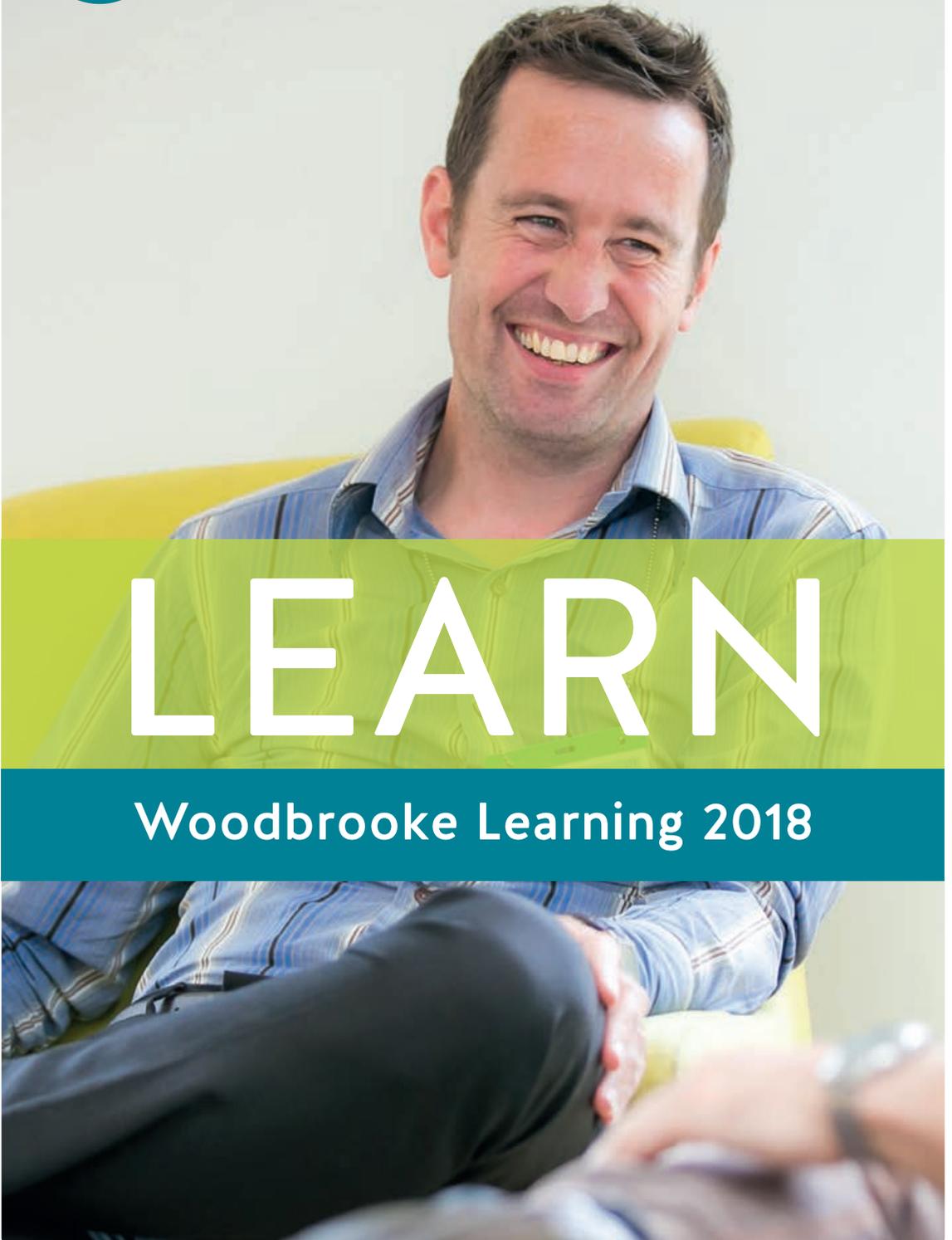


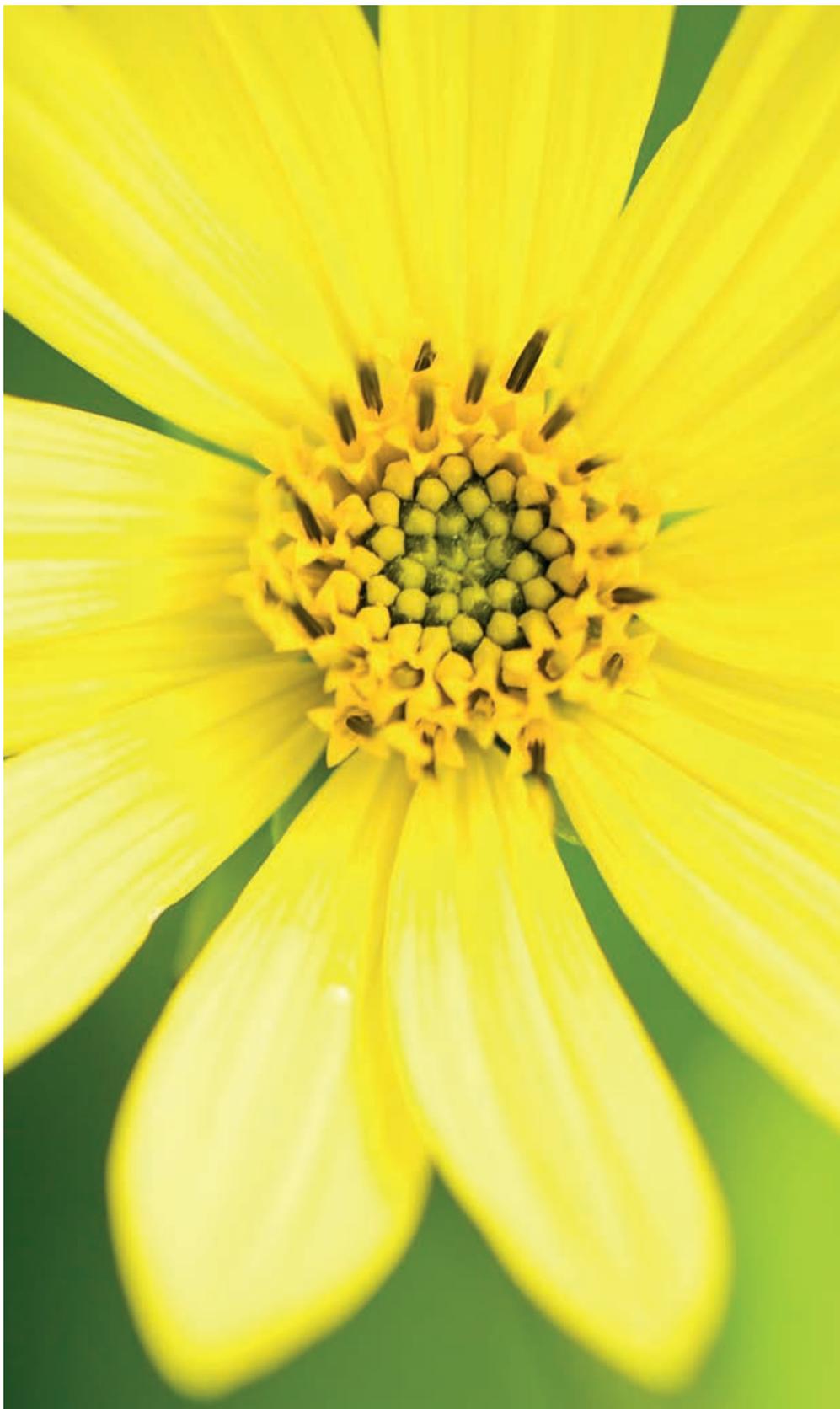
WOODBROOKE
MEET • STAY • LEARN

LEARNING
JANUARY TO
DECEMBER 2018

LEARN

Woodbrooke Learning 2018





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Welcome to Woodbrooke



As I write this introduction to our 2018 learning brochure, the Woodbrooke gardens are looking glorious with a superb display of autumn colour. Many of us rejoice in these changes in nature and the possibilities of new growth that they bring.

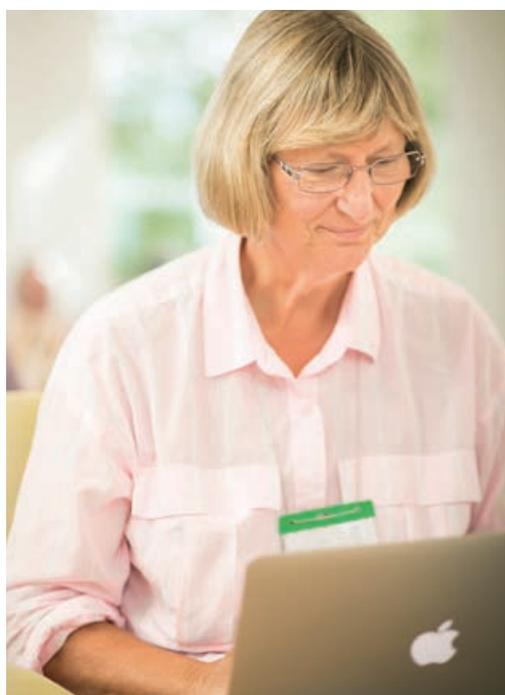
Woodbrooke is also changing and some of our changes will be bright and obvious, just like the leaves changing colour on the trees. Others will be like the sap slowing in the tree – deep within the core of Woodbrooke, unseen but essential changes.

Some changes we choose to make, like building new facilities at Woodbrooke Quaker Study Centre which give us additional ground floor bedrooms and meeting rooms. Some changes will come from outside influences, such as the new data protection requirements, and some will come from necessity such as replacing our tired and overworked database system.

Woodbrooke continues to change, develop and thrive because of the practical, spiritual and financial support you give us. Thank you for helping to build the Woodbrooke of the future that will continue to delight and inspire people.

Sandra Berry

Sandra Berry, Director



For a large print copy of this brochure,
please call 0121 472 5171

Courses at Woodbrooke

WHAT IS INCLUDED ON A COURSE AT WOODBROOKE?

The price listed in the brochure includes the following:

- The course including all materials and handouts
- En suite single accommodation*
- Freshly cooked meals**
- Access to all of Woodbrooke's facilities from arrival to departure

“The respect, gentleness and love of the tutors and other participants made for a brilliant experience. I really appreciated the depth and breadth of practices that were introduced to us.”

A 'PRACTICE AND PRESENCE' PARTICIPANT

“The course tutors were outstanding; they have an extraordinary way of making the space very safe whilst encouraging risk taking and spiritual growth.”

A 'TIME SET ASIDE' PARTICIPANT



* We have a small number of economy rooms with a shared bathroom. If you would specifically like one of these rooms please state this at the time of booking. We cannot guarantee availability of economy rooms. There will be a discount of up to 10% applied to the price of a standard residential course. If you have any questions relating to this please contact us first before sending your booking. We also have a number of twin and double rooms available, if you are coming with someone else and would like to share please let us know at the time of booking.

** A non-residential place includes lunch and evening meal only.

WOODBROOKE ON-THE-ROAD

Bringing Woodbrooke learning
to you and your meeting

Workshops designed to
nurture spiritual life,
build community and
support witness
in the world.

DISCOVER SOMETHING NEW TODAY

Find out more by visiting www.woodbrooke.org.uk/wotr

Also at Woodbrooke



ACCOMMODATION

At Woodbrooke we are renowned for our warm, welcoming and fairly priced accommodation. You can retreat from the hustle and bustle of life and soak up the atmosphere in the former home of George Cadbury and enjoy the 10-acres of organically managed gardens and grounds.

Our bed and breakfast packages start from just £50.00 per person and we also offer a range of room and board types to choose from. Visit woodbrooke.org.uk/stay to check availability.

MEETINGS AND EVENTS

Woodbrooke is the perfect venue for your next meeting, conference or event. With nine bright, airy meeting rooms holding up to 100 people, you will leave feeling refreshed and inspired. Our packages offer exceptional value for money and include complementary Wi-Fi, freshly prepared meals and handmade cakes and cookies. Our friendly attentive staff will ensure that your event runs smoothly from start to finish.

Our meeting packages start from just £36.00 per person but please contact our reservations team on 0121 472 5171 to discuss your requirements in more detail.



Financial support

We want to enable everyone who would like to participate in Woodbrooke learning to be able to do so whatever their financial circumstances.



DO YOU NEED FINANCIAL SUPPORT?

Woodbrooke's bursary fund is available for anyone who needs help with the cost of a course whether this is a few pounds or more substantial support. We can also help with a payment plan so you can spread the cost over a period of time.

WOULD YOU LIKE TO TRY WOODBROOKE LEARNING FOR THE FIRST TIME?

If you have never been to Woodbrooke before and are tempted to take the plunge then you can take advantage of a £50 discount on your first course.

This offer is for courses at Woodbrooke only and terms and conditions apply.

ARE YOU AGED BETWEEN 18 AND 30?

If you are aged between 18 and 30 you can book any short course for half the listed price. Simply indicate this on your booking form. It is not possible to process this offer with online bookings.

For more information about ways we can help please contact our reservations team on 0121 472 5171 or see www.woodbrooke.org.uk/offers.

Would you like to stay on after your course?

“Just about everything was amazing. John’s knowledge of Shakespeare is phenomenal together with his enabling teaching style; Lynn and David’s session was eye-opening and I really enjoyed their input.”

A ‘SHAKESPEARE’S THE TEMPEST’ PARTICIPANT

“Some of the best facilitation I have ever experienced under very difficult challenges. The course provided thought provoking exercises, great wisdom and patience, and high levels of love shown by the whole group.”

A ‘HANDLING CONFLICT IN OUR MEETINGS’ PARTICIPANT



If your course finishes on a Sunday you can stay on and enjoy Woodbrooke for a little longer.

Take advantage of our ‘Sunday night special’ which offers Sunday evening supper, bed and breakfast for £47.50.

Simply quote SNS18 when booking your course.



LEARNING
JANUARY TO
DECEMBER
COURSE
LISTINGS

FRI 5 - SUN 7 JAN

CLEARING THE WAY

16 places | £245 residential | £170 non-residential

The New Year is a good time to reflect on who we are, what we feel called to do, and what gets in the way. We will explore the nature of the clutter that distracts from our life's purpose and consider how to create space in our minds and hearts as well as in our living rooms.

Tutor(s): Jennifer Kavanagh and Penny Fosten



FRI 5 - SUN 7 JAN

OUR LIFE IS LOVE: THE QUAKER SPIRITUAL JOURNEY

15 places | £245 residential | £170 non-residential

The spiritual journey experienced by Friends transforms those who undertake it and the world around them. Based on Marcelle Martin's book 'Our Life is Love', we will explore elements of that journey, as experienced by early Friends and Quakers in our time. We will also support one another in our next steps in faithfulness. Our time will include video presentations and live conversations with Marcelle, discussion of brief passages by early Friends, worship, storytelling, personal sharing, and listening for God's call to us now. Please note, Marcelle Martin will be making her contribution via a live linkup from the US.

Tutor(s): Marcelle Martin and Alex Wildwood

FRI 19 - SUN 21 JAN

BEING A QUAKER TREASURER

14 places | £325 residential | £250 non-residential

For new and prospective treasurers, and those who still feel uncertain.

We will cover all the main tasks, from first entries to year-end preparation of accounts, principles, responsibilities, and legal requirements. You will find sympathetic companionship with other treasurers, and explore the spiritual basis of the role.

The course starts at 11:15am on the Friday with Basic Book-keeping (this runs to 5:45pm and will include lunch). Those without much experience need these sessions. If Friday attendance is difficult, the exercises will be available online to complete at home beforehand. On the Sunday there is an optional session on the Quaker spreadsheet programme which runs from 1:30pm to 3.00pm.

Tutor(s): Ursula Fuller, Averil Armstrong, Delia Suffling and James Bradbury (speaker)

FRI 19 - SUN 21 JAN

EXPLORING ELDERSHIP

20 places | £255 residential | £180 non-residential

This course will help those with responsibility for Eldership in Quaker meetings gain a better understanding of the role and the confidence to do it. What does the role involve? What is the spiritual basis of eldership? How can elders respond to and nurture the spiritual life of the meeting? Participants will have the opportunity to explore the role and share experiences with others as well as looking at practical ideas and resources that will be of help.

This course focuses on eldership in Britain Yearly Meeting but may also be of interest to Friends from other Yearly Meetings.

Tutor(s): Barbara Windle and Sarah Donaldson

FRI 19 - SUN 21 JAN

EXPLORING OVERSIGHT

20 places | £255 residential | £180 non-residential

This course will help those with responsibility for Oversight in Quaker meetings gain a better understanding of the role and the confidence to do it. What does the role involve? What is expected? What is the spiritual basis of oversight? How can overseers respond to and meet the pastoral needs of the meeting? We will look at the range of tasks, share good practice and explore ways of handling difficult issues as well as looking at practical ideas and useful resources.

This course focuses on oversight in Britain Yearly Meeting but may also be of interest to Friends from other Yearly Meetings.

Tutor(s): Matthew Gee

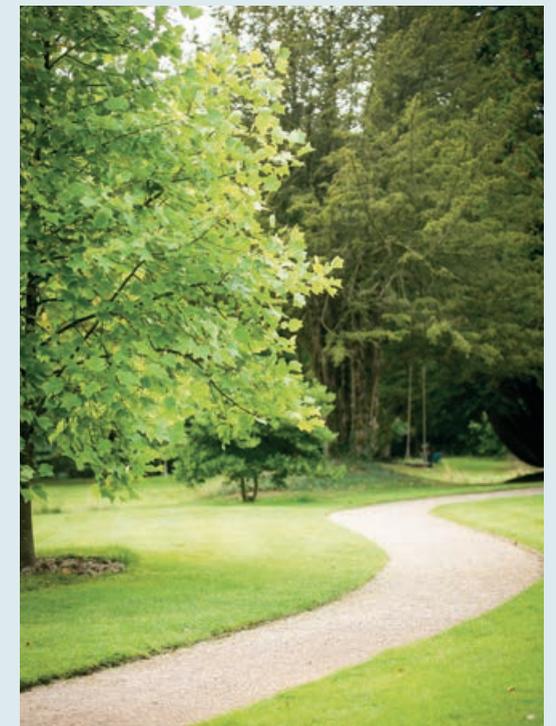
MON 22 - WED 24 JAN

OPEN TO WONDER: OUR LIVING RESPONSE TO 'THE HUMAN ONE'

12 places | £245 residential | £170 non-residential

A contemporary translation of the gospel phrase 'Son of Man' is 'The Human One'. Drawing on the stories told in the gospels and on the personal experience of those gathered, using creative and imaginative responses, we will seek to deepen spiritual life and inspire more faithful discipleship. This course presumes no previous knowledge, requiring only an open heart and mind and a willingness to engage at depth with the healing presence of that eternal Spirit which permeates the gospels.

Tutor(s): Gerald Hewitson and Rhiannon Grant



MON 29 JAN - SUN 11 MAR

BEING A QUAKER CLERK

18 places | £115 per place



This course involves a time commitment of approximately 2-3 hours per week.

This online course, for new or prospective clerks with little or no experience of Quaker clerking, is based on the on-site course with the same name. The five modules cover the clerk's role before, during and after a Meeting for Worship for Business. We also consider why we use our particular business style in our meetings. We will focus on clerking local meetings, but clerks of other meetings, including area meetings, will also find they can learn much about their role.

Each week there will be materials in a range of formats for you to engage with, and a forum where you can share your responses to the exercises and ask questions.

There will be three live meetings during the six weeks of the course which you are encouraged to take part in, dates and times to be confirmed.

Tutor(s): Michael Eccles, Gillian Waddilove and Rhiannon Grant

MON 29 JAN - SUN 11 MAR

POLITICS: FINDING YOUR WAY

18 places | £38 per place



This course involves a time commitment of approximately 2-3 hours per week

This course is being held by Maud Grainger working alongside Friends active in political engagement. How do we engage with those in positions of political power, do we work alongside them in dialogue or do we work alongside them in campaign and resist? This course will bring together those active in political engagement to share their experiences with you. We will also look at case studies and ways of political action and reflect upon these so that you might find your path.

Tutor(s): Jessica Metheringham, Maud Grainger and Sam Walton

FRI 2 - SUN 4 FEB

NAVIGATING LIFE'S CHANGES

12 places | £245 residential | £170 non-residential

We may encounter challenging experiences such as: the death of someone close; a long term illness or disabling condition; becoming a carer; ending of a close relationship; changes in our or others' gender or sexuality; conflict. These are only examples of experiences that may happen in a course of a life time. This course is an opportunity to share these experiences with others, explore new perspectives and seek spiritual insights and growth.

Tutor(s): Roger Cullen and Julie Hanna

FRI 2 - SUN 4 FEB

BEING A QUAKER CLERK

20 places | £245 residential | £170 non-residential

This course is for new or prospective clerks with little or no experience of Quaker clerking. We will focus on clerking local meetings but clerks of other meetings or committees will also find they can learn much about their role. There will be practical sessions including planning agendas, drafting minutes and discipline in the meeting. We will also consider other responsibilities that come with being a clerk. Participants will learn from each other as well as from the leaders.

Tutor(s): Linda Craig and Michael Hutchinson

FRI 2 - SUN 4 FEB

SEX AND THE SPIRIT

10 places | £245 residential | £170 non-residential

A chance to explore views, theories and feelings about sex and sexual ethics. We will look at the teachings of Jesus and early Quakers along with headline issues such as same-sex marriage and internet pornography. We will ask if Quaker thinking can provide an alternative to choosing between over-strict rules and pleasure seeking. The course will help you to clarify your own views as we learn from each other. There will be no pressure to share personal feelings beyond your comfort level.

Tutor(s): Rhiannon Grant and Symon Hill



MON 5 FEB - SUN 18 MAR

A QUAKER RESPONSE TO ANIMAL SUFFERING

20 places | £38 per place



This course involves a time commitment of approximately 2-3 hours per week.

Are you concerned with animal suffering? Do you question the moral justifications for their ill-treatment? Do you have an awareness of them as precious creatures of God? This six week online course will introduce key themes in the field of Animal Theology within the context of the Quaker way. Also looking at biblical, Buddhist and scientific understanding, we will ask how our lives of active witness might realise the common bonds we share with other species, and extend our vision of the peaceable kingdom.

Each week there will be video, audio and written materials for you to engage with, and forums for you to share reflections and ask questions.

Tutor(s): Martin Layton and Steve Palmer

SOUL OF LEADERSHIP

An innovative 18-month programme for anyone in a leadership role

JANUARY 2018 – JUNE 2019

Lead with integrity and effectiveness through the cultivation of your inner resources.

BECOME THE LEADER YOU WANT TO BE

Find out more by visiting www.woodbrooke.org.uk/sol

Offered in partnership with shalem.org



MON 5 FEB - SUN 12 MAR

BEING A QUAKER TREASURER

18 places | £115 per place

Online course

This course involves a time commitment of approximately 2-3 hours per week.

For new and prospective treasurers, and those who still feel uncertain. We will cover all the main tasks, from first entries to year-end preparation of accounts, principles, responsibilities, and legal requirements. You will find sympathetic companionship with other treasurers, and explore the spiritual basis of the role. The course will be run as a series of six webinars run from 7.00pm to 9.00pm every Monday. This includes guidance from the tutor, a chance to try out some exercises, and an opportunity to ask questions. These seminars will also be recorded so you can catch up later.

Throughout the course, there will be an online forum in which course participants can discuss questions with each other and receive support from a tutor.

Tutor(s): Averil Armstrong and Treasurers Tutor Team

MON 5 - WED 7 FEB

ANGER MANAGEMENT WITH ART

12 places | £245 residential | £170 non-residential

This course is for anyone who wants to look at anger issues using art materials - those wanting to look at their own anger, those working with others who are angry, or both. No ability in art is needed, just a willingness to have a go. We will look at what anger is, whether it is good or bad, the physical symptoms of anger, the influence of early family patterns, and using relaxation and assertiveness to manage anger more constructively.

Tutor(s): Marian Liebmann and Kate Hale

MON 5 - WED 7 FEB

A FRIENDLY INTRODUCTION TO DISCERNMENT

15 places | £245 residential | £170 non-residential

When Friends say they are 'led' to do things, or they are 'seeking God's guidance' in a decision, just what do they mean? How do Friends make well-grounded personal and group decisions? This course will introduce you to different tools used for personal and corporate discernment, and will explore the interplay between individual and community in the Quaker process of testing leadings. We will apply some practices to real issues in order to gain familiarity with them.

Tutor(s): Linda Craig and Joycelin Dawes

MON 5 - WED 7 FEB

MARK: GOOD NEWS FOR DARK TIMES

15 places | £245 residential | £170 non-residential

Persecution, political instability, rebellion, siege, destruction and death. As the world of the first Christians fell apart, the first generation of apostles died, and the expected Kingdom did not materialise, Mark retold the stories of Jesus to show how hope came only through the cross. Beginning with the often-neglected chapter 13, we shall look at how Mark brings good news into his own times for those who have eyes to see, and we shall consider how it is good news for our own dark times.

Tutor(s): Janet Scott



FRI 9 - SUN 11 FEB

QUAKERS AND EUROPEAN POLITICS

28 places | £245 residential | £170 non-residential

Woodbrooke working in partnership with the Quaker Council for European Affairs.

For almost 40 years European Friends have worked alongside the institutions developed following the devastation of the Second World War. Following the referendum decision in 2016, we would like to invite you to explore the future of peace and human rights in Europe. What can be done now to build a Europe that will give hope to its citizens and to the world. How can we support the mechanisms of European dialogue, initially proposed by William Penn in 1693?

Tutor(s): Maud Grainger and Andrew Lane

FRI 9 - SUN 11 FEB

MENTAL HEALTH IN OUR MEETINGS

14 places | £245 residential | £170 non-residential

Meetings need good ways of responding to Friends experiencing mental illness or distress. This course explores the experience of mental ill health, situations which arise and ways to respond. How can we maintain an open and supportive meeting environment? How do we handle our fears and balance the needs of the individual and the wider meeting? This course is helpful for those in eldership and oversight roles. We welcome people with direct experience of mental illness, but cannot help with current distress.

Tutor(s): Jane Muers and Alison Mitchell

MON 19 FEB - SUN 1 APR

REALITY AND RADIANCE: A RETREAT WITH INSPIRATION FROM SWEDISH QUAKER EMILIA FOGELKLOU

12 places | £75 per place



This online retreat involves a time commitment of approximately 2-3 hours per week.

Emilia Fogelklou (1878-1972) was a Swedish Quaker, mystic, author, teacher of religion, peace builder during two world wars, and the first woman in Sweden to receive a degree in theology (1909). Her message remains fresh, inspirational and challenging. This 6-week retreat will be an opportunity to reflect on brief passages of her writing and their meaning for your faith and life. It is a personal retreat that offers reflective interaction with other participants and the retreat leader.

Each week there will be a variety of material for you to engage with, and forums for you to share reflections and interact with other participants.

This course is intended for those with an interest in deepening their experience of Spirit within the context of the Quaker tradition.

Tutor(s): Julia Ryberg

WED 21 - FRI 23 FEB

STEPPING INTO THE PARABLES: CREATIVE APPROACHES TO THE TEACHING OF JESUS

12 places | £245 residential | £170 non-residential

This course offers opportunities to explore the parables that Jesus used to get people thinking and willing to step further in their personal and corporate spiritual and religious journeys. The facilitators will use a mixture of the Godly Play and conventional storytelling approaches to open out the parables. The course will offer a variety of ways to engage the senses, the imagination, reflection, wondering and thought. In a changing and threatened world how can parables help us?

Tutor(s): Chris Nickolay and Sue North-Coombes

FRI 23 - SUN 25 FEB

RESILIENT COMMUNITIES

14 places | £245 residential | £170 non-residential

Amid the current political upheavals, governments are neglecting responses to climate change, water depletion and other ecological crises. We need stronger local communities to cope and thrive in an unpredictable future. This course will include creative exploration of possible scenarios, practical skill sharing, and practices to build the healthy spiritual lives and relationships that underpin a resilient community. We hope people will return home energised and empowered to take practical action in their own communities and/or Quaker meetings.

Tutor(s): Rachel Berger and Laurie Michaelis

FRI 23 - SUN 25 FEB

INTRODUCTION TO EXPERIMENT WITH LIGHT

12 places | £245 residential | £170 non-residential

The faith and practice of Quakers is based on the authority of experience. "This I knew experimentally" said George Fox. The course is an opportunity to experience a meditation practice drawn from the writings of early Friends. It can be searching and powerful. We will reflect on the significance of the Light for our lives today, and how we might be helped to access it, including in supportive Light groups. This course aims to deepen the spiritual lives of participants.

Tutor(s): Angie Dunhill, Caroline Kennedy and Caroline Trutz

FRI 2 - SUN 4 MAR

FROM MILITARISATION TO PEACE

12 places | £245 residential | £170 non-residential

We will be examining militarism and the culture of domination. We will deconstruct the case for militarism and look at how it is changing our culture. What is the radical alternative in our lives and in global relationships? How can this transition to a more peaceful culture be brought about? This course can be taken on its own or with the other Faith, Peace, Power courses (see p31).

Tutor(s): Tracey Martin and Ivan Hutnik

MON 5 - WED 7 MAR

BEING A QUAKER TRUSTEE

16 places | £245 residential | £170 non-residential

Particularly suitable for new/less experienced area meeting trustees; it may also be of interest to anyone wanting a refresher. We will be factual and practical. What does the law require? What is considered good practice for charities? How does this fit with Quaker good practice? How do trustees, area and local meetings relate to each other? How can trustees best serve our meetings? We aim to provide easy-to-understand information and enjoyable learning, to make trusteeship approachable and rewarding.

Tutor(s): Mike Tyler and Jim Ledwidge

MON 5 - WED 9 MAR

METAPHYSICAL POETS

14 places | £245 residential | £170 non-residential

By turns passionate and playful, earthy and intelligent, the metaphysical poets used the imagery of the everyday to explore ideas of love, death and faith. Writing in the age of empire and exploration, they offered their readers a new way of seeing the world, breaking the conventions of Elizabethan poetry with a freshness and immediacy rarely equalled in English literature. This course will explore the work of John Donne, Andrew Marvell and George Herbert.

Tutor(s): Martin Layton

TUE 6 MAR - TUE 10 APR

THE MOTHER OF QUAKERISM: THE LIFE AND WRITINGS OF MARGARET FELL

Online course

30 places | £55 per place

This course involves a time commitment of approximately 1.5-2.5 hours per week.

In this series of six webinars run from 7.00pm to 8.30pm every Tuesday evening, we will explore the life and writings of the Mother of Quakerism, Margaret Fell. Particular attention will be given to her contribution to the development of the early Quaker movement as a theologian, practical organiser, spiritual counsellor, political lobbyist, and advocate for women. In addition we will consider her letters to the Jewish communities in Amsterdam as an early example of Quaker interfaith engagement. All the webinars will be recorded and can be viewed later.

The course takes place in Woodbrooke's online learning website, for which easy registration details will be provided. Full guidance will be given on how to access the course's material, and help is available if you get stuck at any point.

Each webinar is recorded so you can follow the course using the recordings if you wish. Downloadable resources and a discussion forum will be available to help you explore the webinar material further.

The course will not assume any prior knowledge, although some awareness of Quakerism and its history would be an advantage.

Tutor(s): Stuart Masters



MON 5 - FRI 9 MAR

ICON PAINTING AS A SPIRITUAL PRACTICE: FROM TRADITIONAL TO CONTEMPORARY ICON

14 places | £485 residential | £350 non-residential

As an icon painter I never stop looking for a language that expresses the experience of the soul. For me, this is the most honest way of communicating my spiritual experience. This time at Woodbrooke I would like to invite participants to explore icon painting as a form of spiritual journey to enable them to find quietness and stillness, and forget about what they left at home.

Tutor(s): Basia Mindewicz

FRI 9 - SUN 11 MAR

QUAKER CONFERENCE

**NONTHEIST FRIENDS
QUAKER IN 2032:
WHAT WILL OUR SOCIETY
LOOK LIKE?**

£220.00 per place

In 2005 Quaker Studies analysed the trends of falling membership of the Society of Friends as dwindling to 0 by 2032, when British Quakerism would become history. We are more optimistic today. But what will our Society look like in 2032? How will it change socially, theologically, and influentially?

Our explorations and discussions will be led by three well known speakers covering the diversity and wide spectrum of different views amongst Quakers in Britain today.

Booking should be made via Hugh Rock: 26 Fairmile, Henley-on-Thames, RG9 2LA. Tel: 07500 914440 Email: hugh_rock@btconnect.com

Speaker(s): Linda Murgatroyd, Harvey Gillman and David Boulton



WED 14 - FRI 16 MAR

**THE APOCALYPTIC
TRADITION**

14 places | £245 residential | £170 non-residential

The apocalyptic: revelatory and mysterious, fantastical and political, countercultural and confusing, sensual and disturbing, future and now. This is a tradition that fascinates, encourages and terrifies. Together we will engage with Jewish and Christian apocalyptic texts, including the books of Daniel and Revelation. We will also examine the apocalyptic writings of the first Quakers, and consider what an apocalyptic spirituality might look like today.

Tutor(s): Mark Russ

WED 14 - FRI 16 MAR

**THE ART OF
GROUNDING ONESELF**

13 places | £245 residential | £170 non-residential

In cultivating the art of grounding, in body and mind, we will follow a gentle programme of sitting and walking meditation and the graceful moving meditation of Qi Gong. To nourish our stability and nurture a peaceful, open heart, the retreat offers a slowing down, some companionable silence, deep relaxation and the practice of Touching The Earth. We will walk in the beautiful gardens. There is the invitation to take our meals in silence to experience eating as a meditation.

Tutor(s): Lesley Collington



FRI 16 - SUN 18 MAR

**THE CHANGING FACE
OF FAITH IN BRITAIN,
HOW SHOULD QUAKERS
RESPOND?**

26 places | £245 residential | £170 non-residential

Woodbrooke working in partnership with the Quaker Committee for Christian and Interfaith Relations

A challenge for Friends is the growth of 'secular society' and changes to traditional religious expression. Becoming aware of this and sensing possible opportunities, the Quaker Committee for Christian and Interfaith Relations commissioned research into the impact the changing face of faith expression is having on Quakers. This conference will provide an opportunity to consider the results of this project and where this might lead us.

This conference is open to individual Friends and attenders, although priority will be given to those nominated by their Area Meetings.

Tutor(s): Grace Davie, Francesca Montemaggi, Ben Pink Dandelion, Timothy Ashworth and members of QCCIR

FRI 16 - SUN 18 MAR

**BUILDING A DIVERSE
AND TRANSFORMATIVE
MOVEMENT FOR CHANGE**

12 places | £245 residential | £170 non-residential

Transformative movements are made by grassroots change-makers. Building on insights from community organising, this course will support you to make connections with people in your area, listen to their concerns, and turn those relationships into effective campaigns. Leading change is a collective effort. If you can we recommend you join the course in a pair – although you are also welcome on your own. However you come to the course, you will leave it equipped to build the foundations of 'the peaceable kingdom' beginning in your locality.

Tutor(s): Tim Gee, Maud Grainger and Shilpa Shah

FRI 16 - SUN 18 MAR

EXPLORING NOMINATIONS

13 places | £245 residential | £170 non-residential

An event for members of Quaker nominations committees. How can we root ourselves in good practices of discernment whilst responding to the particular issues that face us? Nominations are at the quiet heart of the way we live together as Friends, when we listen faithfully to the Spirit. We will include the practical aspects of being 'on nominations'. Friends can expect a renewed insight into the potential of nominations to strengthen meetings and enable them to flourish.

Tutor(s): Jane Harries and Oliver Robertson

EQUIPPING FOR MINISTRY

a two-year course on living as a Quaker in the world today.

Designed to benefit both you and your meeting, EfM provides grounding in four key aspects of life as a member of the Quaker faith: **spirit, tradition, community and the world.**

START YOUR JOURNEY TODAY

Find out more by visiting www.woodbrooke.org.uk/efm



MON 19 MAR - SUN 29 APR

AN ONLINE RETREAT FOR YOUNG ADULT FRIENDS

Online course

18 places | £25 per place

This course involves a time commitment of approximately 2-3 hours per week.

This online retreat for those aged 18-35 will offer space for spiritual connection, exploration and deepening. With opportunities to explore spiritual practice, including through creativity, contemplation, music and words, it will nourish and encourage us in our journeys. You are invited to join us open to discovery, transformation and leadings of the spirit. We encourage YAFs from all around the world to come on this course and help us to create an international worshipping community for six weeks.

Each week there will be materials in a range of formats for you to engage with, and a forum for you to share your responses and reflections, and ask questions.

There will be a weekly live meeting during the six weeks of the retreat which you are encouraged to take part in, dates and times to be confirmed.

Tutor(s): Michael Eccles and others



THU 22 MAR - THU 5 APR

WRITING BRILLIANT ANNUAL REPORTS

Online course

18 places | £55 per place

This course involves a time commitment of approximately 1.5-2.5 hours per week.

This three-week online course is an opportunity to learn and discuss the Charity Commission and Britain Yearly Meeting requirements for an Area Meeting Trustees' Annual Report, to consider the target audience, and share ideas about how to produce the most useful documents possible. The group will review good practice and suggest ways to make improvements, as you assemble your 2017 Report. Anyone involved in producing Trustees' reports is welcome on this course, including Area Meeting Trustees and clerks to Area Meetings. The course will be delivered through live seminars from 7.00pm to 8.30pm every Thursday evening and will be recorded for later viewing.

This course is intended for anyone involved in producing the annual report for an Area Meeting.

Tutor(s): Martin Ford and James Bradbury

FRI 30 MAR - MON 2 APR

WISE HANDS: AN APPLESEED COURSE

14 places | £345 residential | £240 non-residential

We use hands so much - practical tasks, writing to friends, holding those we care for, creative work. Sometimes they do what our minds tell them; sometimes they have a wisdom of their own, hidden from us unless we pay attention. The Appleseed approach, of short talks followed by very simple creative activities (which need no artistic skills) and worship sharing, provides a safe environment for exploring this theme. The course is suitable for those with and without previous Appleseed experience.

Tutor(s): Kathleen Nelson and Liz Perkins

FRI 30 MAR - MON 2 APR

YOUNG ADULT FRIENDS RETREAT

10 places | £345 residential | £240 non-residential

This retreat for those aged 18-30 years-old will offer space for spiritual connection, exploration and deepening. With opportunities to explore spiritual practice, including through creativity, contemplation, music, movement and words, it will nourish and encourage us on our journeys. There will be options for extended worship, time alone and time sharing with others. You are invited to come along open to discovery, transformation and the leadings of the Spirit.

Tutor(s): Chris Venables and Elsie Whittington

MON 2 APR - SUN 13 MAY

ELDERSHIP AND OVERSIGHT

18 places | £115 per place



This course involves a time commitment of approximately 2-3 hours per week.

This six-week online course will help all those serving in eldership and oversight to gain better understanding and confidence in their role - whatever the system in their meeting. The six modules cover the full range of topics included in the separate and combined eldership and oversight onsite courses, with options to focus on areas of particular relevance.

This course is intended for Friends who are serving, about to serve or considering service in eldership and/or oversight. As well as those appointed to formal roles, we welcome those whose meetings use systems of shared oversight or eldership or who would like to learn more about Quaker ways of caring for one another.

Each week there will be a range of audio, visual and written materials for you to engage with, and a forum where you can share reflections and ask questions.

Tutor(s): This course will be led by members of the Eldership & Oversight training team.

MON 9 - WED 11 APR

EXPLORING ELDERSHIP

20 places | £255 residential | £180 non-residential

This course will help those with responsibility for eldership in Quaker meetings gain a better understanding of the role and the confidence to do it. What does the role involve? What is the spiritual basis of eldership? How can elders respond to and nurture the spiritual life of the meeting? Participants will have the opportunity to explore the role and share experiences with others as well as looking at practical ideas and resources that will be of help.

This course focuses on eldership in Britain Yearly Meeting but may also be of interest to Friends from other Yearly Meetings.

Tutor(s): Barbara Windle and Jane Pearn

MON 9 - WED 11 APR

EXPLORING OVERSIGHT

20 places | £255 residential | £180 non-residential

This course will help those with responsibility for oversight in Quaker meetings gain a better understanding of the role and the confidence to do it. What does the role involve? What is expected? What is the spiritual basis of oversight? How can overseers respond to and meet the pastoral needs of the meeting? We will look at the range of tasks, share good practice and explore ways of handling difficult issues as well as looking at practical ideas and useful resources.

This course focuses on oversight in Britain Yearly Meeting but may also be of interest to Friends from other Yearly Meetings.

Tutor(s): Margaret Bryan and Andy Stoller



FRI 13 - SUN 15 APR

WHAT CAN YOU SAY? SPEAKING UP AND SPEAKING OUT?

10 places | £245 residential | £170 non-residential

This course will build on the ground covered in the previous Faith, Peace, Power course (please see p24) but can also be taken alone. We will explore how we can best express our testimony to peace and commitment to the abolition of war, speaking and acting confidently from our place of conviction. As part of this course we will invite you to explore ways in which you can extend your commitment to peace and be supported in doing so.

Tutor(s): Tracey Martin and Ivan Hutnik



FRI 13 - SUN 15 APR

QUAKER CONFERENCE

QUAKER UNDERSTANDING OF TRUTH

50 places | £220 per place

Our annual Quaker Universalist Group conference will look at truth in its many meanings. Truth will be explored in three main areas: in religion; for the individual Quaker, personally and when participating in a meeting for worship; and in the media. We will face the dilemma of all religions claiming to be 'the truth', we will look at what really goes on in our individual or corporate quest for truth, and we will examine how we can disentangle truth from lies in our 'post-truth' media environment. There will be speakers, group and plenary discussion, a survey and free time to socialise and explore this wonderful conference centre.

Booking form on the QUG website
<http://qug.org.uk/> or from Glen Gates
 (gleng@qug.org.uk or 5 School Street,
 Church Lawford, Rugby, CV23 9EE).

Enquiries and completed booking forms to Glen.

MON 16 - WED 18 APR

BEING A QUAKER CLERK

20 places | £245 residential | £170 non-residential

This course is for new or prospective clerks with little or no experience of Quaker clerking. We will focus on clerking local meetings but clerks of other meetings or committees will also find they can learn much about their role. There will be practical sessions including planning agendas, drafting minutes and discipline in the meeting. We will also consider other responsibilities that come with being a clerk. Participants will learn from each other as well as from the leaders.

Tutor(s): Judith Roads and Chris Skidmore

MON 16 - WED 18 APR

QUAKER FUNERALS: PRACTICAL, PASTORAL AND SPIRITUAL RESPONSIBILITIES

12 places | £245 residential | £170 non-residential

Are you an elder, overseer or funeral advisor with responsibility for advising or assisting Friends and their families who request a Quaker funeral? This course will explore practical, pastoral and spiritual aspects of Quaker funerals. Focussing on roles and responsibilities, we will keep in mind the themes of grief and loss as they affect individuals and meetings who have been bereaved.

Tutor(s): Deborah Best and Nim Njuguna

MON 16 - WED 18 APR

JESUS IS RISEN: WHAT DID IT MEAN?

14 places | £245 residential | £170 non-residential

The resurrection of Jesus was the central early Christianity claim. Unsurprisingly, many people both now and then have difficulty with that idea. What did it mean at the time? What were the relevant Jewish ideas? What did such a claim mean in other contemporary cultures? And, most importantly, what was its significance as a central element of the emerging Christian faith? This careful historical exploration will provide the material for an informed discussion on what it means for us today.

Tutor(s): Timothy Ashworth

FRI 20 - SUN 22 APR

QUAKER DISCIPLESHIP: WHAT IS IT?

13 places | £245 residential | £170 non-residential

What does discipleship mean for Quakers? Who and what are we following? This course will take you deeper into the roots of Quaker belief and testimony. We will consider Jesus' teachings and how they relate to Quakerism today and we will go on to explore what discipleship means in other faith traditions. We will finish by thinking about how our Quaker discipleship might translate into positive action in the world.

Tutor(s): Ruth Wilde and Michael Eccles

MON 23 APR - SUN 13 MAY

LEADERSHIP AMONGST FRIENDS

Online course

20 places | £38 per place

This course involves a time commitment of approximately 2-3 hours per week.

How does leadership work in our non-hierarchical Society of Friends, and what does it mean to take a lead when working in relationship with others? This course is for anyone across our programmed and unprogrammed traditions who is interested in questions of leading and building a participatory community within a Quaker context.

Each week there will be a range of audio visual and written materials for you to engage with, with forums where you can share reflections and ask questions.

This course is intended for Quakers and others who have an interest in Quaker leadership, across our programmed and unprogrammed traditions. You may or may not be in an appointed or employed leadership role.

Tutor(s): John Gray, Zélie Gross and C. Wess Daniels



MON 23 - WED 25 APR

**LIVING AT THE EDGE,
LIVING AS A QUAKER**

19 places | £245 residential | £170 non-residential

Our Quaker faith often pushes us to hold unpopular positions, to live on the edge of acceptability. How do we strike the balance between citizen and outlaw? How do we remain faithful in a world that wants us to conform? This retreat will allow us to explore the tensions in our lives between acting as mystic-activists and reconciling voices in a hurting world, and to share strategies for remaining authentic in the everyday, 'in the world but not of it.'

Tutor(s): Ben Pink Dandelion

TUE 1 MAY - TUE 5 JUN

**THE EARLY CHRISTIAN
BREAKTHROUGH**

Online course

20 places | £55 per place

This course involves a time commitment of approximately 2.5-3 hours per week.

At the heart of early Christianity is a breakthrough, an experience of expansion into new possibilities. In the New Testament this experience is described as a manifestation of the Spirit, God's creative power, operating in a new and unexpected way. People felt inspired, able to step out beyond the boundaries that had previously determined how they lived. This course explores both this breakthrough but also the realities that had limited it even before the writing of the New Testament documents.

Each week as well as a live seminar each Tuesday evening there will be a range of audio visual and written materials for you to engage with, and forums where you can share reflections and ask questions.

The course will be accessible to those with little knowledge of the Bible but some background Bible study will enhance the learning experience.

Tutor(s): Timothy Ashworth

MON 7 MAY - SUN 17 JUN

**BEING A QUAKER
CLERK: AN ONLINE
COURSE FOR CLERKS
AROUND THE WORLD**

Online course

18 places | £25 per place

This course involves a time commitment of approximately 1.5-2.5 hours per week.

This course is an opportunity for Quaker clerks around the world to learn together. We will consider the clerk's role before, during and after a Meeting for Worship for Business and look at the differing styles of clerking around the Quaker world. The course is for all clerks whether you are clerking at a local, regional, national or international level or just want to learn more about the role. We hope that participants will learn from each other as well as the leaders.

Each week there will be materials in a range of formats for you to engage with, and a forum for you to share your responses to the exercises and ask questions.

There will be three live meetings during the six weeks of the course which you are encouraged to take part in, dates and times to be confirmed.

Tutor(s): Oliver Robertson, Sue Glover Frykman and Michael Eccles

MON 7 MAY - SUN 3 JUN

**LET YOUR
LIFE PREACH**

Online course

20 places | £55 per place

This course involves a time commitment of approximately 2-3 hours per week.

Are we challenging the injustices in the world? In worship are we hearing the cries of the world and are we responding to the call to act?

Together we will explore the roots of our tradition to see how this helps us today. In our communities we can find ways to challenge, to test and to work together to build the kingdom of heaven on earth. This may be challenging, this may be uncomfortable but we can work together with love and tenderness. Friends, it's time to ask ourselves, if we were accused of being Quakers, would there be enough evidence to convict us?

Each week there will be video, audio and written materials for you to engage with, and forums for you to share reflections and ask questions.

Tutor(s): Maud Grainger and Martin Layton

WED 9 - FRI 11 MAY

SPIRIT DANCE: A 5RHYTHMS™ DANCE WORKSHOP

15 places
£255 residential | £180 non-residential

Some say we are human beings having a spiritual experience, whilst others suggest that we are spiritual beings having a human experience. The truth is, we are embodied and alive with the spirit of life. Using the 5Rhythms™ moving meditation practice, we will explore how breath and body connect us more fully to life and all things. Join us and dance into a deeper relationship with yourself, others and the spirit of life itself. Suitable for all ages and abilities.

Tutor(s): Neil Pinnock and Gill Pennington



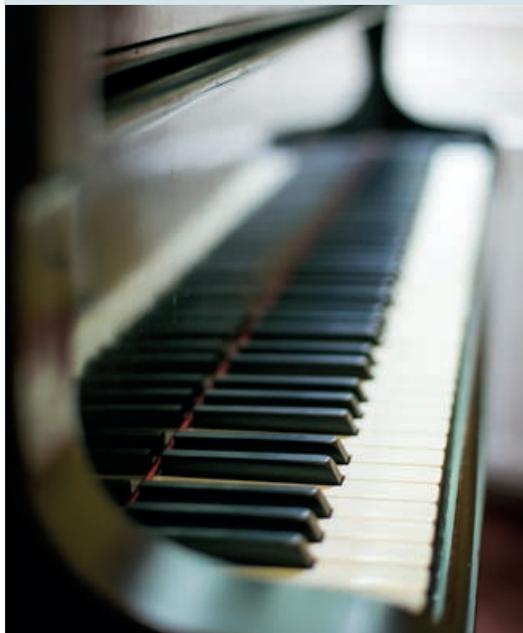
FRI 11 - SUN 13 MAY

A FRIENDLY INTRODUCTION TO QUAKER VALUES AND ETHICS IN BUSINESS

16 places | £245 residential | £170 non-residential
Woodbrooke working in partnership with Quakers and Business

This course will examine the contribution of Quaker practice to the development of modern management theory, charting the key themes that led to the rise and subsequent decline of Quaker-run businesses in the UK. What contribution has this practice made to the contemporary world? How transferable are these practices? What might a distinctly 'Quaker' approach to business look like today? This will be of interest to anyone who would like to apply Quaker practices to the world of work.

Tutor(s): Nicholas Burton and Martin Brigham



FRI 11 - SUN 13 MAY

MANAGING OUR MEETING HOUSES

17 places | £255 residential | £180 non-residential

This training and support event for those managing meeting houses of all sizes and functions includes: witnessing to Quaker values; workshops for staff and employers on employment law and good practice and on health and safety legislation; as well as sessions on meeting house administration matters, and on building working relationships and support networks. The course aims to respond to the needs of participants so everyone will gain increased enthusiasm, skills, confidence and knowledge to enhance the life of their meeting house.

Tutor(s): Bonnie Grotjahn and Sam McNair

MON 14 - WED 16 MAY

BEING PEACE

15 places | £245 residential | £170 non-residential

Woodbrooke working in partnership with the Community of Interbeing

Whether a beginner or experienced in eastern spiritual practice you will taste something of the deep peace that can be discovered through simple practices of being present. Guidance will be given on a variety of practices to encourage a sense of mindfulness. You will be invited to experiment with silence as part of this, including taking meals in silence. Run in partnership with the Community of Interbeing, who live by and share with others the teachings of Thich Nhat Hanh.

Tutor(s): Lesley Collington, Marion Mills Dadds and Janet Entwistle

WED 16 - FRI 18 MAY

TRANSFORMATIVE LIFE WRITING ALUMNI RETREAT

8 places | £245 residential | £170 non-residential

This writing retreat is for alumni of the Introduction to Life Writing for Transformation™ course which is run annually at Woodbrooke. It is an opportunity to re-connect with other life writers and to re-visit the power of the transformative tools. The theme for this year is love, and its many hues. There will be time for private writing, a support group for writers of longer term projects, as well as the usual space to share our unique life experiences.

Tutor(s): Farrukh Akhtar

THU 17 - SUN 20 MAY

INTRODUCTION TO LIFE WRITING FOR TRANSFORMATION

12 places | £345 residential | £240 non-residential

'Greet yourself in your thousand other forms. As you mount the hidden tide and travel back home' Hafiz. Whether you are looking for practical tips to kick start your writing, or seek deeper personal transformation, this course provides a safe, inspiring retreat. Introducing key tools of Transformative Life Writing™ that minimise your inner critic, enabling you to re-connect with your authentic voice. On completion, writers join the wider community of Transformative Life Writers™. This includes newsletters, and an annual retreat at Woodbrooke.

Tutor(s): Farrukh Akhtar and Alison Lock

YOUNG ADULT LEADERSHIP PROGRAMME

A 12-month programme for 19 to 30-year-olds

JULY 2018 - JULY 2019

Meet like-minded Friends, expand your knowledge of the Quaker faith and develop practical skills for the workplace and everyday life.

START YOUR JOURNEY TODAY!

Find out more at Woodbrooke.org.uk/yalp

Facebook: 'Young Adults at Woodbrooke'

Twitter: @YAFsWoodbrooke



FRI 18 - SUN 20 MAY

EXPLORING THE EARLY QUAKER VISION

16 places | £245 residential | £170 non-residential

In our time together we will explore the founding experience and vision of the Quaker movement and consider how early Friends lived a prophetic, charismatic and apocalyptic faith that very nearly turned the world upside-down. How did this vision shape the Quaker understanding of the Bible and the possibility of personal transformation? Can we see the roots for our contemporary concerns for peace, equality and creation-care? How is this vision reflected in Quaker global diversity today?

Tutor(s): Stuart Masters

TUE 22 - THU 24 MAY

DISCERNMENT IN EVERYDAY LIFE

13 places | £245 residential | £170 non-residential

Discernment is the cornerstone of Quaker faith and practice but many of us find it challenging in everyday life. Centred in worship, this retreat will give us time to reflect and experience types of individual and corporate discernment, and explore different ways of testing our concerns and personal leadings.

Tutor(s): Deborah Shaw and Ben Pink Dandelion (elder)

TUE 22 MAY

SEEKING SANCTUARY AND STILLNESS

20 places | £15 per place

Online course

A time set aside to enjoy spaciousness and quiet in your own home and join with others on-line to share a sense of connection. Different spiritual practices will be offered on each of the days, to help you to focus, and to settle into a place of deep peace and openness to all that is; the flowing vastness of presence. We will join together for silent worship and reflection during the day.

These days will be 'live' for part of the day (timings will be GMT+1) with time for you to create your own space for stillness and quiet during the rest of the day.

There will be an opportunity for asking questions and sharing reflections during the day.

You may join us for any combination of between one and four of the days.

Participants have the option to join in with all four day retreats running throughout 2018 at a total cost of £55.

The other three retreats take place on:

- Saturday 9 June
- Saturday 7 July
- Monday 6 August

Tutor(s): Gill Pennington



TUE 22 - THU 24 MAY

BEING A QUAKER TREASURER

15 places | £325 residential | £250 non-residential

For new and prospective treasurers, and those who still feel uncertain. We will cover all the main tasks, from first entries to year-end preparation of accounts, principles, responsibilities, and legal requirements. You will find sympathetic companionship with other treasurers, and explore the spiritual basis of the role.

The course starts at 11:15am on the Tuesday with Basic Book-keeping (this runs to 5:45pm and will include lunch). Those without much experience need these sessions. If Tuesday attendance is difficult, the exercises will be available online to complete at home beforehand. On the Wednesday there is an optional session on the Quaker spreadsheet programme which runs from 1:30pm to 3.00pm.

Tutor(s): Alison Gray, Delia Suffling, Rosemary Elias and James Bradbury (speaker)

FRI 25 - SUN 27 MAY

TO SAVE FROM FEAR: SPIRITUAL DISCIPLINES FOR DIFFICULT TIMES

13 places | £245 residential | £170 non-residential

The culture of fear in which we live, coupled with our own personal anxieties, is an impediment to deepening our spiritual life. Centred in worship, this retreat will offer individual and group reflection and exploration of ways of embracing hope and optimism. Together we will seek to open ourselves to 'that perfect love which casts out fear' and thus enable our growth in the Spirit.

Tutor(s): Deborah Shaw and Mark Russ (elder)

FRI 25 - SUN 27 MAY

SHARING OUR STORIES: GENDER AND SEXUAL DIVERSITY RETREAT

21 places | £245 residential | £170 non-residential

A weekend combining quiet retreat and opportunities for sharing and celebrating diverse gender identity and sexual orientation. Focussed on Quaker worship and fellowship, with a choice of creative activity, personal sharing, and workshops on gender and sexual diversity and faith, we will reflect on how being Quaker supports our personal journeys and lets our lives speak. This weekend will provide a safe, welcoming space for LGBTQ+ Friends, including those beginning to understand their sexual or gender identity.

Tutor(s): Yvonne Wood and members of the Quaker Gender and Sexual Diversity Community

TUE 29 - THU 31 MAY

THE ART OF NATURAL PRAYER

16 places | £295 residential | £220 non-residential

Prayer is the natural heritage of everyone, including people of spirit with no fixed or Christian faith. We will explore prayer through silence, song, walking in nature, meditation and mediation, working with the regenerative sacred source of the universe. By taking responsibility for our spiritual practice, we become fully human by our service to natural prayer, enabling us to be a blessing to others. Anyone with hospitality of soul, or who is seeking doorways to personal spiritual practice, is welcome.

Tutor(s): Caitlín Matthews and Margot Harrison (assistant)

TUE 29 - THU 31 MAY

A WALK THROUGH THE MIDLANDS WITH GEORGE FOX

16 places | £270 residential | £195 non-residential

As George Fox stepped away from his family home in Fenny Drayton, praying, seeking answers and looking to the Bible, we too shall immerse ourselves in this area, setting off from Fenny Drayton, visiting the church where Fox worshipped as a young man and moving on to the 'bloody city of Lichfield'. What shaped George Fox in his early days? How did these experiences affect the beginnings of Quakerism? There will be trips out, walking tours, times for reflection and content based sessions.

Tutor(s): Maud Grainger and Betty Hagglund

FRI 1 - SUN 3 JUNE

TIME IN A SAFE HAVEN: A RETREAT FOR SPIRITUAL DIRECTORS

12 places | £245 residential | £170 non-residential

This retreat is designed for all those who are actively involved in providing spiritual direction and/or accompaniment on a one to one basis. We aim to connect with the spirit as well as with each other through practices that engage head, heart and hands. There will be plentiful opportunity for networking, individual quiet time, and spiritual refreshment in Woodbrooke's beautiful grounds.

Tutor(s): Gill Pennington and Eleanor Jackson

FRI 1 - SUN 3 JUNE

FOUNDATIONS OF A TRUE SOCIAL ORDER: YESTERDAY AND TODAY

16 places | £245 residential | £170 non-residential

The Foundations of a True Social Order are principles approved by London Yearly Meeting in 1918 which have influenced the shape of Quaker witness ever since. How do the words of Quakers in 1918 relate to how Quakers understand their witness for peace and social justice in 2018? This course brings together historical research, current activist thought, and a broad view of Quaker testimony, to explore how the work of previous generations speaks to us now.

Tutor(s): Rhiannon Grant and Rachel Muers



MON 4 - THU 7 JUNE

**QUAKER MYSTICISM:
EXPLORING THE HEART OF
QUAKER SPIRITUALITY
WITH RUFUS JONES
AND THOMAS KELLY**

13 places | £345 residential | £240 non-residential

What is mysticism? How do mystical experiences differ from other sorts of encounters with God? What is the relationship between mysticism and Quaker faith and practice? Those are three of the questions that participants and tutors on this course will consider together. As we reflect on those questions, we'll pay special attention to the life and work of two authors – Rufus Jones (1863-1948) and Thomas Kelly (1893-1941) – who produced classic explorations of Quaker mysticism that can still speak to us today.

Tutor(s): David Harrington Watt and David Saunders

MON 4 - FRI 8 JUNE

**THE HERO/HEROINE'S
JOURNEY: UNCOVERING
THE SECRETS OF STORY**

17 places | £495 residential | £360 non-residential

Traditional stories provide a template for our lives. As the hero is called from comfort to a risky journey and as the heroine must be courageous in order to be transformed, so must we. At journey's end we return different. In the sessions we will listen, dance, sing, play, write and draw in an engaged workshop process. This intense course requires physical and vocal engagement in order to deepen our collective presence and unveil the power and secrets within the story.

Tutor(s): Angela Halvorsen Bogo

FRI 8 - SUN 10 JUNE

HOPE IN TROUBLED TIMES

28 places | £245 residential | £170 non-residential

Woodbrooke working in partnership with Quaker Life

Throughout the weekend we shall come together in fellowship and friendship with practices and prayer to strengthen our resolve and to nurture hope. How can we be hopeful amidst a daily intake of stories of suffering, division, conflict and terror? Are we as Friends called to be a hopeful people? And how can we live out the 'change we want to see in the world'? Paul Rogers, a leading expert in global security will join us for a keynote on 'reasons to be hopeful'.

Tutor(s): Maud Grainger, Paul Rogers (speaker), Michael Eccles and Alistair Fuller

FRI 8 - SUN 10 JUNE

DANCE FOR JOY

15 places | £245 residential | £170 non-residential

If you enjoy dancing and music from all around the world, then this is the weekend for you. We will dance to a wide variety of music and in different styles, some lively, some more meditative. Circle dance enhances our sense of community, of wholeness and of harmony, drawing as it does on the diverse heritage of traditional cultures and a range of musical genres. Experienced and less experienced dancers are all welcome.

Tutor(s): Sandie Wade

FRI 8 - SUN 10 JUNE

**A PORTABLE GOD: THE
ORIGINS OF JUDAISM AND
CHRISTIANITY**

12 places | £245 residential | £170 non-residential

Would you like to know more about the origins of Christianity, and its complex relationship with Judaism? Come and explore the development of these sibling religions, as they took their parental heritage in different directions. We will look at competing interpretations of the Israelite scriptures, and see how each community drew on temple theology to express new understandings of the divine presence. We will also discuss the legacy of this separation process for Jewish-Christian relations today.

Tutor(s): Ann Conway-Jones

SAT 9 JUNE

**SEEKING
SANCTUARY AND
STILLNESS**

20 places | £15 per place

A time set aside to enjoy spaciousness and quiet in your own home and join with others on-line to share a sense of connection. Different spiritual practices will be offered on each of the days, to help you to focus, and to settle into a place of deep peace and openness to all that is; the flowing vastness of presence. We will join together for silent worship and reflection during the day.

These days will be 'live' for part of the day (timings will be GMT+1) with time for you to create your own space for stillness and quiet during the rest of the day.

There will be an opportunity for asking questions and sharing reflections during the day.

You may join us for any combination of between one and four of the days.

Participants have the option to join in with all four day retreats running throughout 2018 at a total cost of £55.

The other three retreats take place on:

- Tuesday 22 May
- Saturday 7 July
- Monday 6 August

Tutor(s): Gill Pennington



MON 11 - FRI 29 JUNE

A FRIENDLY INTRODUCTION TO MEMBERSHIP



30 places | £38 per place

This course involves a time commitment of approximately 2-3 hours per week.

What is Quaker membership? How do I apply and what will happen? The course gives an opportunity to explore the meaning of membership and belonging, and to share with others at a similar stage in their journey with Quakers. We will look at the history of Quaker membership, the practical aspects of applying for membership, and at the rewards and responsibilities of belonging to a faith community.

There will be video, audio and written materials for you to engage with, and forums for you to share reflections and ask questions.

There will be a live online Q&A webinar on Thursday 21 June at 8.00 pm. If you can't join this discussion live, it will be recorded for you to watch at your convenience.

This course is intended both for those who are considering membership of the Religious Society of Friends, and those who have recently become members.

Tutor(s): Mark Russ

MON 11 - WED 13 JUNE

QUAKER CHAPLAINCY TRAINING

10 places | £245 residential | £170 non-residential

This training is open to all Quaker prison chaplains and to all other Quaker chaplains. It is suitable for both new and more experienced chaplains, regardless of how much time they spend on chaplaincy work. It will cover the Quaker basis for prison ministry, finding and developing your ministry, practical issues, building trusting relationships and training and support for your ministry.

Tutor(s): Michael Langford and members of the Chaplaincy Training Team

FRI 15 - SUN 17 JUNE

EXPLORING ELDERSHIP AND OVERSIGHT TOGETHER

22 places | £245 residential | £170 non-residential

This is a weekend for Friends serving in joint or corporate systems of eldership or oversight, or with elements or combinations of these. This course aims to help participants identify how the responsibilities of eldership and oversight are met in their meetings, and to share good practice. We will explore pastoral care and spiritual nurture within worshipping communities and consider practical issues. We hope everyone will leave with new skills and insights, feeling more confident about their part in eldership and oversight in their meeting.

Tutor(s): Mike Farley and Val Jenner

SUN 17 - FRI 22 JUNE

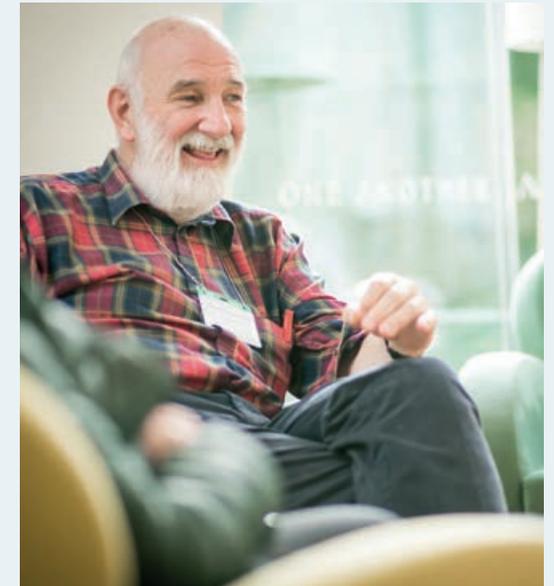
SELF CARE RETREAT

12 places | £545 residential | £380 non-residential

Self-care isn't selfish; it enables us to become more aware and resourceful so that we can be more present and helpful to others.

Here you can reflect, discern and tune in to your heart and gut wisdom as well as what the head can offer. There will be self-care and reflection activities (not strenuous) from traditions such as Tai Chi, Yoga and the Enneagram. Days one, three and five are facilitated and days two and four are quiet days.

Tutor(s): Gill Pennington and Heather Brown



THU 21 JUNE

CPQS / QSRA CONFERENCE AND GEORGE RICHARDSON LECTURE

15 places | £55 non-residential

The annual Quaker studies conference is jointly organised by the Centre for Research in Quaker Studies at Woodbrooke and the Quaker Studies Research Association. For the 2018 meeting we welcome proposals for papers on any aspect of Quaker involvement in business, enterprise, technology and innovation. Full details on www.qsra.org. The conference is followed in the evening by the free public annual George Richardson Lecture, to be given by Andrew Murphy of Temple University, Philadelphia on William Penn.

Tutor(s): Ben Pink Dandelion, Nicholas Burton and Nicola Sleepwood

FRI 22 - SUN 24 JUNE

CLERKING: TAKING IT TO THE NEXT LEVEL

14 places | £245 residential | £170 non-residential

This course is aimed at Friends who have served as clerks for at least two years, whether of a local meeting, area meeting or another group. We will consider topics such as how to educate your meeting better about Quaker decision making processes, the use of elders in business meetings and handing over to the next clerk. Please come ready to share successes and things that have not gone so well in your clerking.

Tutor(s): Janet Scott and Peter Eccles



FRI 22 - SUN 24 JUNE

IN THE CARE OF THE MEETING: OUR RESPONSE AS COMMUNITIES TO THE BREAKDOWN OF COMMITTED RELATIONSHIPS

18 places | £245 residential | £170 non-residential

How do meetings care for marriages and committed partnerships, including when they flounder or end? Particularly of interest to those involved in eldership and oversight as well as Friends with relevant past experience, this course explores the connections and discords affecting individuals, partners and the meeting when relationships are under strain. Taking a broad perspective on *Quaker faith & practice* 16.12-13, and drawing on approaches in other yearly meetings, we seek to discover how relationships at all stages can be held 'in the care of the meeting'.

Tutor(s): Laurie Michaelis and Zélie Gross

MON 25 - FRI 29 JUNE

SEEDS OF SILENCE - THE GROUND OF OUR BEING: AN APPLESEED RETREAT

12 places | £445 residential | £310 non-residential

This course starts at 4.30pm

Julian of Norwich described God as the ground of our being, a place where our seeds of silence can grow and spread. This is a silent retreat with input on the theme at the beginning of each day, plus options of lectio divina, worship sharing and one-to-one sessions with a tutor. We shall hold silence at meals, when working, and overnight so participants will need to have enough experience of Appleseed to be able to work independently.

Tutor(s): Brenda Heales and Kathleen Nelson

MON 25 - WED 27 JUNE

EARLY QUAKER WRITINGS : WHAT THEY SAID AND HOW THEY SAID IT

14 places | £245 residential | £170 non-residential

This course offers a unique opportunity to find out about early Quakers through an engagement with their published words. We will explore their print culture, how they communicated in a distinctive way and what they were so eager to share with others. This will include consideration of a number of important texts, hands-on investigation of key Quaker phrases and metaphors and an opportunity to learn about minuting practices in past centuries. Sessions will be lively and interactive.

Tutor(s): Judith Roads and Stuart Masters

TUE 26 - THU 28 JUNE

A CHANTING RETREAT FOR WOMEN: A PATHWAY TO THE SILENCE WITHIN

14 places | £245 residential | £170 non-residential

This course is for women only

From time immemorial, people have sung and chanted together to lift spirits, to heal suffering, to unify souls, and to come closer to God. In our time together, we will learn and sing chants, simple songs and rounds, including ones composed from the writings of early Friends, interspersed with times of silent meditation, reflective journaling and sharing. Participants are encouraged to bring a favorite quotation or scripture passage to set to song during our time together.

Tutor(s): Paulette Meier

FRI 29 JUN - SUN 1 JUL

MAKING BREAD IN AN OUTDOOR OVEN

14 places | £250 residential | £175 non-residential

We shall spend time making bread to cook in our outdoor wood fired bread oven. Come for collaboration, fun, kneading, cooking and eating. If there is a recipe you would like to try out, please bring it and we shall give it a try. Things you need to know - we shall be walking and working between the bread oven in the grounds and our indoor meeting space. Please come prepared to work outside (waterproofs, hats, boots etc.). We cannot guarantee a gluten free environment.

Tutor(s): Maud Grainger and Vanessa Grimes

MON 2 JULY - FRI 3 AUGUST

A PLACE APART: TABERNACLE AND TEMPLE IN THE HEBREW BIBLE

18 places | £60 per place

Online course

This course involves a time commitment of approximately 2-3 hours per week.

'Can God really dwell on earth?' asks King Solomon, at the dedication of the first Jerusalem temple. We will discuss various biblical answers to that question, as we explore ancient Israelite notions of divine presence (and divine absence). We will also consider the impact of the temple's destruction in 586 BCE, and the consequences for the formation of the Hebrew Bible. No previous knowledge is required - just a willingness to engage with biblical texts from a fresh perspective.

Each week will focus on some key biblical texts. There will also be video, audio and written materials for you to engage with, and forums for you to share reflections and ask questions.

There will be two live online Q&As (dates to be confirmed). If you can't join these discussions live, they will be recorded for you to watch at your convenience.

This course is intended for those who wish to explore the Bible in greater depth. We will be looking at its original historical context, but also discussing our own responses to the material.

Tutor(s): Ann Conway-Jones

THU 5 JULY

QUAKER CONFERENCE

'IN CELEBRATION OF VOLUNTEERS' - THE GIFT THEY OFFER

Places Available

The aim of the Trust is to carry forward the vision of John Horniman, a Victorian Quaker tea merchant by making grants to organisations to assist the relief of sickness and the advancement of the education of children who are sick, convalescent or have learning disabilities. The presentations will include the following topics and more:

- What inspired volunteers to work for their chosen charity.
- The aspects of volunteering that help to make a charity effective.
- How do volunteers manage the difference between that role and previous professional or salaried work?
- How are volunteers valued and supported through induction and training and in other ways?
- The joys of being a volunteer.

This conference is open to organisations that have received a grant from the Trust.

Please contact John Horniman's Children's Trust directly for booking information.

SAT 7 JULY

SEEKING SANCTUARY AND STILLNESS

Online course

20 places | £15 per place

A time set aside to enjoy spaciousness and quiet in your own home and join with others on-line to share a sense of connection.

Different spiritual practices will be offered on each of the days, to help you to focus, and to settle into a place of deep peace and openness to all that is; the flowing vastness of presence. We will join together for silent worship and reflection during the day.

These days will be 'live' for part of the day (timings will be GMT+1) with time for you to create your own space for stillness and quiet during the rest of the day.

There will be an opportunity for asking questions and sharing reflections during the day.

You may join us for any combination of between one and four of the days.

Participants have the option to join in with all four day retreats running throughout 2018 at a total cost of £55.

The other three retreats take place on:

- Tuesday 22 May
- Saturday 9 June
- Monday 6 August

Tutor(s): Gill Pennington

MON 9 - WED 11 JULY

MEETING NEEDS: CREATING WELL-BEING

16 places | £245 residential | £170 non-residential

Any initiative that seeks to address social injustice, conflict or mental health needs to start with an appreciation of our human nature. Meeting human needs is central to the wellbeing of everyone. We will explore, through story, metaphor, relaxation and fun interactive exercises, how to help ourselves and others get their needs met in very practical ways. This course is for anyone who has a concern for the welfare of others as well as their own spiritual development.

Tutor(s): Sue Saunders and Carol Harper

MON 9 - THU 12 JULY

THE ACTS OF THE APOSTLES: PETER, PAUL AND THE EARLY CHRISTIAN WAY

14 places | £345 residential | £240 non-residential

In addition to his Gospel, Luke wrote the Acts of the Apostles, an account of the earliest days of Christianity featuring Peter and Paul. With these two books he establishes a purpose and direction for the early Church that still shapes Christianity today. In this course about Acts, we will consider Luke's broad understanding but give attention to a number of short sections of Acts to see how they contribute to his vision of what he calls 'the Way'.

Tutor(s): Timothy Ashworth

FRI 13 - SUN 15 JULY

SIGNPOSTS FOR THE SOUL: PATHWAYS THROUGH ADDICTION

38 places | £245 residential | £170 non-residential

Woodbrooke working in partnership with Quaker Action on Alcohol and Drugs (QAAD)

Being lost in addiction can be one of the darkest nights of the soul, but we know that however dark, the Light can shine and help us find pathways through. This conference will include contributions from Friends and provide an opportunity for you to share insights in the form of short talks, posters, or in other creative ways; to exchange freely on what helps. This is living adventurously for us! Can we inspire you to do the same?

Tutor(s): A team drawn from QAAD Trustees



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FRI 20 - SUN 22 JULY

JOHN WOOLMAN AND THE APOCALYPSE OF THE HEART

14 places | £245 residential | £170 non-residential

This course examines the life of colonial Quaker John Woolman, who is best known for his anti-slavery activities and simplicity, but his theology is less well known. This course is informed by Woolman's Journal but also includes texts from his other writings. Each session will focus on a theological theme that enlivened his theology and shaped his vision for colonial America. This examination of Woolman's life raises questions for the impact of Quaker tradition on faithfulness today.

Please note, Jon Kershner will introduce each topic via a live linkup from the US, whilst Martin Layton will facilitate discussion from Woodbrooke.

Tutor(s): Martin Layton and Jon Kershner (speaker)

TUE 17 - THU 17 JULY

BE COMFORTED: HANDKNITTED PRAYER SHAWLS FOR CONSOLATION AND COURAGE

7 places | £245 residential | £170 non-residential

Hand knitted shawls are enjoying a huge resurgence in popularity. Worked with love and compassion, in luxurious yarns, using stitches of delicate lace or bold cables, shawls say 'be comforted' at a time when courage is most needed against life's pitfalls. The programme will cover basic shawl shapes, circular, triangular, and oblong. Techniques will include lace, Portuguese knitting, and demonstration of how knitting and meditation work together. Participants must be confident knitters. The course is fast paced and is not suitable for beginners.

Tutor(s): Hilary Grundy

MON 23 - FRI 27 JULY

MAKING MOSIACS

10 places | £485 residential | £350 non-residential

During this course you will learn essential mosaic skills and have the opportunity to translate your ideas into something to take home. No previous mosaic experience is necessary. All equipment and a generous abundance of materials will be provided. Please bring with you any ideas or sketches that you would like to use, and tiles or crockery that may have some special meaning to you. You may wish to bring an object to mosaic...it is entirely up to you.

Tutor(s): Caroline Jariwala

MON 30 - THU 2 AUGUST

LIVING AWAKE TO THE SPIRIT: PRACTICES TO NURTURE THE SOUL

14 places | £355 residential | £250 non-residential

What does it mean to live awake to the Spirit? To nurture this openness throughout the day? Join us as we explore these questions and discover practices for opening to the Spirit within our unique lives. All spiritual traditions offer such practices; they are prayer-full practices. We will consider what hinders our living more fully open to the Spirit, and we will look at spiritual awakening in dark times. We will include individual reflection time and group learning and sharing.

Tutor(s): Nancy Bieber and Gill Pennington

MON 30 - FRI 3 AUGUST

VOICES OF THE EARTH

14 places | £445 residential | £310 non-residential

This popular course explores the intimate relationship between the natural world and spirituality through creative responses in writing and artwork. Prompted by poetry, the visual arts, music and Woodbrooke's extensive gardens, with fresh starting points and stimuli offered each year, there will be abundant opportunity for working in a variety of media and forms. We will engage individually or collaboratively both with the places words can take us and where visual images and making art can lead to beyond words.

Tutor(s): Philip Gross and Zélie Gross

MON 6 AUGUST

SEEKING SANCTUARY AND STILLNESS

20 places | £15 per place



A time set aside to enjoy spaciousness and quiet in your own home and join with others on-line to share a sense of connection. Different spiritual practices will be offered on each of the days, to help you to focus, and to settle into a place of deep peace and openness to all that is; the flowing vastness of presence. We will join together for silent worship and reflection during the day.

These days will be 'live' for part of the day (timings will be GMT+1) with time for you to create your own space for stillness and quiet during the rest of the day.

There will be an opportunity for asking questions and sharing reflections during the day.

You may join us for any combination of between one and four of the days.

Participants have the option to join in with all four day retreats running throughout 2018 at a total cost of £55.

The other three retreats take place on:

- Tuesday 22 May
- Saturday 9 June
- Saturday 7 July

Tutor(s): Gill Pennington

WED 8 - FRI 10 AUGUST

WELL-BEING: SUPPORTING OURSELVES AND EACH OTHER IN OUR CLIMATE CHANGE WORK

12 places | £245 residential | £170 non-residential

Facing up to the enormity of climate change can take an emotional toll. During this weekend we will ask how as a Quaker community we can support each other to stay motivated by love and gratitude rather than fear or anger. We will share our experiences of the roles of relationships, spirituality and personal development practices in sustaining wellbeing, and explore how maintaining a strong sense of purpose and agency can assist us in our work.

Tutor(s): Laurie Michaelis and Lina Jordan

FRI 10 - SUN 12 AUGUST

LISTENING AND GATHERING: HOLDING SPACE FOR SPIRIT

12 places | £245 residential | £170 non-residential

Do you hold space for others? Or feel drawn to try? Perhaps you are someone who listens and accompanies, gathers and grows community, or facilitates conflict resolution. This course invites you to explore the personal aspects and spiritual source of such practice. Join us to welcome a spaciousness that holds and nourishes connection with spirit, ourselves and each other. We will learn by being and doing - come prepared to practice, reflect and share.

Tutor(s): Katie Evans and Meredith Freeman



FRI 10 - SUN 12 AUGUST

CREATING WITH CLAY

14 places
£260 residential | £185 non-residential

Join Great Pottery Throw Down contestant Cait Gould and pottery expert Clover Lee for this pottery workshop, suitable for beginners and experienced learners. On Friday and Saturday, you will be guided to create objects with clay using hand-building techniques and a potters' wheel. On Sunday, you will experience the decoration and firing of Raku, an ancient firing method originating from Japan and inspired by Zen practices which celebrate unique acts of the 'here and now', of process over outcome, natural forms, and the imperfect. All materials are included. Please wear appropriate clothing.

Tutor(s): Cait Gould and Clover Lee



FRI 10 - SUN 12 AUGUST

SPEAKING TRUTHFULLY AND PEACEFULLY

14 places | £245 residential | £170 non-residential

When hurt or irritated with family or friends, we convince ourselves that it is 'kinder' to say nothing. However, these unexpressed feelings eventually disrupt our relationships. Although we assume we are treating others as equals and are being honest, there is often a large gap between theory and practice. This is an opportunity to reduce this gap. Come prepared to learn and practise new skills and your ability to communicate truthfully and equally with others will be transformed.

Tutor(s): Annie Dickson

FRI 10 - SUN 12 AUGUST

STORIES FOR OUR TIME: STORYTELLING AS A TOOL FOR PEACE, A TOOL FOR CHANGE

13 places | £245 residential | £170 non-residential

A rich and exciting weekend, exploring the power of stories to change our world and gain some insights in how to tell them. We will share traditional heroic tales, historical stories from Quaker and peace traditions and real life stories about those who build a better world, discovering what makes an inspirational story. All you need to bring is an open heart and a story that inspires and motivates you. No previous experience of storytelling is required.

Tutor(s): Ana Maria Lines and CindyLou Turner-Taylor

WED 15 - FRI 17 AUGUST

SENSE AND PERCEPTION: BRINGING TOGETHER YOGA MINDFULNESS & PHOTOGRAPHY

12 places | £245 residential | £170 non-residential

How can I use my senses to bring me into presence? We will be using yoga, photography and silent reflection as a means for mindfully exploring our physical nature through our senses, and the perceptions we have of the world around us. We will focus on each of the five senses using the peaceful setting of Woodbrooke's house and gardens to heighten our awareness of presence.

Yoga sessions will be suitable for beginners. Please bring a digital camera or phone camera you are comfortable using.

Tutor(s): Gill Pennington and Jill Woodman

FRI 17 - SUN 19 AUGUST

TO BE JOYFUL: FINDING JOY THROUGH SINGING AND REFLECTION

14 places | £245 residential | £170 non-residential

We will spend most of this weekend singing simple harmony songs from around the world, some sacred, some secular, and some meditative. All songs will be taught by ear. We will also have opportunity for reflection, choosing between writing, art activities and time in the garden, so the singing can nourish your life. We will cultivate joy and gratitude. This course is for anyone who wants to sing, including those who are not confident. The songs will be different from the previous running of this course.

Tutor(s): Rachel Howell

FRI 17 - SUN 19 AUGUST

ANCIENT PATHS: A RETREAT WITH THE LABYRINTH

13 places | £245 residential | £170 non-residential

Time to be; time to rest; time to walk the labyrinth, to find 'a different way of knowing.' Unlike mazes, labyrinths have just one path to the centre and back again, a path that offers space for prayer, reflection, meditation, release. We will learn about labyrinths as a spiritual resource and explore their patterns through reading, music, images and silence. We will experience labyrinths indoors and outdoors, including a labyrinth we will create ourselves in the garden - a pattern to take home.

Tutor(s): Jan Sellers and an elder

FRI 17 - SUN 19 AUGUST

EXPLORING SIMPLICITY

12 places | £245 residential | £170 non-residential

What does the Quaker testimony of simplicity mean to you, and how do you put it into practice? What are the barriers and benefits? In this course we will explore these issues through a mix of group-work and reflective/creative exercises. We will dip into the history of the testimony and consider our spiritual practice and how the inward and outward connect. We will discuss how local and area meetings can support us in living simply today.

Tutor(s): Anne de Gruchy and Jennifer Wilson

FRI 17 - SUN 19 AUGUST

EQUIPPING FOR DISABILITY EQUALITY

14 places | £245 residential | £170 non-residential

Quaker meetings are 'Service Providers' under the Equality Act 2010, and committed to fulfilling an 'equality testimony' as faith in action. This course will equip meetings to understand and meet legal obligations and key disability rights ideas with joy, celebration and creativity, highlighting links to Quakerism. Tutors will share personal experience of using the Equality Act 2010, and its strengths and limitations as a tool for disability equality. Suitable for anyone, but we particularly encourage meetings to send representatives.

Tutor(s): Beccy Talmy and Esther Leighton

MON 20 AUG - FRI 28 SEPTEMBER

**BAYARD RUSTIN:
REFLECTIONS ON
HIS LIFE AND
WITNESS**

Online
course

20 places | £38 per place

This course involves a time commitment of approximately 2-3 hours per week.

Bayard Rustin was one of the most important civil, human and labour rights activists. African American and gay, his life's work was in standing up for marginalised people. He was an important influence on Martin Luther King, persuading him to adopt the principles of non-violence resistance in the struggle for civil rights. This online course will explore how he put his Quaker faith into action. A study of his writings and songs, as well as literature, film and art inspired by him, will allow us to approach his life from a variety of perspectives.

Each week there will be video, audio and written materials for you to engage with, and forums where you can share reflections and ask questions.

This course is aimed at anyone with an interest in Quakers and/or issues of social justice, but no previous knowledge of Quakerism is required.

Tutor(s): Nicole Hirschfelder and Martin Layton

MON 20 AUGUST- SUN 30 SEPTEMBER

**ISLAM AND THE
ENVIRONMENT**

Online
course

18 places | £38 per place

This course involves a time commitment of approximately 2-3 hours per week.

Islam, like other Faiths calls for stewardship of the Earth. What can we learn from Islam and its teachings on the environment and environmental justice?

“And there is no creature on [or within] the earth or bird that flies with its wings except [that they are] communities like you. We have not neglected in the Register a thing. Then unto God they will be gathered.” (Hold Quran 6:38)

Each week there will be video, audio and written materials for you to engage with, and forums for you to share reflections and ask questions.

There will be two live online Q&As, If you can't join these discussions live, they will be recorded for you to watch at your convenience.

This course is intended for anyone, of any faith or none.

Tutor(s): Rianne Ten Veen and Maud Grainger

MON 20 - WED 22 AUGUST

**BEST OF THE CHRISTIAN
BUFFET**

12 places | £245 residential | £170 non-residential

Christianity can often be seen as unchanging and inflexible, but is actually a rich and varied buffet of ideas and practices. Do you find yourself standing in the metaphorical corner, wishing you could eat from this tasty selection but not sure what to have? We will sample approaches to Jesus, views of the human condition and the nature of the world, and diverse worship practices which show Christianity to be a vibrant and relevant tradition.

Tutor(s): Rhiannon Grant and Mark Russ

MON 20 - WED 22 AUGUST

HONOURING MY LINEAGE

10 places | £245 residential | £170 non-residential

We invite participants into a gentle space of enquiry as to how we relate to our lineage – our mothers and fathers but perhaps also other lineages that shape who we are. The tone of the gathering will be contemplative. There will be the invitation to tap into the wisdom of the body and include creativity if you would like to. It is certainly not a requirement that you have a sense of connection to your ancestors!

Tutor(s): Susan Groves and Kenna Cormie



FRI 24 - MON 27 AUGUST

**JUNG AND THE WOUNDED
HEALER: MYTH & REALITY**

12 places | £345 residential | £240 non-residential

This course will take a fresh look at the wounded healer in the light of Jung the person and his work. Relevant myths will be explored, e.g. Chiron, the Fisher King, so that the archetypal dimensions can be seen. The reality of the wounded healer in current healthcare practice will also be a focus. Through input, experiential work and an enactment of a relevant legendary tale the wounded healer will be considered both in theory and in lived experience.

Tutor(s): Angela Cotter

SUN 26 - FRI 31 AUGUST

**MINDFULLY TOGETHER:
A RETREAT GUIDED BY
THE TEACHINGS OF
THICH NHAT HANH**

49 places
£545 residential | £380 non-residential

Woodbrooke working in partnership with the Community of Interbeing.

For 12 years, Woodbrooke has hosted retreats drawing on the Zen Buddhist teaching of Thich Nhat Hanh. This year, we welcome back Sister Annabel Laity supported by members of the Order of Interbeing, people who have committed themselves to practice in this tradition. Join them to discover how mindfulness of the present moment can bring peace and happiness. Guidance in the practice will be given. You will enjoy times of silence, walking meditation in Woodbrooke's beautiful grounds and specially prepared vegetarian food.

Tutor(s): Sister Annabel Laity with Timothy Ashworth and supporting team



FRI 31 AUGUST - SUN 2 SEPTEMBER

**A FRIENDLY INTRODUCTION
TO THE QUAKER WAY**

15 places | £245 residential | £170 non-residential

Are you relatively new to Quakers and keen to find out more? This course sets out the Quaker 'basics'. It will give you an understanding of the history and international reach of Quakerism, and the importance of spiritual experience to the Quaker Way. We will discuss what happens in a Meeting for Worship and how Quakers make decisions and organise themselves. We will explore what Quakers mean by 'testimony' and explain simple spiritual practices for you to experiment with.

Tutor(s): Mark Russ

FRI 31 AUGUST - SUN 2 SEPTEMBER

**QUAKERS AND THE 'VOTES
FOR WOMEN' CAMPAIGN**

20 places | £245 residential | £170 non-residential

One hundred years ago women voted in British Parliamentary elections for the first time. The women's franchise came after decades of campaigning, some of it destructive and violent. Drawing on case studies of individual Quaker women, we will explore Quaker responses to the campaign, looking at the historical context, the rise of militancy, and the impact of the First World War. We will also consider what lessons the campaign has for activists today, and what we as Quakers are doing towards gender equality.

Tutor(s): Lucienne Boyce



MON 3 SEPTEMBER - FRI 12 OCTOBER

**LIVING THE HEART
OF CHRISTIANITY**

12 places | £75 per place



This course involves a time commitment of approximately 2-3 hours per week.

This is a 6-week online retreat with inspiration from Marcus J. Borg's *The Heart of Christianity*. How can we live passionately today by practicing timeless elements of Christian faith? It is an opportunity to reflect on and incorporate into daily life themes of the heart: faith, practice, opening, rebirth and justice. It can speak to those who struggle to identify with the Christian tradition as well as to those approaching the tradition 'again for the first time'.

This course can be completed in your own time, although we recommend setting aside 2-3 hours a week.

Each week there will be written materials for you to engage with, and forums where you can share reflections.

Tutor(s): Julia Ryberg

MON 3 SEPTEMBER - FRI 12 OCTOBER

**A TASTE OF LIFE
WRITING FOR
TRANSFORMATION™**



30 places | £75 per place

This course involves a time commitment of approximately 2-3 hours per week.

This self-paced course introduces a process of writing for authentic, creative self-expression and personal development. A 'no red pens' approach results in greater awareness, mindfulness and self-acceptance through a gentle stream of guided tools you can use just five minutes at a time.

The course includes three multimedia modules and a workbook, based on the work of Joanne Klassen, creator of *Life Writing for Transformation™*. Each module introduces key concepts from the book followed by exercises, examples, a review and additional optional learning activities.

This course can be completed in your own time, although we recommend setting aside 2-3 hours a week.

Each week there will be video, audio and written materials for you to engage with.

This course is intended for anyone who has planned to write about their life, spiritual journey, or unique experiences. This course will provide the guidance to begin.

This is the first time that *Life Writing for Transformation™* has been made available as an online course. It is an ideal introduction or refresher course.

Tutor(s): Joanne Klassen

MON 3 - TUE 4 SEPTEMBER

**24 HOURS FOR STILLNESS:
AN EXPERIMENT WITH LIGHT
RETREAT**

8 places
£133.50 residential | £96 non-residential

The Experiment with Light practice offers a structure for waiting in the Light to see ourselves and our lives. We will use this structure to be still, to reflect and to worship together. This can guide us into a deep listening and expectant waiting. There will also be unstructured quiet time alone. We will start at noon and end by noon the next day.
Tutor(s): Susie Tombs

MON 3 - WED 5 SEPTEMBER

**LOSING SIGHT OF
THE SHORE**

14 places | £255 residential | £180 non-residential

This course is for all those who wish to use the visual arts (drawing, mixed media and sculpture) as tools for exploration and self-discovery. We will provide a safe, nurturing space for you to reflect creatively upon where you are on your journey. Using the metaphor of small boats representing our fragile lives on wide open seas, we will dare to 'lose sight of the shore' and see where the flow takes us.
Tutor(s): Jake Lever and Gill Lever



MON 3 - THU 6 SEPTEMBER

**LET ME TELL YOU A
STORY...: DEEPENING
YOUR MESSAGE
THROUGH STORYTELLING**

15 places
£355 residential | £250 non-residential

We all tell stories. Storytelling is an essential tool in business, ministry, teaching, activism, and life. Learn how to integrate storytelling into your current work. Discover how to tell compelling stories about your own life, current issues, or in connection to your work. Master storyteller, Peterson Toscano, will help you hone stories you already tell and develop techniques for telling new stories. Become a more effective presenter and speaker and learn how to captivate an audience with your stories.
Tutor(s): Peterson Toscano

WED 5 - 26 SEPTEMBER

**'THAT YOUR LOVE MAY
OVERFLOW': PAUL'S
LETTER TO THE
PHILIPPIANS**

Online
course

20 places | £38 per place

This course involves a time commitment of 2.5-3 hours per week.

This is a letter of encouragement. You know the gift of life you have received, says Paul, now live it to the full. 'Whatever is true, whatever is honourable, whatever is just, pure, pleasing, commendable, if there is any excellence, anything worth of praise, think on these things. ... Rejoice!' Challenging theology and practical counsel intermingle in a rich expression of early Christian life. With four webinars and recommended reading we will open up the world of this remarkable short text.

The core component of this course is a live weekly webinar each Wednesday evening from 6.30 – 8.00pm. If you are unable to participate in the live webinar you will be able to access it to view at your convenience.

In addition there will be an online forum where questions can be raised and comments made.

Short recommended readings will be provided each week. The live weekly webinar will include time for questions and answers.

As well as the hour and half for the webinar, you will get most out of the course if you set aside an hour or so for further reading.

Some previous experience of Bible study – whether in your Meeting or at Woodbrooke – will enhance the learning experience.

Tutor(s): Timothy Ashworth

FRI 7 - SUN 9 SEPTEMBER

**TRANSGRESS &
TRANSCEND: AN
EXPLORATION OF
GENDER AND SEX WITH
GAY BIBLE SCHOLAR
PETERSON TOSCANO**

20 places
£255 residential | £180 non-residential

Peterson Toscano will facilitate a workshop that explores gender and sexuality in Bible stories. While the Bible has been used by some to harm others, there are potential peaceful interpretations of the ancient texts, including those that support LGBTQ+ lives. Using a variety of methods, traditional and creative, participants will study, discuss, and explore Bible stories especially relevant to sexual and gender minorities.

Tutor(s): Peterson Toscano



POSTGRADUATE STUDY AND RESEARCH

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The Centre for Research in Quaker Studies works in partnership with the University of Birmingham and Lancaster University.



UNIVERSITY OF BIRMINGHAM



FRI 7 - SUN 9 SEPTEMBER

EXPLORING QUAKER CHAPLAINCY

15 places | £245 residential | £170 non-residential

An opportunity for sharing, supporting and developing your ministry. Whether you are considering or starting chaplaincy work or you have years of experience, at this weekend you will be able to reflect on your work, share your experiences, ideas and insights, and come away refreshed. Are you a Quaker chaplain in hospital, prison, school or university or in any other work or community setting? Come for renewal and to discover ways to develop your chaplaincy role.

Some parts of the weekend will be filmed as resources for a future online course.

Tutor(s): Nim Njuguna, Marleen Schepers and Alistair Fuller (elder)

FRI 7 - SUN 9 SEPTEMBER

HANDLING CONFLICT IN OUR MEETINGS: A COURSE FOR ROLES HOLDERS

12 places | £245 residential | £170 non-residential

While handling difficult situations is challenging and can be deeply painful, it can also be the means for growth and development. We will explore a variety of ways for managing conflicts and difficulties that arise in meetings, including processes for restoring harmony, using as an illustration a model, 'cycle of harmony and discord'. We will practise skills to help address conflict, and the feelings these situations can provoke. We will explore what we might like to change in our meetings.

Tutor(s): Roger Cullen and Julie Hanna

MON 10 - WED 12 SEPTEMBER

STRENGTH IN WEAKNESS: 18TH CENTURY QUAKER WOMEN, THEIR NETWORKS, STRUGGLES AND SUCCESSES

14 places | £245 residential | £170 non-residential

Was the 18th century really a time of stagnation for Quakerism - quiet, inward-looking and inactive? This course will seek to test this widely-held impression by looking, through a range of sources, at the lives of a wide variety of Quaker women. We will look at the networks that encouraged and supported them and at the elements, both in the world and in the Society of Friends, that impeded them. Are their concerns and experiences still relevant to Quakers today?

Tutor(s): Gil Skidmore

MON 10 - WED 12 SEPTEMBER

THRESHING AND CLEARNESS

14 places | £245 residential | £170 non-residential

The Quaker tradition includes a range of methods for exploring complex issues in a context of worship. This course will look at threshing meetings, meetings for clearness, and other discernment processes - all of these are well established but not always well known parts of the Quaker tradition. We will explore how the different processes work and how they relate to the decision making meeting for worship for business. The course will include opportunities to experiment with some of the methods.

Tutor(s): Rhiannon Grant and Rachel Muers

FRI 14 - SUN 16 SEPTEMBER

BEING A QUAKER TRUSTEE

16 places | £245 residential | £170 non-residential

Particularly suitable for new/less experienced area meeting trustees; it may also be of interest to anyone wanting a refresher. We will be factual and practical. What does the law require? What is considered good practice for charities? How does this fit with Quaker good practice? How do trustees, area and local meetings relate to each other? How can trustees best serve our meetings? We aim to provide easy-to-understand information and enjoyable learning, to make trusteeship approachable and rewarding.

Tutor(s): Christine Willmore and Linda Craig

FRI 14 - SUN 16 SEPTEMBER

ELDERSHIP: OUR GIFTS IN AND TO OUR COMMUNITY

20 places | £255 residential | £180 non-residential

This course will help those with responsibility for eldership in Quaker meetings explore the gifts they bring to this role. The value of the course lies in the opportunity to share, at a deep level, experiences, joys and challenges with others who have been involved in eldership and those just starting out. Time will be given to considering the spiritual basis of our work, how we can work together with Friends offering oversight in our meetings and how we can build community.

This course focuses on eldership in Britain Yearly Meeting but may also be of interest to Friends from other yearly meetings.

Tutor(s): Gilly Charters and Liz Eddington

FRI 14 - SUN 16 SEPTEMBER

OVERSIGHT: OUR GIFTS IN AND TO OUR COMMUNITY

20 places | £255 residential | £180 non-residential

This course will help those with responsibility for oversight in Quaker meetings explore the gifts they bring to this role. The value of the course lies in the opportunity to share, at a deep level, experiences, joys and challenges with others who have been involved in oversight and those just starting out. Time will be given to considering the spiritual basis of our work, how we can work together with Friends offering eldership in our meetings and how we can build community.

This course focuses on oversight in Britain Yearly Meeting but may also be of interest to Friends from other yearly meetings.

Tutor(s): Alison Parkes and Helen Chambers



MON 17 SEPTEMBER - SUN 14 OCTOBER

MEETING FOR WORSHIP FOR BUSINESS: AN ONLINE COURSE



18 places | £75 per place

This course involves a time commitment of approximately 1.5-2.5 hours per week.

Meetings for worship for business are one facet of Quaker worship, but what is actually going on in a meeting for worship for business? Why do we do what we do? What is the spiritual underpinning? This course is for all Friends, to help you to understand our decision making process better. Friends 'on the bench' as well as clerks can benefit from the course which will help you to understand more about deepening our experience of worshipful discernment as a group.

This course can be completed in your own time, although we recommend setting aside 1.5-2.5 hours a week.

Each week there will be materials in a range of formats for you to engage with, and a forum where you can share your responses to the exercises and ask questions.

There will be 2-3 live meetings during the four weeks of the course which you are encouraged to take part in, dates and times to be confirmed.

Tutor(s): Michael Eccles and Judith Roads

MON 17 - WED 19 SEPTEMBER

LIGHT IN OUR LIVES: RECASTING OUR LIFE'S STORY

12 places | £245 residential | £170 non-residential

The basic story of our life cannot be changed. Yet we can decide how our personal narrative should be read. In a series of writing and journaling exercises, imaginatively interrogating and recasting the light and dark of our lives, we hope to discover the depths of wonder and mystery which is ourselves. In recognising the continuing revelation of Light in our own lives, we can appreciate our place in an 'incomprehensible Whole'.

Tutor(s): Gerald Hewitson, Shelagh Robinson and Diana Lampen (elder)

MON 17 - WED 19 SEPTEMBER

A FRESH APPROACH TO NOMINATIONS

12 places | £245 residential | £170 non-residential

Nominations is a struggle for many meetings, and it's not always clear why Quakers use the nominations process. This course will explore the underlying principles, share ideas about different ways in which nominations work can be done, and address the challenges of particular situations such as the circumstances of small meetings. Anyone with a role which involves or connects to nominations, or an interest in the general topic, is welcome. Together we can build a nominations process for the future.

Tutor(s): Adwoa Bittle and Judith Roads

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www.woodbrooke.org.uk/retreats



FRI 21 - SUN 23 SEPTEMBER

QUAKER FELLOWSHIP FOR AFTERLIFE STUDIES ANNUAL CONFERENCE

27 places | £245 residential | £170 non-residential

The Quaker Fellowship for Afterlife Studies annual conference is open to all. Near death and pre-birth experiences, memories from former lives and many other phenomena are regularly reported. What is the true nature of a human being? We will explore spiritual/psychic experiences and focus on the urgent need for recognition in the present day western world that we are not merely physical beings living a finite life.

Tutor(s): Members of QFAS and visiting speakers



MON 24 - WED 26 SEPTEMBER

THE BUDDHA AND HIS AUNT: REAL WOMEN AND FEMALE SYMBOLS

12 places | £245 residential | £170 non-residential

Our course will begin with a brief introduction to the fundamentals of Buddhist thought. We will look at the way women were accepted in the monastic community and read some of their testimonies to their enlightenment. We will see how in later Buddhism, with the development of a rich mythology, female figures asserted the equal fruits of female spirituality and the ultimate unimportance of gender. Periods of meditation will accompany our time together.

Tutor(s): Estella Lovett and Eleanor Jackson (elder)

MON 24 - WED 26 SEPTEMBER

HOW TO BE A CONSCIENTIOUS OBJECTOR TODAY

12 places | £245 residential | £170 non-residential

A century after World War One, we are no longer conscripted to fight. Instead, our taxes are conscripted to fund war and our minds are conscripted to support it. This is a chance to learn from our predecessors and resisters around the world now, to explore how we can resist warfare today. Looking at militarism in education, entertainment, media and elsewhere in civil society, we will identify ways to be 'conscientious objectors' to militarism in our everyday lives.

Tutor(s): Symon Hill and Hannah Brock

WED 26 - FRI 28 SEPTEMBER

THE HISTORY OF THE HEDGE: QUAKERS AND 'THE WORLD'

16 places | £245 residential | £170 non-residential

From the earliest days, Friends set themselves apart as distinctive, choosing how and in what ways to participate in wider society. This course looks at the idea of 'the hedge', the barrier between the faithful and impure, and how it has developed and changed over the years. The course will end up helping us reflect on the value of having a hedge and what the Quaker hedge consists of today.

Tutor(s): Ben Pink Dandelion

WED 26 - FRI 28 SEPTEMBER

DANCING WITH WORDS: LIFE WRITING INSPIRED BY MOVEMENT

12 places | £245 residential | £170 non-residential

"The dance is a poem of which each movement is a word." Mata Hari

Using simple forms of movement, we will explore our stories and set off on our creative writing journeys. Nurturing and deepening our experience through awareness exercises and walking meditations through the beautiful gardens of Woodbrooke, we will begin to write our stories and poems. No previous experience necessary.

Feedback from previous courses: 'Sustaining empathy and understanding'. 'Steady, unhurried pace.'

Tutor(s): Ann Bettys and Alison Lock

FRI 28 - SUN 30 SEPTEMBER

BEING A QUAKER CLERK

20 places | £245 residential | £170 non-residential

This course is for new or prospective clerks with little or no experience of Quaker clerking. We will focus on clerking local meetings but clerks of other meetings or committees will also find they can learn much about their role. There will be practical sessions including planning agendas, drafting minutes and discipline in the meeting. We will also consider other responsibilities that come with being a clerk. Participants will learn from each other as well as from the leaders.

Tutor(s): Janet Scott and Sarah Donaldson

FRI 28 - SUN 30 SEPTEMBER

FEMINISM, QUAKERS AND WONDER WOMAN

12 places | £245 residential | £170 non-residential

Where is feminism headed and where has it come from? Do we need it any more? What do we think of a system that named Wonder Woman as a girls empowerment ambassador for the UN? Could we have made it up? This course investigates the connections between Quakerism and Feminism, taking examples from Quaker history. We shall then look at feminism today and how it affects our lives and is affected by the system we live in.

Tutor(s): Maud Grainger and Vic Grainger

MON 1 - SUN 28 OCTOBER

FRIENDS FROM THE START: EXPLORING THE EARLY QUAKER STORY

Online course

30 places | £55 per place

This course involves a time commitment of approximately 2-3 hours per week.

Do you want to know more about early Friends? If your knowledge of Quaker history is a little hazy or you are relatively new to the Society of Friends, this four week online course is for you. We will trace the early Quaker story in its historical context, explore the development of the Quaker vision and look at the movement's leading figures. This will all be done in a relaxed and friendly way using a mixture of video lectures, readings and discussion.

This course can be completed in your own time, although we recommend setting aside 2-3 hours a week.

Each week there will be video, audio and written materials for you to engage with, and forums where you can share reflections and ask questions.

This course does not assume any prior knowledge of Quaker history.

Tutor(s): Martin Layton



FRI 28 - SUN 30 SEPTEMBER

DISCERNMENT AND LEADERSHIP: THE INNER PLACE FROM WHICH WE OPERATE

14 places | £245 residential | £170 non-residential

Whether you are in a formal leadership role, a leader within a team or an individual enterprise, what does it feel like to make decisions that are spirit-led? Does a faith-basis run through the whole organisation or are you an island in a secular world? What is the 'inner place from which we operate': the inward wholeness, balance and integrity to lead and make decisions? We will explore together through joy and humour, alongside intent and commitment.

Tutor(s): Joycelin Dawes and Sandra Berry

MON 1 OCT - FRI 9 NOVEMBER

ELDERSHIP AND OVERSIGHT

18 places | £115 per place

Online course

This course involves a time commitment of approximately 2-3 hours per week.

This six-week online course will help all those serving in eldership and oversight to gain better understanding and confidence in their role – whatever the system in their meeting. The six modules cover the full range of topics included in the separate and combined eldership and oversight onsite courses, with options to focus on areas of particular relevance.

This course is intended for Friends who are serving, about to serve or considering service in eldership and/or oversight. As well as those appointed to formal roles, we welcome those whose meetings use systems of shared oversight or eldership or who would like to learn more about Quaker ways of caring for one another.

You can work through the material on this course in your own time. We recommend setting aside two to three hours a week.

Each week there will be a range of audio, visual and written materials for you to engage with, and a forum where you can share reflections and ask questions.

Tutor(s): This course will be led by members of the Eldership & Oversight training team.

MON 8 - WED 10 OCTOBER

EXPLORING NOMINATIONS

11 places | £245 residential | £170 non-residential

An event for members of Quaker nominations committees. How can we root ourselves in good practices of discernment whilst responding to the particular issues that face us? Nominations are at the quiet heart of the way we live together as Friends, when we listen faithfully to the Spirit. We will include the practical aspects of being ‘on nominations’. Friends can expect a renewed insight into the potential of nominations to strengthen meetings and enabling them to flourish.

Tutor(s): Linda Batten and Catherine Putz

MON 8 - WED 10 OCTOBER

CARING FOR ONE ANOTHER

15 places | £245 residential | £170 non-residential

“Loving care is not something that those sound in mind and body ‘do’ for others but a process that binds us together.” (*Quaker Faith & Practice* 12.01). Our meeting communities are built on the many ways in which we care for one another – traditionally expressed through the structures of eldership and oversight, but present in many ways. This course will explore what works well in how we care for one another spiritually, emotionally, socially and practically, and how the whole meeting can be involved.

Tutor(s): Zélie Gross and Rhiannon Grant

MON 8 - WED 10 OCTOBER

FORCED MIGRATION AND HUMAN RIGHTS

13 places | £245 residential | £170 non-residential

Twenty people worldwide are forced to migrate every minute due to war, violence and persecution. Deprived of their dignity and rights at home, these forced migrants face discrimination in recipient countries being denied access to work, vital services and subjected to detention. Our shared testimonies have led Quakers to challenge these injustices and to lead the fight for the protection of human rights. This course explores the emergence of international human rights and reflects on the current worldwide migration crisis.

Tutor(s): Till Geiger

MON 8 - THU 11 OCTOBER

‘INTO THE ACTUAL PRESENCE OF GOD’: THE LETTER TO THE HEBREWS

14 places | £345 residential | £240 non-residential

In Hebrews, ideas from Greek and Jewish thought get dramatically reshaped in the light of the experiences of the first Christians. Stuart Masters will show how early Friends drew on Hebrews, finding their own encounters with the divine confirmed in its affirmation of faith beyond religious forms. The unusual approach of its unknown writer enables us to look afresh at some central Christian themes, in particular, the way Jesus was understood in the time before doctrine became fixed.

Tutor(s): Timothy Ashworth



MON 15 - WED 17 OCTOBER

EARLY QUAKER HISTORY: THE EVERYDAY LIVES OF SEVENTEENTH CENTURY FRIENDS

14 places | £245 residential | £170 non-residential

The early Quakers were seen as both radical and revolutionary, but what were the social consequences of their beliefs? Were they really as excluded and isolated from their neighbours as historians often suggest? We will explore how their faith and practice informed both their daily lives and those of the wider community. Using primary source material we will paint a fascinating picture of the ordinary lives of Friends who were living during a period of massive social and cultural change.

Tutor(s): Erica Canela

FRI 19 - SUN 21 OCTOBER

FACILITATION & LEADERSHIP: FOR 15-21 YEAR OLDS

26 places | £100 per place

Woodbrooke working in partnership with Quaker Life.

For young people wanting to facilitate activities with their peers or become an adult volunteer at Quaker events. An opportunity for young Quakers to try out practical skills, as well as learning about groups and being a facilitator. We will look at developing and building community through how we interact with groups and individuals. We will also consider the importance of Quaker beliefs, values and practices in our facilitation.

Bookings should be made via Quaker Life, more information can be found here: www.yqspace.org.uk/facilitation-and-leadership-2018

Tutor(s): Michael Eccles, Cat Waithaka and others



FRI 19 - SUN 21 OCTOBER

WALKING WITH A SMILE INTO THE DARK

16 places | £245 residential | £170 non-residential

‘But there is a deeper, an internal simplification of the whole of one’s personality, stilled, tranquil, in childlike trust listening ever to Eternity’s whisper, walking with a smile into the dark.’ Thomas Kelly
Accepting that there is much that we do not know and cannot control frees us to walk the path of faith. We will use this weekend to explore alone and together how we can let go of what blocks us and be more open to the guidance of the Spirit.

Tutor(s): Jennifer Kavanagh and Annique Seddon

FRI 19 - SUN 21 OCTOBER

FIRE IN THE BONES: ENCOUNTERING THE PROPHET JEREMIAH

12 places | £245 residential | £170 non-residential

Come and explore the tragic life and incisive prophecy of Jeremiah, who lived in turbulent times. We will discover the urgency of his call – the fire in his bones – and his relentless quest to find words with which to speak to a traumatised people. We will examine his imagery, both brutal and tender, as a struggle for meaning in the wake of disaster – a work of resilience and healing. And we will discuss the continuing relevance of this challenging poetry.

Tutor(s): Ann Conway-Jones

MON 22 OCT - FRI 16 NOVEMBER

SPIRITUAL PRACTICES FOR EVERY DAY

Online course

20 places | £55 per place

This course involves a time commitment of approximately 2-3 hours per week.

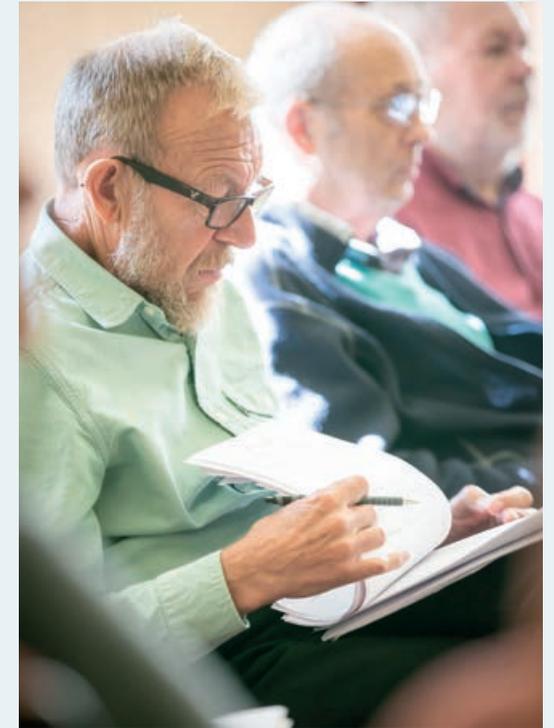
How do you make space in your day to be spiritually present? What spiritual practices resonate with you? This course is an opportunity to explore what we mean by ‘spiritual practice’ and why it is important. You will be offered a variety of spiritual practices to work with, in your own time. We will all share our experiences together as an online community using forums. The course will include a live Quiet Day on Saturday 27th October 2018 (10:00 – 4:00pm GMT), that you can take part in wherever you are.

This course can be completed in your own time. We encourage you to spend a short time each day engaging with a spiritual practice.

There will be video, audio and written materials for you to engage with, and forums where you can share reflections and ask questions.

The spiritual practices will be drawn mainly from the Christian tradition and offered in a way that makes the course open to all.

Tutor(s): Gill Pennington and Mark Russ



MON 22 - THU 25 OCTOBER

A SPIRITUAL ANTHOLOGY: A TOOLKIT FOR SILENCE FROM QUAKERS AND OTHERS

14 places | £345 residential | £240 non-residential

Is Quaker experience of the Divine unique, or have similar insights bubbled up in other contexts? This retreat blends silent time alone with tutor-led offerings on the experience of silence. We will use writings and practices from a range of spiritual and secular sources, offering an ‘anthology’ of wisdom to draw on. Meals will be silent. Individual spiritual accompaniment is not a formal part of this retreat but can be offered if required.

Tutor(s): Eleanor Jackson and Estella Lovett

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Email enquiries@woodbrooke.org.uk or call 0121 472 5171

WED 24 OCT - WED 28 NOVEMBER

THE THEOLOGY OF QUAKER TESTIMONY

Online course

20 places | £55 per place

This course involves a time commitment of 2.5-3 hours per week.

Friends say confidently that 'Christianity is a not a notion but a way'. Behind the radical Quaker tradition of practical witness there is a distinctive understanding - a 'theology of Quaker testimony' - that may well have value beyond the world of Friends. We will give careful attention to the individual and collective patterns of action that make up testimony for Quakers, the way it is shared and sustained, its rootedness in everyday life, and its challenging relationship to the wider world.

The core component of this course is a live weekly webinar each Wednesday evening from 6.30 - 8.00pm. If you are unable to participate in the live webinar you will be able to access it to view at your convenience.

In addition there will be an online forum where questions can be raised and comments made.

Selected extracts from Rachel Muers's book 'Testimony' will be sent out each week. The live weekly webinar will include time for questions and answers.

As well as the hour and half for the webinar, you will get most out of the course if you set aside an hour or so for further reading.

The course is for those who are interested in exploring the theological basis for Quaker testimony. While attention will be given to particular case studies of Quaker testimony in practice, this is not an introduction to the specific 'testimonies' of Friends.

Tutor(s): Timothy Ashworth and Rachel Muers

FRI 26 - SUN 28 OCTOBER

EXPLORING ISLAMOPHOBIA

18 places | £255 residential | £180 non-residential

Woodbrooke working in partnership with the Reflection Network

How can we respond to the rise of Islamophobia in the UK? To learn more about Islam, to be aware of bias and the various ways it manifests itself, to seek to understand the perspective of the 'other'? This content based course will be run in partnership with the Reflection Network and speakers will be invited to share their perspectives and personal experiences

Tutor(s): Led by members of the Reflection Network

MON 29 - WED 31 OCTOBER

FRIENDS TO THE END: ACCOMPANYING DYING FRIENDS

15 places | £245 residential | £170 non-residential

When a life is being completed, what can we offer? There are books, organisations and training in bewildering numbers. How can we in a meeting offer support, in partnership with family and friends, medical and other professionals? Quaker pastoral care, testimonies and clearness are a framework for sharing insights from experience and observation. We will discuss preparation for death, and then bereavement. Above all, we will consider the role of a 'Bedside Friend' and the end of life vigil.

Tutor(s): Hilary Marson and Anne Hosking

MON 29 - WED 31 OCTOBER

ANSWERING THAT OF GOD

14 places | £245 residential | £170 non-residential

What do we mean when, as Quakers, we speak of ‘that of God’? What would be the implications if we held an awareness of the Divine in everyone all of the time? How can we live out this belief in our relationships and encounters with other people?

This retreat will provide an opportunity to explore these questions through a combination of facilitator input, small-group activities and time for sharing and listening. There will be space for individual reflection.

Tutor(s): Peter Parr and James McCarthy

FRI 2 - SUN 4 NOVEMBER

CINEMA AND SPIRITUALITY: FINDING THE SACRED ON THE SILVER SCREEN

14 places | £245 residential | £170 non-residential

We will explore how cinema can offer us a unique spiritual experience. We will look at how biblical stories have been interpreted by film makers and examine how Christianity has influenced other cultural narratives, asking how its theology and symbolism have been incorporated into popular culture. Finally, we will consider cinema as a uniquely spiritual experience in its own right. We will reflect on how film language can guide us in our encounters with the divine via experiences of both transcendence and immanence.

Tutor(s): Martin Layton

FRI 2 - SUN 4 NOVEMBER

THE EARLY CHRISTIAN BREAKTHROUGH

19 places | £245 residential | £170 non-residential

At the heart of early Christianity is a breakthrough, an experience of expansion into new possibilities. In the New Testament this experience is described as a manifestation of the Spirit, God’s creative power, operating in a new and unexpected way. People felt inspired, able to step out beyond the boundaries that had previously determined how they lived. This course explores both this breakthrough but also the realities that had limited it even before the writing of the New Testament documents.

Tutor(s): Timothy Ashworth



MON 5 NOVEMBER- SUN 16 DECEMBER

QUAKER WOMEN AND SOCIAL JUSTICE: LEARNING FROM THEIR EXPERIENCE

Online course

20 places | £75 per place

This course involves a time commitment of approximately 2-3 hours per week.

What might we learn about social justice from Quaker history? This online course will look at social and economic concerns of some Quaker women activists, both British and American, in the 1800’s and early 1900’s. We will consider their strategies, motivation, and the faith basis of their work in the context of society at the time. Through readings and friendly discussion, participants will come to share our enthusiasm for these pioneering leaders and will gain insight into modern manifestations of social injustice.

This course can be completed in your own time, although we recommend setting aside 2-3 hours a week.

Each week there will be video, audio and written materials for you to engage with, and forums where you can share reflections and ask questions.

This course is intended for anyone with an interest in Quakers and social justice. No prior knowledge of either is necessary.

Tutor(s): Julianna Minihan and Martin Layton

MON 5 NOVEMBER- SUN 16 DECEMBER

BEING A QUAKER CLERK: AN ONLINE COURSE

Online course

18 places | £115 per place

This course involves a time commitment of approximately 1.5-2.5 hours per week.

This online course, for new or prospective clerks with little or no experience of Quaker clerking, is based on the on-site course with the same name. The five modules cover the clerk’s role before, during and after a meeting for worship for business. We also consider why we use our particular business style in our meetings. We will focus on clerking local meetings, but clerks of other meetings, including area meetings, will also find they can learn much about their role.

This course can be completed in your own time, although we recommend setting aside 1.5-2.5 hours a week.

Each week there will be materials in a range of formats for you to engage with, and a forum where you can share your responses to the exercises and ask questions.

There will be three live meetings during the six weeks of the course which you are encouraged to take part in, dates and times to be confirmed.

Tutor(s): Chris Skidmore and Michael Eccles

MON 5 - WED 7 NOVEMBER

BEING AN AREA MEETING TREASURER

11 places | £256 residential | £181 non-residential

This course for area meeting treasurers will show how to produce collated area meeting accounts that meet the requirements of the Charity Commission and OSCR. Participants will be guided through practical exercises to illustrate the stages of the work. We will look at ways of presenting information that will engage Friends' interest and promote their understanding of Quaker finances at the area and local level.

Tutor(s): Ursula Fuller, Averil Armstrong and Fenwick Kirton-Darling

MON 5 - WED 7 NOVEMBER

RESTORATIVE JUSTICE

12 places | £245 residential | £170 non-residential

Restorative justice has received attention as an alternative to the destructive effects of punishment. What does it mean and how does it work? Through a combination of input and participation, this event considers the different elements of restorative justice and the ways in which it can contribute to building a just and peaceful society.

Tutor(s): Marian Liebmann



WED 7 - FRI 9 NOVEMBER

ALICE: A LIGHT-HEARTED INTRODUCTION TO CONFIDENCE

9 places
£245 residential | £170 non-residential

There are times, particularly at change of career or retirement, when we lose our self-confidence and even begin to feel invisible. This course is an opportunity to restore and enhance your self-confidence – both in engaging with small groups and in speaking in public. We will explore the factors affecting communication and develop an awareness of our personal strengths through a mixture of tasks and group work. Participants will have the chance to practice presentation in a safe setting.

Tutor(s): Mike Rockliffe-King

THU 8 NOVEMBER- THU 13 DECEMBER

EXPLORING QUAKER SPIRITUALITY

30 places | £55 per place



This course involves a time commitment of approximately 2-3 hours per week.

In this series of six online webinars running from 7.00pm to 8.30pm every Thursday evening from 8 November to 13 December, we will explore what Quaker spirituality is all about and how it speaks to us today.

This webinar series will introduce you to central elements of Quaker spirituality, including: silence, worship and vocal ministry; experiencing all of life as sacred; the inward teacher; the contemplative and the prophetic; queries and uncertainty; discipline, discernment and leadings.

Only basic computer skills are needed for this course, together with access to e-mail and the internet. The course takes place in Woodbrooke's online learning website, for which easy registration details will be provided. Full guidance will be given on how to access the course's material, and help is available if you get stuck at any point.

This online course is based on six live ninety-minute webinars. Each webinar is recorded so you can follow the course using the recordings if you wish. Downloadable resources and a discussion forum will be available to help you explore the webinar material further. The course will not assume any prior knowledge, although some awareness of Quakerism and its history would be an advantage.

Tutor(s): Stuart Masters

FRI 9 - SUN 11 NOVEMBER

CHILDREN & YOUNG PEOPLE'S WORK ADVOCATES CONFERENCE

25 places | £245 residential | £170 non-residential

Woodbrooke working in partnership with Quaker Life.

An opportunity for area meeting children and young people's work advocates and those who support them to meet, share and learn together. Details about this role can be found at www.quaker.org.uk/our-organisation/quaker-roles/cyp-work-advocates. Over the weekend we will explore common issues affecting the advocacy of Quaker children and young people's work. On the Saturday we will link up with the Quaker Youth Work conference that takes place at Woodbrooke, to help build relationships and networks.

Tutor(s): Mel Cook, Howard Nurden

FRI 9 - SUN 11 NOVEMBER

SHALOM: THE PEACE THAT CHANGES EVERYTHING

13 places | £245 residential | £170 non-residential

The Hebrew word 'shalom', understood from a Jesus perspective, distils into a single word the totality of his message, mission and hope. First and foremost 'shalom' is about relationships. Here is both the spirituality that contemplatives seek, plus the inspiration for assertive activism. During the weekend we shall explore both the biblical foundations and practical implications of 'shalom', discovering it as the peace that transforms everything. There is nothing vague about 'shalom', it is as practical as it is profound.

Tutor(s): Noel Moules

FRI 9 - SUN 11 NOVEMBER

FAITH IN FOOD

10 places | £245 residential | £170 non-residential

Food is political, controversial, companionable, joyful, anxiety-inducing, nourishing, depleting, and more. It says something about who we are and what is important to us. Sensitive to talk about, fearful to examine – we stay silent even when we know our food choices carry the ‘seeds of war’ causing harm to us, other creatures and our planet. What makes this so difficult for us? A compassionate and uplifting exploration of how we move towards a life-affirming food story for ourselves and our communities.

Tutor(s): Clíodhna Mulhern

MON 12 - WED 14 NOVEMBER

SILENCE IN CIRCLES: MEDITATING TO CREATE MANDALAS

10 places | £245 residential | £170 non-residential

Across cultures and ages, the ‘sacred circle’ can open a window into our human dreams and aspirations. Jung adopted the term ‘mandalas’ from his work on the collective unconscious. In exploring our own circles, no art skills or meditation experience are required. Various examples, different templates and open-ended options for mandalas will enable all to participate. We will all explore the colours, shapes and silence of the circles we choose or create.

Tutor(s): Phil Dahl and Claire Jones



MON 12 - WED 14 NOVEMBER

BIBLE STUDY FOR QUAKERS

15 places | £245 residential | £170 non-residential

Do you find the Bible intimidating but intriguing? Do you need some fellow Quakers to help you take the plunge? This course will help you to find your way around the Bible and understand the distinctive Quaker approach to scripture. You will closely study several Biblical texts in the company of Quakers from the past, and reflect with others on your experience of the Bible in the 21st Century. Expect to be challenged and inspired!

Tutor(s): Mark Russ

WED 14 - FRI 16 NOVEMBER

FRIENDS WITH A DUAL RELIGIOUS IDENTITY: THE GIFTS AND CHALLENGES

12 places | £245 residential | £170 non-residential

Many Friends today maintain some level of dual religious identity – they may have come to Quakerism from another church or faith, or reached out from Quaker beginnings to explore other traditions. This course provides a supportive space for Friends to share experiences of what it’s like to hold more than one religious identity. The course also explores how these diverse religious backgrounds affect our Quaker identity and the wider Quaker community.

Tutor(s): Maria Kennedy and Rhiannon Grant

FRI 16 - SUN 18 NOVEMBER

AREA MEETING CLERKS CONFERENCE

56 places | £245 residential | £170 non-residential

This conference is being jointly organised by Woodbrooke and Quaker Life and will be an opportunity for all serving area meeting clerks to come together for learning and to share experience of current practices. There will be speaker sessions, group discussions and workshops covering a wide range of relevant topics. All area meetings will receive a formal invitation to the conference in early 2018.

Tutor(s): Organised by a joint Woodbrooke and Quaker Life planning group

MON 19 - WED 21 NOVEMBER

HOW TO TEACH AND LEAD MEDITATION AND MINDFULNESS

19 places | £245 residential | £170 non-residential

Enjoy a practical and reflective oasis in which you deepen your own meditation practice and learn the core concepts and strategies for teaching and leading meditation. Includes:

- Contemplative preparation
- Physical and mental health benefits
- Different traditions - Vipassana, Zen, Christian, TM, Raja and Agni Yoga, guided visualisations, mantras, inner dialogue, healing and prayer.
- Core skills of embodiment and compassionate witnessing.
- Appropriate language and closure. There will also be time for the practical preparation of sessions you might lead.

Tutor(s): William Bloom

MON 26 - WED 28 NOVEMBER

THY KINGDOM COME?: THE LORD’S PRAYER FOR QUAKERS

15 places | £245 residential | £170 non-residential

How might Quakers understand the Lord’s Prayer today? We shall look at the prayer in its different forms and contexts in the gospels of Matthew and Luke, to see what we can learn for our praying and our living.

Tutor(s): Janet Scott

WOODBROOKE LEARNING

THU 20 - SUN 23 DECEMBER

A PRE-CHRISTMAS RETREAT: WOODBROOKE AND THE COMMUNITY OF INTERBEING

25 places | £345 residential | £240 non-residential

As Christmas draws very near, this joint retreat provides a wonderful opportunity to open the senses and purify the heart and mind. For many years, Woodbrooke has hosted retreats and weekends which have focused on the Zen teaching of Thich Nhat Hanh. On this weekend we bring Zen and Quaker traditions together. Come and enjoy mindfulness practice and Quaker silent worship, vegetarian food from Woodbrooke's kitchen and Buddhist and Quaker teaching on joy and peace.

Tutor(s): Murray Corke and Timothy Ashworth

THU 20 - SUN 23 DECEMBER

BE THE CHANGE

18 places | £345 residential | £240 non-residential

In a spirited and hopeful response to the consumerist frenzy and growing chaos that surrounds us, we gather to explore a more life-affirming way of being in this world. What is it to 'be the change'? What might it mean for the day to day decisions that make up our way of life, and for how we are as global citizens? Starting here and now, we embark on a purposeful spiritual inquiry through video clips, story, conversation, reflection, journaling, movement and stillness.

Tutor(s): Clíodhna Mulhern and Samagita Moisha



SUN 30 DECEMBER - WED 2 JANUARY

DANCES OF UNIVERSAL PEACE: DANCING INTO THE NEW YEAR WITH FAITH AND JOY

18 places | £345 residential | £240 non-residential

'Come into your heart', holding hands, honouring various religions / spiritual traditions, moving and chanting in a circle. Simple words and simple movements are taught, attuning to love, harmony and beauty: dancing inter-faith. A joyful and powerful experience of oneness, freeing the voice. We move, breathe and sing together, holding hands - like one organism, like a cell in the body, remembering being part of something much bigger than the small self. No singing or dancing experience is required.

Tutor(s): Ralph Nimmann and Vitalija Zelenevska-Nimmann





Experience SWARTHMOOR HALL

Join Woodbrooke tutors at Swarthmoor Hall for the chance to explore the Quaker way of the past and the present.

Woodbrooke is working in partnership with Britain Yearly Meeting to offer opportunities to nurture your spirit, explore the roots of Quakerism and deepen your understanding of Quaker practices in the unique setting of Swarthmoor Hall.

Situated in the Lake District, Swarthmoor Hall is the 'hidden gem of Furness' and was the home of Judge Thomas Fell and Margaret Fell. Today its historic building and beautiful gardens are open to visitors with B&B accommodation, a café and shop on site as well as offering a variety of courses, retreats and pilgrimages.

2018 COURSES

13 April – 15 April 2018

WORSHIP, SPOKEN MINISTRY, AND AFTERWORDS

Tutor(s): Rhiannon Grant

15 April – 20 April 2018

WRITING RETREAT

Tutor(s): Ben Pink Dandelion and John Gray

20 April – 22 April 2018

**THE DEVOTIONAL PATH -
SPIRITUAL PRACTICES TO FREE THE HEART**

Tutor(s): Gill Pennington and Lynne Sedgmore

18 May – 20 May 2018

WALKING INTO WORSHIP

Tutor(s): Jan Sellers

15 June – 17 June 2018

**SPIRITUAL ROOTS AND WISDOM
OF THE QUAKER WAY IN PLAINSONG**

Tutor(s): Mark Russ and Paulette Meier

17 August – 19 August 2018

EARLY FRIENDS AND THE QUAKER PEACE TESTIMONY

Tutor(s): Gordon Matthews

3 September – 7 September 2018

TIME SET ASIDE: AN INDIVIDUALLY GUIDED RETREAT

Tutor(s): Ginny Wall and Annique Seddon

14 September – 16 September 2018

EARLY CHRISTIANITY

Tutor(s): Timothy Ashworth

19 October – 21 October 2018

**THE QUAKER JESUS:
THE LIFE AND WRITINGS OF JAMES NAYLER**

Tutor(s): Stuart Masters

HOW TO BOOK

Find out more about the courses below by visiting www.woodbrooke.org.uk/swarthmoorhall and to book visit www.swarthmoorhall.co.uk or call 01229 583204.

Woodbrooke's Programmes Team

Woodbrooke has a large number of associate tutors who deliver many of our courses. You can find details about the tutors for each course on our website.



Simon Best is Head of Learning and has overall responsibility for Woodbrooke's learning programmes. He is passionate about creating opportunities for Quakers to learn and grow individually and together. Simon is responsible for supporting the Swarthmore Lecture programme.



Martin Layton is Senior Programme Leader for off-site and online learning. He has responsibility for our online learning and Woodbrooke-on-the-Road. He is interested in exploring how Quaker spirituality strengthens our lives of active witness.



Gill Pennington is Ministry Programmes Co-ordinator and Spirituality Tutor. She has responsibility for the Equipping for Ministry programme. She works to facilitate learning and enable a deepening of spiritual experience.



Michael Eccles is Young Adult Programmes Coordinator and QPSW Tutor. He co-ordinates the Young Adult Leadership Programme at Woodbrooke and provides support for Quaker Peace & Social Witness (QPSW) placement programmes.



Ben Pink Dandelion is Programmes Leader for the Centre for Research in Quaker Studies. He has responsibility for our postgraduate programmes run in partnership with the University of Birmingham and Lancaster University. He both teaches and supervises postgraduate students in a variety of fields, and his own specialism is sociology of religion. He is a prolific author and editor.



Stuart Masters is Senior Programme Leader for on-site learning. He coordinates Woodbrooke's on-site course programme and leads courses exploring the Quaker way and its relationship to other traditions.



Mark Russ is Tutor for Nurturing Friends and Meetings. His interests include intentional community, music and worship, theology and apocalyptic spirituality.



Rhiannon Grant is Tutor for Quaker Roles. She is a lifelong Quaker who researches and writes about religious language and practices. Rhiannon is also Deputy Programmes Leader, Centre for Research in Quaker Studies and supports our postgraduate programmes and research work.



Betty Hagglund is Learning Resources Manager, and has overall responsibility for Woodbrooke's library and archive. She is particularly interested in early Quaker history and writings.



Maud Grainger is Faith in Action Tutor. She has experience of and passion for environmental, social justice and interfaith work. She is interested in how we live our witness in the world and community activism.



Timothy Ashworth is Biblical Studies Tutor, especially interested in how the experiences of the first Christians shaped their writings and ways of life. He is also Interfaith Co-ordinator, engaged in our ecumenical as well as interfaith work.



COURSE INDEX

COURSES LISTED
BY THEME

Nurturing our Quaker Community

Deepening our understanding of what it means to be a Quaker today, as individuals, meetings and a wider Quaker community. Exploring faith, life practices and organisation of the contemporary Quaker community and supporting and nurturing Friends within that community.

Navigating Life's Changes Fri 2 Feb – Sun 2 Feb 2018	Page 18
A Friendly Introduction to Discernment Mon 5 Feb – Wed 7 Feb 2018	Page 21
Mental Health in our Meetings Fri 9 Feb – Sun 11 Feb 2018	Page 22
An online retreat for Young Adult Friends Mon 19 Mar – Sun 29 Apr 2018	Page 29
Young Adult Friends Retreat Fri 30 Mar – Mon 2 Apr 2018	Page 30
Quaker Discipleship Fri 20 Apr – Sunday 22 Apr 2018	Page 33
Leadership Amongst Friends Mon 23 April – Sun 13 May 2018	Page 33
Discernment in Everyday Life Tue 22 May – Thur 24 May 2018	Page 39
A Friendly Introduction to Membership Mon 11 Jun – Fri 29 Jun 2018	Page 44
In the care of the Meeting Fri 22 Jun – Sun 24 Jun 2018	Page 46
Meeting Needs Mon 9 Jul – Wed 11 Jul 2018	Page 49
Speaking Truthfully and Peacefully Fri 10 Aug – Sun 12 Aug 2018	Page 54
A Friendly Introduction to the Quaker way Fri 31 Aug – Sun 2 Sep 2018	Page 58
Handling Conflict in our Meetings Fri 7 Sep – Sun 9 Sep 2018	Page 63
Threshing and clearness Mon 10 Sept – Wed 12 Sept 2018	Page 63
Meeting for worship for business Mon 17 Sep – Sun 14 Oct 2018	Page 65
Quakers and Class Fri 21 Sep – Sun 23 Sep 2018	Page 67
Discernment and leadership Fri 28 Sep – Sun 30 Sep 2018	Page 69
Caring for one another Mon 8 Oct – Wed 10 Oct 2018	Page 70
Facilitation and Leadership Fri 19 Oct – Sun 21 Oct 2018	Page 72
Friends to the End Mon 29 Oct – Wed 31 Oct 2018	Page 75
ALICE Wed 7 Nov – Fri 9 Nov 2018	Page 78

■ On-Line course

Interfaith

Exploring the beliefs and practices of all faiths and links between Quakers and other faiths to deepen our understanding, further dialogue and foster mutual enrichment.

The Changing Face of Faith in Britain, how should Quakers Respond? Fri 16 Mar – Sun 18 Mar 2018	Page 27
Being Peace Mon 14 May – Wed 16 May 2018	Page 37
Islam and the Environment Mon 20 Aug – Sun 30 Sep 2018	Page 56
Mindfully Together Sun 26 Aug – Fri 31 Aug 2018	Page 58
The Buddha and his Aunt Mon 24 Sep – Wed 26 Sep 2018	Page 67
Islamophobia Fri 26 Oct – Sun 28 Sun 2018	Page 75
Friends with a dual religious identity Wed 14 Nov – Fri 16 Nov 2018	Page 81
A Pre-Christmas Retreat Thu 20 Dec – Sun 23 Dec 2018	Page 82

Training for Quaker Roles

Equipping and supporting those with various roles and responsibilities within Quaker meetings and organisations. This includes both practical training and exploration of the spiritual basis of the roles.

Being a Quaker Treasurer Fri 19 Jan – Sun 21 Jan 2018	Page 16
Exploring Eldership Fri 19 Jan – Sun 21 Jan 2018	Page 17
Exploring Oversight Fri 19 Jan – Sun 21 Jan 2018	Page 17
Being a Quaker Clerk: an online course Mon 29 Jan – Sun 11 Mar 2018	Page 18
Being a Quaker Clerk Fri 2 Feb – Sun 4 Feb 2018	Page 19
Being a Quaker Treasurer Mon 5 Feb – Mon 13 Mar 2018	Page 21
Being a Quaker Trustee Mon 5 Mar – Wed 7 Mar 2018	Page 24
Exploring Nominations Fri 16 Mar – Sun 18 Mar 2018	Page 27
Writing Brilliant Annual Reports Thu 22 Mar – Thu 5 Apr 2018	Page 29

Training for Quaker Roles (continued)

Eldership and Oversight Mon 2 Apr – Sun 13 May 2018	Page 30
Exploring Eldership Mon 9 April – Wed 11 Apr 2018	Page 31
Exploring Oversight Mon 9 April – Wed 11 Apr 2018	Page 31
Being a Quaker Clerk Mon 16 April – Wed 18 Apr 2018	Page 32
Quaker Funerals Mon 16 April – Wed 18 Apr 2018	Page 32
Being a Quaker Clerk: an online course for clerks around the world Mon 7 May – Sun 17 Jun 2018	Page 35
Managing our Meeting Houses Fri 11 May – Sun 13 May 2018	Page 37
Being a Quaker Treasurer Tues 22 May – Thu 24 May 2018	Page 40
Quaker Chaplaincy Training Mon 11 Jun – Wed 13 June 2018	Page 44
Exploring Eldership and Oversight Together Fri 15 Jun – Sun 17 Jun 2018	Page 45
Clerking Fri 22 Jun – Sun 24 Jun 2018	Page 45
Exploring Quaker Chaplaincy Fri 7 Sep – Sun 9 Sep 2018	Page 63
Being a Quaker Trustee Fri 14 Sep – Sun 16 Sep 2018	Page 64
Eldership: our gifts in and to our community Fri 14 Sep – Sun 16 Sep 2018	Page 64
Oversight: our gifts in and to our community Fri 14 Sep – Sun 16 Sep 2018	Page 64
Fresh Approach to Nominations Mon 17 Sep – Wed 19 Sep 2018	Page 65
Being a Quaker Clerk Fri 28 Sep – Sun 30 Sep 2018	Page 68
Eldership and Oversight Mon 1 Oct – Fri 9 Nov 2018	Page 70
Exploring Nominations Mon 8 Oct – Wed 10 Oct 2018	Page 70
Being a Quaker Clerk: an online course Mon 5 Nov – Sun 16 Dec 2018	Page 77
Being a Area Meeting Treasurer Mon 5 Nov – Wed 7 Nov 2018	Page 78
CYP Advocates conference Fri 9 Nov – Sun 11 Nov 2018	Page 79
Area Meeting Clerks Conference Fri 16 Nov – Sun 18 Nov 2018	Page 81

■ On-Line course

Experience of the Spirit

We offer a variety of courses and retreats to nurture, support and challenge individuals in their spiritual lives and to enable people to explore and understand a variety of personal and corporate spiritual practices, including the expression of spirituality through the creative arts.

Open to Wonder Mon 22 Jan – Wed 24 Jan 2018	Page 17
Reality and Radiance: a retreat with inspiration from Swedish Quaker Emilia Fogelklou Mon 19 Feb – Sun 1 April 2018	Page 23
Introduction to Experiment with Light Fri 23 Feb – Sun 25 Feb 2018	Page 24
Metaphysical Poets Mon 5 Mar – Wed 7 Mar 2018	Page 24
Icon Painting as a Spiritual Practice Mon 5 Mar – Fri 9 Mar 2018	Page 25
The Art of Grounding Oneself Wed 14 Mar – Fri 16 Mar 2018	Page 26
Wise Hands: an Appleseed course Fri 30 Mar – Mon 2 April 2018	Page 30
Spirit Dance Wed 9 May – Fri 11 May 2018	Page 36
Seeking Sanctuary and Stillness Mon 14 May 2018	Page 37
Transformative Life Writing Alumni Retreat Wed 16 May – Fri 18 May 2018	Page 39
Introduction to Life Writing for Transformation Thu 17 May – Sun 20 May 2018	Page 39
To save From fear: spiritual disciplines for difficult times Fri 25 May – Sun 27 May 2018	Page 40
Sharing our Stories Fri 25 May – Sun 27 May 2018	Page 40
The Art of Natural Prayer Tue 29 May – Thu 31 May 2018	Page 41
Time in a safe haven: a retreat for spiritual directors Fri 1 Jun – Sun 3 Jun 2018	Page 41
Quaker Mysticism Mon 4 Jun – Wed 7 Jun 2018	Page 42
The Hero/Heroine's Journey Wed 6 Jun – Fri 8 Jun 2018	Page 42
Dance for Joy Fri 8 Jun – Sun 10 Jun 2018	Page 43
Seeking Sanctuary and Stillness Sat 9 Jun 2018	Page 43
Self Care retreat Sun 17 Jun – Fri 22 Jun 2018	Page 45
Seeds of Silence - the ground of our being Mon 25 Jun – Fri 29 Jun 2018	Page 46
A Chanting Retreat for Women Tue 26 Jun – Thu 28 Jun 2018	Page 47

Experience of the Spirit (continued)

Seeking Sanctuary and Stillness Sat 7 Jul 2018	Page 48
Be Comforted Tue 17 Jul – Thu 19 Jul 2018	Page 51
Making Mosaics Mon 23 Jul – Fri 27 Jul 2018	Page 51
Living Awake to the Spirit Mon 30 July – Thu 2 Aug 2018	Page 52
Seeking Sanctuary and Stillness Mon 6 Aug 2018	Page 53
Creating with Clay Fri 10 Aug – Sun 12 Aug 2018	Page 53
Listening and Gathering Fri 10 Aug – Sun 12 Aug 2018	Page 54
Sense and Perception Wed 15 Aug – Fri 17 Aug 2018	Page 54
O Be Joyful: finding joy through singing and reflection Fri 17 Aug – Sun 19 Aug 2018	Page 55
Ancient Paths: A retreat with the labyrinth Fri 17 Aug – Sun 19 Aug 2018	Page 55
Honouring my lineage Mon 20 Aug – Wed 22 Aug 2018	Page 57
Jung and the Wounded Healer Fri 24 Aug – Mon 27 Aug 2018	Page 57
Living the Heart of Christianity Mon 3 Sep – Fri 12 Oct 2018	Page 59
A Taste of Life Writing for Transformation™ Mon 3 Sep – Fri 12 Oct 2018	Page 59
24 hours for Stillness: an Experiment with Light retreat Mon 3 Sep – Tue 4 Sep 2018	Page 60
Losing Sight of the Shore Mon 3 Sep – Wed 5 Sep 2018	Page 60
Light in our Lives Mon 17 Sep – Wed 19 Sep 2018	Page 65
Quaker Fellowship for Afterlife Studies Annual Conference Fri 21 Sep – Sun 23 Sep 2018	Page 67
Dancing with Words Wed 26 Sep – Fri 28 Sep 2018	Page 68
Walking with a Smile into the Dark Fri 19 Oct – Sun 21 Oct 2018	Page 72
Spiritual Practices for Every Day Mon 22 Oct – Fri 16 Nov 2018	Page 73
A Spiritual Anthology Mon 22 Oct – Thu 25 Oct 2018	Page 73
Answering that of God Mon 29 Oct – Wed 31 Oct 2018	Page 76
Cinema and Spirituality Fri 2 Nov – Sun 4 Nov 2018	Page 76

■ On-Line course

Exploring Quaker Spirituality Thu 8 Nov – Thu 13 Dec 2018	Page 79
Silence in Circles Mon 12 Nov – Wed 14 Nov 2018	Page 80
How to Teach and Lead Meditation and Mindfulness Mon 19 Nov – Wed 21 Nov 2018	Page 81
Dances of Universal Peace Sun 30 Dec 2018 – Wed 2 Jan 2019	Page 82

Exploring the Living Quaker Tradition

Opportunities to discover and understand the faith and practice of Quakers from the 17th century to the present day. Exploring the history of Quakerism, its roots in the Christian tradition and the diversity of present-day Friends in Britain and around the world.

Our Life is Love Fri 5 Jan – Sun 7 Jan 2018	Page 16
Mark Mon 5 Feb – Wed 7 Feb 2018	Page 22
Stepping into the Parables Wed 21 Feb – Fri 23 Feb 2018	Page 23
The Mother of Quakerism: The Life and Writings of Margaret Fell Tue 6 Mar – Tue 10 Apr 2018	Page 25
The Apocalyptic Tradition Wed 14 Mar – Fri 16 Mar 2018	Page 26
Jesus is Risen Mon 16 Apr – Wed 18 Apr 2018	Page 33
The Early Christian Breakthrough Tue 1 May – Tue 5 Jun 2018	Page 34
Exploring the Early Quaker Vision Fri 18 May – Sun 20 May 2018	Page 39
A walk through the Midlands with George Fox Tue 29 May – Thu 31 May 2018	Page 41
A Portable God Fri 8 Jun – Sun 10 Jun 2018	Page 43
CPQS/ QSRA Conference and George Richardson lecture Thu 21 June 2018	Page 45
Early Quaker Writings Mon 25 June – Wed 27 Jun 2018	Page 46
A Place Apart Mon 2 Jul – Fri 3 Aug 2018	Page 47
The Acts of the Apostles Mon 9 Jul – Thu 12 July 2018	Page 49

Exploring the Living Quaker Tradition (continued)

John Woolman and the Apocalypse of the Heart Fri 20 Jul – Sun 22 Jul 2018	Page 51
Best of the Christian Buffet Mon 20 Aug – Wed 22 Aug 2018	Page 57
'That your love may overflow' Wed 5 Sep – Wed 26 Sep 2018	Page 61
Strength in Weakness Mon 10 Sep – Wed 12 Sep 2018	Page 63
The History of the Hedge Wed 26 Sep – Fri 28 Sep 2018	Page 68
Friends From the Start Mon 1 Oct – Sun 28 Oct 2018	Page 69
'Into the Actual Presence of God' Mon 8 Oct – Thu 11 Oct 2018	Page 71
Early Quaker History Mon 15 Oct – Wed 17 Oct 2018	Page 71
Fire in the Bones Fri 19 Oct – Sun 21 Oct 2018	Page 72
The Theology of Quaker Testimony Wed 24 Oct – Wed 28 Nov 2018	Page 75
The Early Christian Breakthrough Fri 2 Nov – Sun 4 Nov 2018	Page 76
Shalom Fri 9 Nov – Sun 11 Nov 2018	Page 79
Bible Study for Quakers Mon 12 Nov – Wed 14 Nov 2018	Page 80
Thy Kingdom Come? Mon 26 Nov – Wed 28 Nov 2018	Page 81

■ On-Line course

Engagement in the World

Exploring and understanding Quaker testimony, and its various expressions amongst Friends, reflecting on how we can live out our faith in today's world and supporting Quaker witness and activism. We also offer learning on a wide range of themes that reflect current Quaker concern and witness.

Clearing the Way Fri 5 Jan – Sun 7 Jan 2018	Page 16
Politics Mon 29 Jan – Sun 11 Mar 2018	Page 18
Sex and the Spirit Fri 2 Feb – Sun 4 Feb 2018	Page 19
A Quaker Response to Animal Suffering Mon 5 Feb – Sun 18 Mar 2018	Page 19
Anger Management with Art Mon 5 Feb – Wed 7 Feb 2018	Page 21
Quakers and European Politics Fri 9 Feb – Sun 11 Feb 2018	Page 22
Resilient Communities Fri 23 Feb – Sun 25 Feb 2018	Page 23
From Militarisation to Peace Fri 2 Mar – Sun 4 Mar 2018	Page 24
Building a Diverse and Transformative Movement for Change Fri 16 Mar – Sun 18 Mar 2018	Page 27
What can you say? Speaking up and Speaking out? Fri 13 Apr – Sun 15 Apr 2018	Page 31
Living at the edge, living as a Quaker Mon 23 Apr – Wed 25 Apr 2018	Page 34
Let your Life Preach Mon 7 May – Wed 6 Jun 2018	Page 35
A Friendly Introduction to Quaker Values and Ethics in Business Fri 11 May – Sun 13 May 2018	Page 36
Foundations of a True Social Order Fri 1 Jun – Sun 3 Jun 2018	Page 41
Hope in Troubled Times Fri 8 Jun – Sun 10 Jun 2018	Page 42
Making bread in an outdoor oven Fri 29 Jun – Sun 1 Jul 2018	Page 47
Signposts for the Soul Fri 13 Jul – Sun 15 Jul 2018	Page 49
Voices of the Earth Mon 30 Jul – Fri 3 Aug 2018	Page 52
A Sustainable Life Sun 5 Aug – Fri 10 Aug 2018	Page 52
Well-being Wed 8 Aug – Fri 10 Aug 2018	Page 53
Stories for our time Fri 10 Aug – Sun 12 Aug 2018	Page 54
Exploring Simplicity Fri 17 Aug – Sun 19 Aug 2018	Page 55

Engagement in the World (continued)

Equipping for Disability Equality Fri 17 Aug – Sun 19 Aug 2018	Page 55
Bayard Rustin Mon 20 Aug – Fri 28 Sep 2018	Page 56
Quakers and the ‘Votes for Women’ Campaign Fri 31 Aug – Sun 2 Sep 2018	Page 58
Let Me Tell You a Story... Mon 3 Sep – Thu 6 Sep 2018	Page 60
Transgress & Transcend Fri 7 Sep – Sun 9 Sep 2018	Page 61
How to be a Conscientious Objector Today Mon 24 Sep – Wed 26 Sep 2018	Page 67
Feminism, Quakers and Wonder Woman Fri 29 Sep – Sun 30 Sep 2018	Page 68
Forced Migration and Human Rights Mon 8 Oct – Wed 10 Oct 2018	Page 71
Facilitation & Leadership Fri 19 Oct – Sun 21 Oct 2018	Page 72
Quaker Women and Social Justice Mon 5 Nov – Sun 16 Dec 2018	Page 77
Restorative Justice Mon 5 Nov – Wed 7 Nov 2018	Page 78
Faith in Food Fri 9 Nov – Sun 11 Nov 2018	Page 80
Be the Change Fri 21 Dec – Sun 23 Dec 2018	Page 82

■ On-Line course





Travel directions

Woodbrooke is based in Selly Oak – around five miles south of Birmingham city centre. We encourage our visitors to travel by public transport where possible. **For satnavs use the postcode: B29 6LJ**

BY ROAD

Woodbrooke is accessible from the A38 Bristol Road.

If you are travelling south (from Birmingham city centre towards Longbridge): travel through Selly Oak, passing a Sainsbury's supermarket on your right. Continue straight ahead and when the road slopes downhill, carry on past Fircroft College on your left. Woodbrooke is on the left shortly afterwards.

If you are travelling north on the A38 (towards Birmingham city centre): after leaving Northfield, continue straight ahead. When you pass under a footbridge, look out for Woodbrooke 200 yards on the right, on the opposite side of the carriageway. Go further up the

hill and do a U-turn through the next gap (as signposted) to come back down the hill to the Woodbrooke entrance.

TO GET TO THE A38

From the M6 – take Junction 6 and head towards the M38 Aston Expressway which will turn into the A38 Bristol Road. Continue for around five miles.

From the M40 – join the M42, exiting the M42 at Junction 2. Take the A441 towards Birmingham (signposted Cadbury World). After six miles, turn left onto the A38 Bristol Road. Woodbrooke is on the left after Fircroft College.

From the M5 Junction 4 – take the A38 (travelling north) for approximately six miles.

BY BUS

You can catch a number 63 bus from Birmingham New Street station to Woodbrooke. The bus stop for the 63 is located near to Boots on St. Martins Queensway, Stop NS3. Once on the bus, ask the driver for the 'Witherford Way' stop. After passing through Selly Oak, you will pass Sainsbury's (on your right) and you will go past the Christian Life Centre (on your left). The Woodbrooke stop is the one after the stop at George Cadbury Hall. Get up to get off the bus as it begins to go down the hill. Buses accept the exact fare only so please have plenty of change with you.

10-15 minute walk from New Street from where you can travel by bus, taxi or train.

RAIL OR TAXI

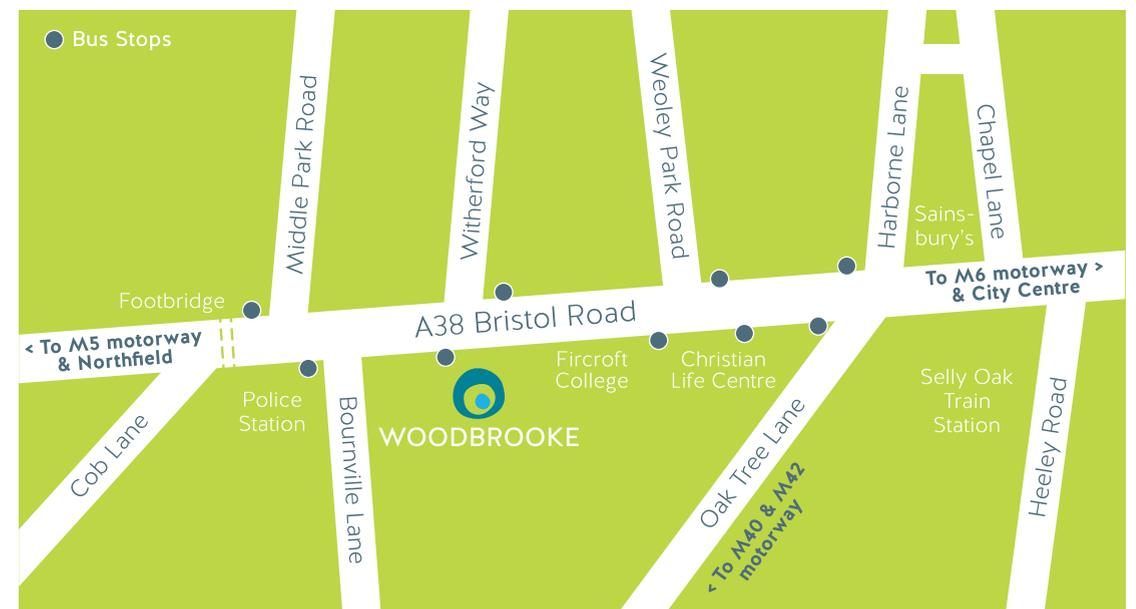
Trains arrive into Birmingham New Street, Moor Street and Snow Hill stations. From New Street Station you can catch a taxi. Ask a member of station staff to point you in the direction of the nearest taxi rank.

Local trains from New Street to Selly Oak take about 10 minutes. From Selly Oak station it is a short bus ride on the 63 or walking will take about 20-25 minutes. If you choose to travel onwards by taxi, you will need to pre-book one to travel from Selly Oak station.

Call TOA Taxis on 0121 427 8888 or request a taxi using your smartphone.

BY COACH

National Express coaches terminate at Digbeth Coach Station in Birmingham, a





Learning and Accessibility

At Woodbrooke we aim to provide inclusive, participatory learning that recognises and affirms the diverse gifts of all in the community. We all have needs in relation to our learning and our tutors work to ensure all are able to participate in ways suitable for them and the course. We are aware that some people may have particular requirements that need to be met in order to enable them to come to Woodbrooke and to participate in courses (e.g. being a wheelchair user and needing a ground floor bedroom or needing course material/handouts provided in a particular format).

We understand that the way that different needs impact on someone's life varies greatly between individuals. We especially understand that if the needs are well managed, asking further questions might feel intrusive. We ask for information about your requirements so we can work with you to ensure that the necessary provision is in place for you to participate as fully as possible in your chosen course. We are guided in this by equality legislation and by our Quaker commitment to equality. This information will be shared with relevant staff and course tutors. Sometimes it is helpful for staff or tutors to be able to contact participants to discuss their requirements and how these can best be supported.

If you have access or communications requirements, please let us know when booking or as soon as possible, preferably at least three weeks before your course. In our experience this gives us a better chance of meeting your requirements. We will try our best to meet all access and communications requests through reasonable adjustments and/or the provision of additional aids or equipment. Whether we can meet your needs will depend on the exact nature of your request, and we will work with you to find the best way of you being able to participate as fully as possible.

Woodbrooke has hearing loops, ramps, scooters, a wheelchair lift, stair lifts and specially-fitted bathrooms, toilets and bedrooms.

If you need to be accompanied by a carer for you or your child so you can participate in a course, Woodbrooke will provide the carer with free accommodation and meals for the duration of your stay.

Please contact us to discuss any specific requirements or if you would like further information.

How to book

Book online at: www.woodbrooke.org.uk/learn.

Fill in and return the booking form opposite, you can download further forms from www.woodbrooke.org.uk/booking.

Call us on 0121 472 5171.

HOW TO PAY

- If you wish to pay by credit or debit card we require a minimum payment of 20% of the course fee at the time of booking. The balance will be due by 7am, 21 days prior to the event, and will be automatically charged to your card at that point. We will credit your booking with any bursaries or discounts before this.
- If you are booking online you must pay in full at the time of booking.
- If you wish to pay by cheque, you must pay in full at the time of booking.
- If your meeting is paying please ask for an invoice to be sent to the treasurer when you book.

WHEN TO BOOK

Please book as soon as possible. We encourage early booking to maximise the chances of a course running. Unfortunately, we occasionally have to cancel courses. Decisions about the viability of a course are usually made three to four weeks before the start of a course.

COURSE START AND FINISH TIMES

Courses at Woodbrooke begin at 6.15pm, with an evening meal, and end with lunch on the last day unless there are different timings given in the individual course details.

CANCELLATION

If Woodbrooke cancels a course you are booked on you will receive a full refund. If you cancel your place on a course we offer refunds as follows:

Onsite Courses

- If you notify us of a cancellation by 7am on the 56th day (8 weeks) prior to the event, you will receive a full refund.
- If you notify us of a cancellation at any time between 7am on the 56th day (8 weeks) and 7am on the 21st

day (3 weeks) prior to the event, we will retain 20% and refund any remaining money paid.

- For any cancellations notified after 7am on the 21st day (3 weeks) prior to the event, no refunds will be issued.

Online Courses

- If you notify us of a cancellation before 7am on the 42nd day (6 weeks) prior to the event, you will receive a full refund.
- If you notify us of a cancellation at any time between 7am on the 42nd day (6 weeks) and 7am on the 7th day (1 week) prior to the event we will retain 20% and refund any remaining money.
- For any cancellations notified after 7am on the 7th day (1 week) prior to the event, no refunds will be issued.

Change of content or tutor: We make every effort to run courses as advertised. However, there may be occasions when we have to change course content and/or tutors. Woodbrooke reserves the right to make these changes. In such instances, no reductions or refunds are available and the normal Cancellation Policy applies.

Insurance: We recommend that you consider taking out cancellation insurance to provide cover in the event of having to have to cancel your booking due to unforeseen circumstances. Woodbrooke is not able to recommend an insurance provider.

Cooling off period: If you cancel your booking within fourteen days of receiving confirmation of your booking from us you are entitled to a full refund under consumer protection regulations.

Accommodation only bookings: You can cancel your booking up to 7am on the day of arrival without any charge. Cancellations made after this will incur a charge for the first night.

The information in this brochure is correct at the time of printing and may be subject to change. For the latest information and our full terms and conditions see www.woodbrooke.org.uk.

Booking form

Name of course(s) you'd like to attend:

Dates (from/to):

Please give details of any **extra nights** you would like to stay:

First name(s)

Last name

Name you like to be known by

Address

Postcode

Year of birth:

Tel. Day

Evening

Email address

You may contact me by

Post Email

We would like to send your course information by email rather than post. If you are unable to receive your course programme and course information via email please tick this box:

Tick here if you would like **travel directions**

Dietary requirements:

- Anything Vegetarian Veg/Fish
 Vegan Non-dairy Diabetic
 Gluten Free Low Fat

Intolerances/Allergies:

Are you associated with the Religious Society of Friends (Quakers?) Yes No

If yes, please state which meeting you attend/are a member of:

Is this your **first course** at Woodbrooke?

Yes No

Are you attending this course as part of your **EfM programme?** Yes No

How did you hear about this course?

If you have previously been on a course at Woodbrooke and have since changed your name or address, please let us have your previous name/address:

First Name(s)

Last name

Address

Postcode

Contact and consent: The information you have given us on this form will be used for the administration of this booking.

We would like to keep you informed about future Woodbrooke events and our wider work by e-mail and/or post. Please indicate that you consent to us doing this by ticking the box.

I wish to receive information about Woodbrooke's learning and other activities.

Access

Please list any access/communications requirements you have in relation to the building.

Please list any access/communications requirements you have in relation to the course.

Please see page 103 for our commitment to learning and accessibility.

Accommodation

Would you like a residential place? Yes No

Please tell us a little about your interest in the course for which you are booking:

Special offers and bursaries

We would like to make coming to Woodbrooke as accessible as possible. We encourage you to speak to us if you would like to discuss bursaries and special offers.

I would like to claim one of the following special offers:

- First-timers' £50 discount
- Young Friends' 50% discount

Bursaries / financial support

- Please let me know about financial support from Woodbrooke

For more details and to see the full terms and conditions, visit www.woodbrooke.org.uk/offers

Payment Details

All cheques payable to Woodbrooke

1. I've arranged for my meeting to pay for the course

- Full payment is enclosed
- Please send an invoice to the Treasurer

Treasurer's name

Treasurers email address

It is the participant's responsibility to ensure Woodbrooke gets payment before the course.

2. I am paying myself, 20% of the course fee is due at the time of booking.

- I am sending a cheque for the full amount.
- Please send me a link to pay on a secure website for the **full amount / 20%***. We will send you a link to pay on a secure website. By paying 20% using a debit/credit card, you authorise Woodbrooke to debit the 80% balance from the same card 21 days before the start of the course.

* Refundable subject to our cancellation policy

Please fill in the details below

Course fee £

Donation £

Total payment £

- I want to Gift Aid* my donation

Signature

Date

*If you have boosted your donation with Gift Aid via the booking form, please notify Woodbrooke if you (i) want to cancel this declaration (ii) change your name or home address (iii) no longer pay sufficient tax on your income and/or capital gains. If you pay income tax at the higher or additional rate and want to receive the additional tax due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue & Customs to adjust your tax code.

RETURN TO WOODBROOKE, 1046 BRISTOL ROAD BIRMINGHAM, B29 6LJ



Woodbrooke is many things to many people

Our Quaker-based learning nurtures, enthuses and informs; our inspiring venue in Birmingham offers space for meeting or just for staying.

Woodbrooke offers opportunities for learning:

- Through courses we run at our centre in Birmingham, and at other venues such as Swarthmoor Hall.
- Through our On-the-Road programme which brings our experienced tutors to you in your area.
- Via online courses and webinars.

Woodbrooke's centre in Selly Oak, a Grade II listed Georgian manor house with 70 bedrooms and 9 meeting rooms could be the perfect venue for your next meeting or conference and as a base to stay for visitors to Birmingham.



For more information about Woodbrooke visit our website: woodbrooke.org.uk

Woodbrooke, 1046 Bristol Road, Birmingham B29 6LJ

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Reg. Charity No. 313816

Find us on:    



For a large print copy of this brochure, please call 0121 472 5171