



WOODBROOKE
MEET • STAY • LEARN

LEARNING
JULY TO
DECEMBER 2019

LEARN

Woodbrooke Learning
July to December 2019





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Welcome to Learning with Woodbrooke

There is so much to choose from, that you may feel overwhelmed by choice. We hope this brochure gives signposting to help you to find the Woodbrooke learning that's right for you.



For a large print copy of this brochure, please call 0121 472 5171

Whatever learning path you choose we look forward to travelling with you.



A Unique Learning Experience

Founded in 1903 by George Cadbury and John Wilhelm Rowntree as a centre for Quaker learning, Woodbrooke continues to support the learning and growth of thousands of people and equip them to play their part in their communities and the world.

INSPIRED LEARNING

Our learning programmes seek to support, inform and transform individuals and communities. We aim to nurture spiritual development, strengthen communities and enable and encourage work for a peaceful and just world.

TIME AND SPACE

One of Woodbrooke's founders John Wilhelm Rowntree wrote that "In the noisy rush of modern life we need periods of quiet when the soul may feed in peace on that which shall nourish it for action". The tranquil setting of Woodbrooke's centre in Birmingham, still offers this time and space and our learning is a collaborative process, creating spaces where the spirit can work among us.

OPEN TO ALL

Woodbrooke learning, whether held at our centre in Birmingham, at other locations around Britain and beyond, or online, is open to all who are interested. We aim to provide inclusive learning and affirm the gifts of all, offering stimulating resources, expertise and safe spaces to enable engagement with challenging ideas.

VARIETY & FLEXIBILITY

We offer a broad range of courses which enable the deepening of individual spiritual lives, exploration of issues such as understanding Quaker faith, practices and history, as well as working for peace and justice. Our online programmes (see p 16-17) and workshops for Quaker communities (see p 18-19) offer flexible learning opportunities wherever you are.

'I found epilogue very grounding and valuable.
The support of the group was much more
significant than I expected.'

**AN 'A FRIENDLY INTRODUCTION TO MEMBERSHIP'
PARTICIPANT**

'Found it all both enjoyable and rewarding.'

AN 'EXPLORING OVERSIGHT' PARTICIPANT

'The course was participatory, very
effectively led, with useful input from all.'

AN 'EXPLORING ELDERSHIP' PARTICIPANT

'I always leave here with a sense of peace,
but also 'stirring' – so much to
think about and process'

AN 'ANSWERING THAT OF GOD' PARTICIPANT



What is included?

The price listed in the brochure includes the following:

- The course including all materials and handouts
- En suite single accommodation*
- Freshly cooked meals**
- Access to all of Woodbrooke's facilities from arrival to departure.

* We have a small number of rooms with a shared bathroom. If you would specifically like one of these rooms please state this at the time of booking. We cannot guarantee availability of rooms. There will be a discount of 10% applied to the price of a residential course for standard room occupancy. If you have any questions relating to this please contact us first before making a booking. We also have a number of twin and double rooms available; if you are coming with someone else and would like to share please let us know at the time of booking.

** A non-residential place includes lunch and evening meal.

‘The facilitators were exceptionally good and enabled a deep sense of safety so that participants could express themselves freely. Their knowledge was very deep.’

AN ‘EXPLORING ELDERSHIP’ PARTICIPANT.

‘Peace, joy, love and beauty.’

A ‘DANCES OF UNIVERSAL PEACE’ PARTICIPANT

‘I have been stimulated to think fresh thoughts and have benefited from other’s experience.’

A ‘THE CHANGING SHAPE OF ELDERSHIP AND OVERSIGHT’ PARTICIPANT

‘It was wonderful having a time when there was no expectation of what I should be doing and when it was OK to do absolutely nothing’

A ‘TIME SET ASIDE’ PARTICIPANT

Financial support

We want to enable everyone who would like to participate in Woodbrooke learning to be able to do so whatever their financial circumstances.



DO YOU NEED FINANCIAL SUPPORT?

Woodbrooke’s bursary fund is available for anyone who needs help with the cost of a course whatever the amount. If a bursary would help you to join a Woodbrooke course then please get in touch. We can also help with a payment plan so you can spread the cost over a period of time.

WOULD YOU LIKE TO TRY WOODBROOKE LEARNING FOR THE FIRST TIME?

If you have never been to Woodbrooke before and are tempted to take the plunge then you can take advantage of a £50 discount on your first course. This offer is for courses at Woodbrooke only and terms and conditions apply. To claim this discount enter the code INTRO50 at the checkout stage when booking online or tick the box on a paper form.

ARE YOU AGED BETWEEN 18 AND 35?

If you are aged between 18 and 35 you can book any short course for half the listed price. Enter the code YA19 at the checkout stage when booking online or tick the relevant box on the booking form at the back of this brochure.

For more information about ways we can help please contact our reservations team on 0121 472 5171 or see www.woodbrooke.org.uk/offers.



Would you like to stay on after your course?



If your course finishes on a Sunday you can stay on and enjoy Woodbrooke for a little longer.

Take advantage of our 'Sunday night special' which offers Sunday evening supper, bed and breakfast for £45.

Simply quote SNS19 when booking your course.



Woodbrooke also offers:



ACCOMMODATION

Set within 10 acres of beautiful, organically managed gardens and woodland Woodbrooke is the perfect place to stay. Experience our warm, welcoming atmosphere, enjoy excellent home-cooked food, relax in our tranquil grounds and explore our Quaker library.

Our bed and breakfast packages start from just £50.00 per person and we also offer a range of room and board types to choose from. Visit woodbrooke.org.uk/stay or call 0121 472 5171 to check availability and book.

MEETINGS AND EVENTS

Located a short distance from Birmingham city centre Woodbrooke is the perfect venue for your next meeting, conference or event. With nine bright, airy meeting rooms holding up to 100 people, you will leave feeling refreshed and inspired. Our packages offer exceptional value for money and include complimentary Wi-Fi, freshly prepared meals and handmade cakes and cookies. Our friendly attentive staff will ensure that your event runs smoothly from start to finish.

Our meeting packages start from just £36.00 per person. Please contact our reservations team on 0121 472 5171 or email enquiries@woodbrooke.org.uk to discuss your requirements in more detail.

Online learning with Woodbrooke



It doesn't matter where in the world you are, you can learn with Woodbrooke. We offer a range of outstanding online learning opportunities which give the chance to deepen your connection to the spirit, discover more about the Quaker tradition, explore contemporary issues and learn about Quaker roles.

Woodbrooke's online programme offers:

- Flexible learning - do it in your own time
- Engaging video, audio and written material
- Forums to share reflections with others and ask questions
- Live Q&A
- Input, facilitation and support from experienced tutors

The times, ways of accessing material and time commitment for online courses vary. Full details are on the individual course listings on the website and where known in the brochure.

Online learning courses for 2019

BIBLE STUDY FOR QUAKERS

8 July - 18 August
See page 45 for full details

MULTIPLE RELIGIOUS BELONGING

12 August - 22 September
See page 46 for full details

BEING A QUAKER CLERK: AN ONLINE COURSE

2 September - 13 October
See page 62 for full details

ELDERSHIP AND OVERSIGHT

2 September - 13 October
See page 63 for full details

EUROPEAN QUAKER VOICES

16 September - 27 October
See page 40 for full details

INTRODUCTION TO PEACE EDUCATION

18 September - 29 October
See page 34 for full details

A TASTE OF LIFE WRITING FOR TRANSFORMATION

23 September - 3 November
See page 41 for full details

EXPLAINING QUAKER THEOLOGY

3 October - 7 November
See page 49 for full details

BEING A QUAKER TRUSTEE

7 October - 17 November
See page 63 for full details

INHIBITED BY CHRIST: THE THEOLOGY AND SPIRITUALITY OF JAMES NAYLER

8 October - 12 November
See page 50 for full details

SEEKING SANCTUARY AND STILLNESS

22 October
See page 41 for full details

QUAKER NOMINATIONS

1 November - 16 December
See page 65 for full details

SPEAKING THAT OF GOD: BUILDING A QUAKER WEB PRESENCE

4 November - 15 December
See page 65 for full details

THE BIRTH OF LIBERAL QUAKERISM

4 November - 1 December
See page 51 for full details

A FRIENDLY INTRODUCTION TO MEMBERSHIP

18 November - 15 December
See page 60 for full details

SEEKING SANCTUARY AND STILLNESS

19 November
See page 42 for full details

Bringing Woodbrooke learning to you



Our **Woodbrooke-on-the-Road** programme brings learning direct to you and your Quaker community.

Our workshops provide your meeting or group with a well-structured day of learning and sharing to help you to nurture your spiritual life, build community, discover Quaker history and spirituality and explore how we can live out our faith in the world.

We can also provide input and facilitation for longer events, such as meeting away weekends and, offer workshops for Quaker meetings and communities throughout Europe.

See the page opposite for a taste of what we offer, or contact us to talk about how we can meet your needs.

For a full listing and details of how to book visit www.woodbrooke.org.uk/wotr

“Engaging, enthusiastic facilitation... a good balance between formal input and sharing discussion”

“Thank you for grasping the situation in our meeting and taking us towards positive ideas and action”

EXPLORING QUAKER SPIRITUALITY

What is Quaker spirituality all about and how does it speak to us today? What does it mean to ‘wait in the Light’ or ‘answer that of God’ in everyone? In our day together we will explore central elements of Quaker spirituality, including: silence, worship and vocal ministry; experiencing all of life as sacred; the inward teacher; the contemplative and the prophetic; queries and uncertainty; discipline, discernment and leadings.

Tutor: Stuart Masters

MEETING FOR WORSHIP FOR BUSINESS

What is going on in a Quaker business meeting? Why do we do what we do? What is the spiritual underpinning? The whole meeting can benefit from our practical activities, participatory learning and individual reflection.

WHAT CAN WE DO WITH WHAT WE’VE GOT?

Do you find it hard to fulfil all your responsibilities as a meeting? Are you looking to reinvigorate your life as a spiritual community? Are you thriving as a meeting but looking to share your Quaker experience or engage in the world? This day is an opportunity for meetings to reflect on their practical and spiritual resources; consider what their ministry might be; think through different possibilities; explore what new expressions of Quaker community might be possible for you as a meeting and discover creative solutions through a supportive facilitative process.

Tutor: Simon Best, Mark Russ & others.

JESUS: A QUAKER APPROACH

We will look together at aspects of Jesus’ life and teaching that resonate for Friends. We will touch too on the challenges that come when we give attention to the continuing impact of his life and death.

Tutor: Timothy Ashworth

EXPLORING THE EARLY QUAKER VISION

In our day together we will explore the founding vision of the Quaker movement and consider how early Friends lived a contemplative, charismatic and prophetic faith that very nearly turned the world upside down. How did this vision shape the Quaker commitment to spiritual equality, peace and building the kingdom of heaven on earth? In what ways does this vision help us to understand Quaker global diversity today?

Tutor: Stuart Masters

LET YOUR LIFE PREACH

Are we challenging the injustices in the world? In worship are we hearing the cries of the world and are we responding to the call to act? Together we will explore the roots of our tradition to see how this helps us today. In our communities we can find ways to challenge, to test and to work together to build the kingdom of heaven on earth. This may be challenging, this may be uncomfortable, but we can work together with love and tenderness. Friends, it’s time to ask ourselves, if we were accused of being Quakers, would there be enough evidence to convict us?

Tutor: Maud Grainger



Experience Swarthmoor Hall

Join Woodbrooke tutors at Swarthmoor Hall for the chance to explore the Quaker way of the past and the present.

Woodbrooke is working in partnership with Britain Yearly Meeting to offer opportunities to nurture your spirit, explore the roots of Quakerism and deepen your understanding of Quaker practices in the unique setting of Swarthmoor Hall.

Situated in the Lake District, Swarthmoor Hall is the 'hidden gem of Furness' and was the home of Judge Thomas Fell and Margaret Fell. Today its historic building and beautiful gardens are open to visitors with B&B accommodation, a café and shop on site as well as a variety of courses, retreats and pilgrimages on offer.

For courses running in 2019 see opposite. To find out more about Swarthmoor Hall and see a full list of upcoming courses visit www.woodbrooke.org.uk/swarthmoorhall. To book visit www.swarthmoorhall.co.uk or call 01229 583204.

DEVELOPING A PRACTICE OF CHRISTIAN MEDITATION

13-15 September 2019

An introduction to an ancient Christian way of prayer beyond words. The emphasis will be on practising meditation together and beginning to understand its rationale, its effect on our daily lives, our understanding of ourselves, of each other and of God.

Tutor: Liz Watson.

See Page 39 for full details.

MOTHERS OF ISRAEL: EXPLORING THE WRITING OF EARLY QUAKER WOMEN

27-29 September 2019

The early Quaker movement was unusual in its time for the freedom it afforded women to be preachers, prophets and writers. This course will enable you to explore the lives, and writings of a number of important seventeenth century Quaker women.

Tutor: Stuart Masters.

See Page 48 for full details.

QUAKER NOMINATIONS

18-20 October 2019

This event is for members of Quaker nominations committees. Friends can expect a renewed insight into the potential of nominations to strengthen meetings and enable them to flourish.

Tutors: Members of Woodbrooke's Nominations tutor team.

See Page 64 for full details.



Bring your meeting to Woodbrooke

Would your meeting benefit from time together in a beautiful setting with the opportunity for learning and fellowship?

We can tailor a package to meet the needs of your meeting – please contact us for more information and to discuss your requirements. Call us on 0121 472 5171 or email enquiries@woodbrooke.org.uk

Package includes:

- Full board en suite accommodation (if residential)
- Meals and refreshments
- Teaching sessions and all materials
- A meeting room for the exclusive use of your group
- Access to Woodbrooke's garden, library and other facilities for your whole stay

“The quality of teaching & facilitation, the physical space of the house and the beautiful garden felt very helpful in facilitating the explorations of myself and my meeting.”

MEMBER OF A LOCAL MEETING, MARCH 2018



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■ Online ■ Regional ■ Swarthmoor Hall



LEARNING
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COURSE
LISTINGS

Engagement in the World

Exploring and understanding Quaker testimony, and its various expressions amongst Friends, reflecting on how we can live out our faith in today's world and supporting Quaker witness and activism. We also offer learning on a wide range of themes that reflect current Quaker concern and witness.

FRI 19 JUL - SUN 21 JUL

FINDING MEANING IN THE MARGINS

14 places | £165 residential | £95 non-residential

This course will explore the transformational role of the margins in nature, in the lives of social and spiritual reformers and - crucially - in our own lives. Often, what we or society excludes from the centre contains the seeds of new life, potentially enabling us and our communities to become whole. We will look at ways of integrating the margins, helping to bring about renewal and healing of ourselves and the world in which we live. The weekend will use nature, music, poetry, writings and our own experience to explore this fascinating topic.

Tutors: Chris Bemrose and Mike Mullins

REGIONAL EVENT

SAT 20 JUL

PROTEST SONGS

40 places | £20

This one day workshop is being held at **Watford Quaker Meeting House** (www.watfordquakers.org.uk WD17 4QB) from 11am to 4pm.

Singing can bring joy and lift up our hearts. This one day workshop is for anyone who wishes to learn songs that sing out against injustice and to sing words of hope for a changed world. Come and spend a day learning songs of protest in the company of other singers, passionate for a just and compassionate society. Please bring a packed lunch, drinks will be provided.

Tutors: Mark Russ and Maud Grainger



MON 29 JUL - WED 31 JUL

QUAKER FEMINISM? EXPLORING THE CONTRIBUTIONS OF EARLY QUAKER FEMINISTS TO WOMEN'S RIGHTS

10 places
£165 residential | £95 non-residential

This course will explore the disproportionate role that early Quaker feminists made to the advancement of women's rights. Women such as Alice Paul, Lucretia Mott, Susan Anthony, Angelina Grimke, Abby Foster, and Elizabeth Stanton were key figures in the first wave of feminism and the suffragette movement. Unfortunately, today they are not household names and their contributions are often forgotten or not even known about. We will discuss and celebrate their achievements, while also looking at what role spirituality played in their activism and ideas about gender equality. We will also debate how feminism developed within global Quakerism both historically and today.

Tutor: Kathryn Lum

FRI 30 AUG - SUN 1 SEP

BEYOND THE SPIRIT OF THE AGE: THE 1996 SWARTHMORE LECTURE REVISITED - AND REVISITED?

15 places | £165 residential | £95 non-residential

How much has changed in the two decades since Jonathan Dale gave his prophetic Swarthmore Lecture challenging Friends to renew their social testimony? Does that challenge need updating for our time? During our time together we will reflect on how our faith asks us to engage with a society that remains both economically and politically polarised. To what extent do our lifestyles of comfort and convenience accommodate us to this world, and how might we become agents of change? Join us as we listen and learn from one another.

Tutors: Jonathan Dale and Martin Layton

MON 2 SEP - FRI 6 SEP

VOICES OF THE EARTH

16 places | £385 residential | £245 non-residential

This popular course uses the rich resources of Woodbrooke's art room and extensive gardens to explore creatively our relationships with the world we inhabit. With new directions offered by the tutors each year, we will engage hands-on with poetry and a range of media and art forms, familiar and unfamiliar. Working both individually and collaboratively to recharge our ways of seeing and sensing, we will discover fresh perspectives on the world in its variety and of our place within it.

Tutors: Zélie Gross and Philip Gross



WED 18 SEP - TUE 29 OCT

INTRODUCTION TO PEACE EDUCATION

20 places | £36



Woodbrooke and Quaker Peace and Social Witness working in partnership.

This introduction to the theory and practice of peace education draws upon the experience of Quaker Peace and Social Witness to explore how we can support the development of children’s inner peace, help children to understand conflict and their relationship with it, and engage children with wider peace issues, from the ethics of armed drones to conscientious objection and human rights. We will endeavour to establish a supportive learning community and encourage reflective practice and peer learning and assessment.

This course involves a time commitment of approximately two to three hours per week.

Tutors: Ellis Brooks and Isabel Cartwright

REGIONAL EVENT

THU 19 SEP

STEPS TOWARDS A LOW CARBON MEETING HOUSE

20 places | £20

Woodbrooke and Quakers in Britain working in partnership.

This one day workshop is being held at Central Manchester Quaker Meeting House (www.meetinghousemanchester.co.uk M2 5NS) from 11am to 4pm

Join Huw Davies, Property Support Manager for Quakers in Britain and Maud Grainger from Woodbrooke as we take you through the changes we can make to our buildings as we continue to take steps towards a low carbon future. The day will include practical tips from simple actions through to the more radical and longer term options. This day is open to all, you do not need to have any experience in the running of your Meeting House. Come and equip yourselves and play your part in the corporate commitment of Quakers to become a low carbon community.

Tutors: Huw Davies and Maud Grainger



FRI 27 SEP - SUN 29 SEP

ENVISIONING A WORLD THAT IS OPEN TO ALL: LET US SEE WHAT LOVE CAN DO

60 places | £165 residential | £95 non-residential

Jointly organised by Quaker Asylum Refugee Network, Quaker Peace and Social Witness, Quaker United Nations Office and Quaker Council for European Affairs and Woodbrooke.

A weekend conference learning about asylum and migration, hearing from those who have felt its impact, and working together to create the change that we need.

Speakers, workshops, performances and panel discussions will explore the following themes:

- The interplay between race, privilege and migration – how does it work, what can we do?
- Language and the media: challenging and changing the language of migration
- Migration and the arts: how migration enriches our communities and how the arts can bring about change
- The UN Global Compact for Safe, Orderly and Regular Migration.

FRI 20 SEP - SUN 22 SEP

TOWARDS FORGIVENESS

14 places | £165 residential | £95 non-residential

Our lives as individuals and communities are often damaged by unresolved conflicts, injury and hurts. How can we deal with painful events and move towards understanding, forgiveness and reconciliation? How do we help ourselves and others heal and move on? Drawing on their experience, the tutors will help you deepen your understanding of the process of forgiveness, reconciliation and healing and help you to become a source of strength within your community. This course will not address individual therapeutic needs.

Tutors: Marian Liebmann and Roger Cullen

Experience of the Spirit

We offer a variety of courses and retreats to nurture, support and challenge individuals in their spiritual lives and to enable people to explore and understand a variety of personal and corporate spiritual practices, including the expression of spirituality through the creative arts.

TUE 2 JUL - THU 4 JUL

SPEAKING OF UNSPEAKABLE THINGS: GIVING LANGUAGE TO THE SPIRITUAL LANDSCAPE

12 places | £165 residential | £95 non-residential

Amongst Friends there is a tradition of attempting to describe in writing what goes on in our spiritual lives, in our engagement with Spirit, and the consequences of these activities in our daily lives. Grounded in worship, we will savor Quakerly writings in this tradition through personal narratives, fiction, poetry, song and film. In addition to exploring these forms, participants can expect to spend time in solitary reflective writing, and sharing in pairs and small groups.

Tutors: Deborah Shaw and Ben Pink
Dandelion (Elder)

MON 15 JUL - FRI 19 JUL

AWAKENING OF THE SACRED FEMININE

13 places | £385 residential | £245 non-residential

This experiential retreat will create space for the flowering and expression of your own Sacred Feminine. Join us for exploration and discovery through Thea-logy, the Divine Feminine in different spiritual traditions (including Christian), the four elements, ceremony, stories, art, songs, poetry and the Britannia Goddess Wheel. We will also explore Goddess as archetype and as lived reality and embodiment in the 21st century.

Tutors: Lynne Sedgemore and Gill Pennington

SUN 21 JUL - THU 25 JUL

MOSAICS MY WAY!

10 places | £355 residential | £250 non-residential

There is beauty in the process of mosaic making. You jig-saw fragments to describe your story, which may include items of personal significance. Within the process of play, we discover a stillness in making. No previous mosaic experience necessary. All equipment and materials provided. During the course you will learn essential skills: cut shapes with tile nippers, score snappers, create with crockery, use a variety of adhesives, translate your ideas into mosaic and learn how to grout.

Tutor: Caroline Jariwala



MON 5 AUG - WED 7 AUG

PATHS TO THE GRAIL: RESTORING THE COURTS OF JOY

14 places | £245 residential | £170 non-residential

The Grail is a quest for all living beings. This medieval myth has familiar resonances with our own times: a wasteland of rapine, wars, exploitation, and the urgency to restore peace and joy. Our study of the unique Elucidation text helps us experience the regenerative Grail as a gift in which all participate. Through discussion, meditation, prayer, and simple ceremony, we will walk its paths, discovering timeless ways to embody its wisdom, enabling its healing to irrigate our world.

Tutors: Caitlin Matthews

FRI 2 AUG - SUN 4 AUG

DRAWING A LABYRINTH

12 places | £245 residential | £170 non-residential

Labyrinths are creative resources for spiritual practice, and offer space for prayer, play and discovery. Starting with paper and pencil, we'll create labyrinth patterns from around the world, from simple to more complex designs. We'll make labyrinths small enough for postcards - and big enough to walk, using natural and temporary materials. By the end of the course, everyone will know how to create a temporary labyrinth indoors or outdoors.

Tutors: Jan Sellers

FRI 9 AUG - SUN 11 AUG

DANCE FOR JOY

12 places | £245 residential | £170 non-residential

If you enjoy dancing and music from all around the world, then this is the weekend for you. We will dance to a wide variety of music and in different styles, some lively, some more meditative. Circle dance enhances our sense of community, of wholeness and of harmony, drawing as it does on the diverse heritage of traditional cultures and a range of musical genres. Experienced and less experienced dancers are all welcome.

Tutor: Sandie Wade



FRI 16 AUG - SUN 18 AUG

CENTERING PRAYER AND CHRISTIAN MEDITATION

12 places | £245 residential | £170 non-residential

'Centering Prayer is a method of silent prayer that prepares us to receive the gift of contemplative prayer, in which we experience God's presence within us, closer than breathing, closer than thinking, closer than consciousness itself.' These words of Thomas Keating give a sense of our exploration this weekend. This introduction to Centering Prayer and Christian Meditation will include meditation sessions, teaching on meditation and its effects and help with taking forward a discipline of meditation into the future.

Tutor: Richard Eddleston

FRI 9 AUG - MON 12 AUG

JUNG AND PERSONA/ PERSONAE

12 places | £315 residential | £210 non-residential

This course takes a new look at the persona in the light of Jung the person and his work. The idea of the persona as a mask/masks is central. While for Jung, persona did not contain archetypal dimensions, a consideration of mask work in theatre can lead to a different perspective on the use of mask creatively. Through input, experiential work and a masque enactment, the persona will be considered both in theory and in lived experience.

Tutor: Angela Cotter

MON 19 AUG - WED 21 AUG

THE WONDER OF SEED: THE WHOLE WORLD IN YOUR HAND

12 places

£245 residential | £170 non-residential

An oak tree inside an acorn, a conker on a string, the wheat grains that makes our bread – seeds will provide beauty, wonder and inspiration to stimulate creative ideas and writing. We will also draw on the rich meanings and resonances of seeds by dipping into myths, our imaginations and memories, finding how the seed offers a way of thinking and speaking about our deep selves and inner growth.

Tutor: Rebecca Hubbard

FRI 30 AUG - SUN 1 SEP

THE SPACE BETWEEN US

18 places | £295 residential | £225 non-residential

How can we evolve our co-creative capacities so that we make all groups we are a part of inclusive, dynamic and innovative? This course will give people who want direct experience of new models of co-creating practice that elevate presence, fun and collaboration in groups. We will practice methods that take us beyond the individual and use the whole self, body, mind and heart. These new ways of observation, sensing, sharing and creating, deepen awareness of the space between us, otherwise called the we-space or social body.

Tutor: Angela Halvorsen Bogo

FRI 6 SEP - SUN 8 SEPT

EXPERIMENT WITH JOY

10 places | £245 residential | £170 non-residential

Christianity exhorts us to rejoice and give thanks. It's quite hard to do in the face of our many world challenges. We'll come together in an experimental spirit to enquire together as to what might support us in the practice of joy. We'll include singing/sounding, giving thanks, praying for each other.

Tutors: Susan Groves and Enid Peel

AT SWARTHMOOR HALL

FRI 13 SEP - SUN 15 SEP

DEVELOPING A PRACTICE OF CHRISTIAN MEDITATION

12 places

£245 residential | £170 non-residential

An introduction to an ancient Christian way of prayer beyond words, as taught in our time by Benedictine monks John Main (1926-82) and Laurence Freeman (1951-). The emphasis will be on practising meditation together and beginning to understand its rationale, its effect on our daily lives, our understanding of ourselves, of each other and of God.

Tutor: Liz Watson

MON 16 SEP - WED 18 SEP

CREATIVITY AND MINISTRY

12 places | £165 residential | £95 non-residential

Our creativity meets the world in many different ways, but often we are too shy to use it fully. We will use the playful creation of simple physical objects to help us free our natural urge to create and consider how our ministry can be enriched. We will be using a variety of craft and natural materials, individually and as a group. As we will be spending time in the garden, participants will need a moderate degree of mobility.

Tutors: Floe Shakespeare and Joanna Godfrey Wood

MON 16 SEP - SUN 27 OCT

EUROPEAN QUAKER VOICES

14 places | £25

Online course

This is a 6-week online retreat for European Quakers, using devotional and inspirational material by European Quakers. In addition to readings, there will be suggestions for activities and exercises appropriate to a retreat. Participants will share reflections and experiences with each other along the way. The retreat is thus an opportunity for individual and group spiritual development, as well as an opportunity to learn from the rich experience of European Friends.

This course involves a time commitment of approximately two to three hours per week.

Tutors: Julia Ryberg and Michael Eccles

SAT 21 SEP - SUN 22 SEP

A QUIET DAY WITH EXPERIMENT WITH LIGHT

8 places | £125 residential | £90 non-residential

This will run for 24 hours from lunch on day one to lunch on day two.

This day is suitable for those who are familiar with the Experiment with Light practice and those who are new to it. It will allow people to use the Experiment with Light practice in a retreat-like atmosphere. Participants will be given an introduction to the practice if needed. Experiment with Light will be practiced on the afternoon of the first day and the morning of the second day.

Tutors: Susie Tombs and Angie Dunhill

MON 23 SEP - WED 25 SEP

WALKING WITH A SMILE INTO THE DARK

16 places | £245 residential | £170 non-residential

But there is a deeper, an internal simplification of the whole of one's personality, stilled, tranquil, in childlike trust listening ever to Eternity's whisper, walking with a smile into the dark. Thomas Kelly

Accepting that there is much that we do not know and cannot control frees us to walk the path of faith. We will use this weekend to explore alone and together how we can let go of what blocks us and be more open to the guidance of the Spirit.

Tutors: Jennifer Kavanagh and Annique Seddon

TUE 22 OCT

SEEKING SANCTUARY AND STILLNESS

14 places | £15

Online course

A time set aside to enjoy spaciousness and quiet in your own home and join with others online to share a sense of connection. Different spiritual practices will be offered on each of the days, to help you to focus, and to settle into a place of deep peace and openness to all that is; the flowing vastness of presence. We will join together for silent worship and reflection during the day.

This course runs from 9:00 am - 4:30 pm. It requires you to be online for three 30 minute periods during the day.

Tutor: Gill Pennington



MON 23 SEP - SUN 3 NOV

A TASTE OF LIFE WRITING FOR TRANSFORMATION™

16 places | £54

Online course

This self-paced course introduces a process of writing for authentic, creative self-expression and personal development. A "no red pens" approach results in greater awareness, mindfulness and self-acceptance through a gentle stream of guided tools you can use just five minutes at a time. The course includes three multimedia modules and a workbook, based on the work of Joanne Klassen, creator of Life Writing for Transformation™. Each module introduces key concepts from the book followed by exercises, examples, a review and additional optional learning activities.

This course involves a time commitment of approximately two to three hours per week.

Tutor: Joanne Klassen and Eleanor Chornoboy

SUN 27 OCT - FRI 1 NOV

RESTING IN PRESENCE: AN INDIVIDUALLY GUIDED RETREAT

6 places | £245 - £545 residential

An opportunity for individual reflection and stillness. This will be a chance to pay attention to your inner wisdom, to become more aware of your true self, and perhaps to explore more deeply the role of Spirit in your life. You will meet each day with a personal spiritual guide who will help you to focus, reflect and discern. Woodbrooke's house and beautiful garden provides a place of nurture and an open Quaker welcome. You may come for a chosen length of time between two and five days starting on Sunday evening and finishing at 9am on your final day. These retreats are open to those of all faiths and none.

Tutor: Gill Pennington

WOODBROOKE LEARNING

FRI 1 NOV - SUN 3 NOV

SPIRITUAL SURRENDER: THE EGO STRIKES BACK

12 places | £165 residential | £95 non-residential

Isaac Penington wisely counsels us to 'give over thine own willing.' But old hurts and false beliefs - about ourselves or 'how things are' - may stop us experiencing spiritual surrender and connection. 'Notions' about God/Spirit, strong emotions (what Thích Nhất Hạnh calls 'afflictions') and personal attachments (which George Fox termed 'addictions') may block our spiritual growth. Creating safe containment for our explorations together, this is an opportunity to question old habits and set ways as we open ourselves to mystery.

Tutors: Alex Wildwood

TUE 19 NOV

SEEKING SANCTUARY AND STILLNESS

Online
course

14 places | £15

A time set aside to enjoy spaciousness and quiet in your own home and join with others online to share a sense of connection. Different spiritual practices will be offered on each of the days, to help you to focus, and to settle into a place of deep peace and openness to all that is; the flowing vastness of presence. We will join together for silent worship and reflection during the day.

This course runs from 9:00 am - 4:30 pm. It requires you to be online for three 30 minute periods during the day.

Tutor: Gill Pennington



MON 30 DEC - THU 2 JAN

DANCES OF UNIVERSAL PEACE

23 places | £315 residential | £210 non-residential

"Come into your heart", holding hands, honouring various religions / spiritual traditions, moving and chanting in a circle. Simple words and simple movements are taught, attuning to love, harmony and beauty: dancing inter-faith. A joyful and powerful experience of oneness, freeing the voice. We move, breathe and sing together, holding hands - like one organism, like a cell in the body, remembering being part of something much bigger than the small self. No singing or dancing experience is required.

Tutor: Ralph Nimmann

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build community and support witness in the world.

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Exploring the Quaker Tradition

Opportunities to discover and understand the faith and practice of Quakers from the 17th century to the present day. Exploring the history of Quakerism, its roots in the Christian tradition and the diversity of present-day Friends in Britain and around the world.

REGIONAL EVENT

SAT 6 JUL

PURE MOTIONS: THE SPIRITUAL JOURNEYS OF JOHN WOOLMAN

28 places | £20

This one day workshop is being held at Friargate Quaker Meeting House, York (<http://www.yorkquakers.org.uk/friargatehome.html> Y01 9RL) from 10am to 4pm

The spiritual life of John Woolman was inseparable from his travelling ministry. As he went, he felt the movement of the spirit, challenged injustice, and shared his understanding of God's love. During this day event held at York's Friargate Meeting House, we'll examine his life and works

and consider how his travels gave him new opportunities to encounter God and proclaim the Kingdom. Together we'll reflect on how our own journeys might become a spiritual discipline, both renewing and prophetic.

You can also join us at 9am on Sunday 7 July for an early-morning Prayer Walk before Meeting for Worship at 10.30am. For more information see www.woodbrooke.org.uk/pure-motions

Tutor: Martin Layton

MON 8 JUL - SUN 18 AUG

BIBLE STUDY FOR QUAKERS

16 places | £54



Do you find the Bible intimidating but intriguing? Do you want to engage your meeting in Bible study? This course will help you to find your way around the Bible and understand the distinctive Quaker approach to scripture. You will closely study several Biblical texts and reflect with others on your experience of the Bible. Each of the six units will be accompanied by a group study plan, supporting you in sharing your learning with your local Quaker community. Each unit contains video, audio and written materials to engage with, and forums to share reflections and ask questions. There will be a live online Q&A on Tuesday 30th July at 19.00 GMT+1. If you can't join this discussion live, it will be recorded for you to watch at your convenience.

This course involves a time commitment of approximately two to three hours per week.

Tutor: Mark Russ



MON 29 JUL - WED 31 JUL

ATTENTION: THE WAY IN WHICH WE RELATE TO THE WORLD

14 places | £245 residential | £170 non-residential

Our attention is a precious resource. It is essential in learning and love. Religious traditions appreciate its role in meditation and worship. At the same time, commercial and political interests get ever more skilled at attracting and holding it. This course will reflect on the nature and value of attention, its creative role and how we preserve and deepen it. Preparation will include an invitation to engage with carefully selected resources before our onsite dialogue enables us to sharpen our own thinking.

Tutors: Timothy Ashworth with Iain McGilchrist (by video link) and Dan Nixon



FRI 2 AUG - SUN 4 AUG

ENQUIRING INTO QUAKER DIVERSITY AND INCLUSION

12 places | £165 residential | £95 non-residential

This course will use the P4C (Philosophy for Children or Communities, www.sapere.org.uk) methodology which enables in-depth enquiry into matters of belief and ethics. This approach creates a positive environment for deep discussion and safe disagreement. Participants will be given the opportunity to have an in-depth discussion of the deeper meaning and implications of diversity and inclusion. The group will create their own questions to explore what diversity and inclusion mean in practice for Quakers.

This weekend is open those aged 13 and over. There will not be a separate young people's programme. Those aged under 18 must be accompanied by an adult and will be the responsibility of their accompanying adult(s) throughout the event.

Tutors: Rosie Carnall and Helen Griffin

MON 12 AUG - SUN 22 SEP

MULTIPLE RELIGIOUS BELONGING

16 places | £54

Online course

Quaker-Pagan. Anglican and Buddhist. Jewish and Christian (and interested in shamanism). Multiple religious identities are becoming more visible in the Western world as globalisation makes us more aware of the possibilities and religion is increasingly seen as something private which can be chosen at will. This course will explore what it is like to belong to more than one religious tradition, ask how and why people might set out on that path, and give space to reflect on the implications.

This course involves a time commitment of approximately two to three hours per week.

Tutor: Rhiannon Grant

FRI 16 AUG - SUN 18 AUG

TELLING OUR FAITH STORIES

15 places | £165 residential | £95 non-residential

Stories help to shape how we understand and interpret ourselves, our communities and our world. Faith stories in particular have power to influence how we live. In this course each participant will have an opportunity to tell their own faith story, and together we will look at the impact of our faith tradition and how its stories shape our own. Come prepared to talk freely and listen deeply.

Tutors: Janet Scott and Rhiannon Grant

FRI 16 AUG - SUN 18 AUG

JULIAN OF NORWICH: 'THERE WAS A TREASURE IN THE EARTH WHICH THE LORD LOVED.'

16 places | £245 residential | £170 non-residential

The writings of Julian of Norwich are complex and deep but their meanings are beautiful in their simplicity. We are the treasure. The course will aim to engage with Julian, the woman, her life and spirituality, offering the opportunity to explore her words through reflection, music and laughter. Discover how the message of her Revelations is as relevant for the world today as it was in the 14th Century. There will be times to be quiet, times to discuss and times to Simply Be.

Tutors: Pauline Lovelock

FRI 30 AUG - SUN 1 SEP

EXPLORING THE OLD TESTAMENT

10 places | £165 residential | £95 non-residential

Does the Old Testament puzzle, perplex or put you off? Come and discover some of its riches and beauty, as well as its agonised responses to suffering and violence. We will explore the contexts in which the Hebrew Bible was written, and then trace the different ways in which it has been interpreted in Jewish and Christian traditions. The tutor was recently commended by a local Quaker meeting for "profound insights with a lightness of touch". Anyone welcome - no prior knowledge required.

Tutor: Ann Conway-Jones

FRI 6 SEP - SUN 8 SEP

GENDER AND THE DIVINE: LEARNING FROM FEMINIST RELIGION

12 places | £245 residential | £170 non-residential

Judaism and Christianity both have strong traditions of using gendered language to describe God. This has often been masculine but, both historically and recently, there are also feminine examples. In this course we will explore ways in which feminist Christians and Jews have re-read Biblical texts, re-worked their traditions, and found resources to describe a Divine who is masculine, feminine, both, and neither. We will also take time to consider how this affects our own relationships with God.

Tutor: Rhiannon Grant

MON 9 SEP

DEPICTING RELIGIOUS CHARACTERS IN 19TH CENTURY FICTION

18 places | £50

A day conference organised jointly by the Centre for Research in Quaker Studies and Keele University on all aspects of religious characters in nineteenth-century fiction. The conference is open to all with an interest in the subject, including postgraduate students.

Tutors: James Peacock and Betty Hagglund

AT SWARTHMOOR HALL

FRI 27 SEP- SUN 29 SEP

**MOTHERS OF ISRAEL:
EXPLORING THE WRITING
OF EARLY QUAKER
WOMEN**

12 places
£245 residential | £170 non-residential

The early Quaker movement was unusual in its time for the freedom it afforded women to be preachers, prophets and writers. This course will enable you to explore the lives, and writings of a number of important seventeenth century Quaker women. This will include Margaret Fell, Martha Simmonds, Sarah Blackborow, Dorothy White and Elizabeth Bathurst. In our sessions we will get to know these women using short talks, the reading of texts and group discussion within a safe and friendly atmosphere.

Tutor: Stuart Masters



TUE 1 OCT - THU 3 OCT

QUAKER BOTANISTS

12 places | £285 residential | £190 non-residential

Would you like to find out more about three key botanists from the Quaker tapestry? Are you interested in gardens, plants and their history? By looking at the life and times of Peter Collinson, John Bartram and John Fothergill we will explore their plant introductions and gardens in the 18th century. We'll assess their legacy in gardens, parks and medicine today. You'll go away with a greater appreciation of the importance of these botanists in history and how they continue to inspire us today.

Tutor: Letta Jones

THU 3 OCT - THU 7 NOV

**EXPLAINING
QUAKER THEOLOGY**

30 places | £72



This course is an opportunity to engage with three theologians well known to Friends who have all published work that explores Quaker understandings for a wider audience. In Rex Ambler's book *The Quaker Way: a Rediscovery* (Winchester, UK/Washington, USA: Christian Alternative, 2013), he described his aim as to 'communicate as directly as I could what it means to be Quaker and to follow the Quaker way'. In *Testimony: Quakerism and Theological Ethics* (London: SCM Press, 2015), Rachel Muers attempts to show 'how Quaker ways of living and acting relate to theology, to ways of thinking and reasoning about God and all things in relation to God'. In *Boundless: the Early Christian Breakthrough* (awaiting publication), Timothy Ashworth explores aspects of the lives of Jesus and the earliest Christians in ways that reveal the closeness of early Christian experience to Quaker understandings of worship and discernment.

This course involves a time commitment of approximately three hours per week.

Tutors: Timothy Ashworth, Rex Ambler and Rachel Muers

SAT 19 OCT

**QUAKERS AND
DECISION-MAKING:
EXPLORING THE ISSUES**

20 places | £50

A one-day seminar on recent research about Quaker decision-making. You can choose to offer a short presentation (email rhiannon.grant@woodbrooke.org.uk if interested). We will hear from academic researchers and from reflective practitioners of Quaker decision-making. Topics may include Quaker business method and non-Quaker organisations, theories of leadership, theology, the role of silence. We will also consider how this material might feed into the revision of the book of discipline. This is not a "how to" - we assume familiarity with Quaker decision-making.

Tutors: Rachel Muers and Nic Burton



TUE 22 OCT - TUE 12 NOV

INHABITED BY CHRIST: THE THEOLOGY AND SPIRITUALITY OF JAMES NAYLER

30 places | £54

Online course

In this series of four purely online webinars running from 7.00pm to 9.00pm every Tuesday evening from 22 October to 12 November, we will focus on James Nayler, one of the most important leaders in the early Quaker movement. We will explore key dimensions of Nayler's theology and spirituality by paying close attention to his published works, written between 1653 and 1660. We will look at his understanding of salvation, his contribution to the shaping of the peace testimony and his emphasis on meekness and suffering as God's way of overcoming evil. We will also consider his prophetic messages to the wealthy and powerful that demonstrate his compassionate concern for the poor and oppressed.

The course will assume a basic level of prior knowledge of Quakerism and its history.

This online course is based on four live two hour webinars. Each webinar is recorded so you can follow the course using the recordings if you wish.

This course involves a time commitment of approximately two to three hours per week.

Tutor: Stuart Masters

FRI 25 OCT - SUN 27 OCT

PHILOSOPHY FOR QUAKERS

13 places | £165 residential | £95 non-residential

This course introduces the P4C (Philosophy for Children or Communities, www.sapere.org.uk) methodology which enables in-depth enquiry into matters of belief and ethics. This approach creates a positive environment for deep discussion and safe disagreement. Learning to use this form of philosophical enquiry will provide Quakers with the skills needed to facilitate dialogue about important issues in their own meeting community. During the weekend we will use Quaker faith & practice as a stimulus for our own community of enquiry.

Tutors: Helen Griffin and Rosie Carnall

MON 28 OCT - THU 31 OCT

STEPPING OUT OF BOUNDS: THE EARLY CHRISTIAN BREAKTHROUGH

13 places | £315 residential | £210 non-residential

At the heart of early Christianity is a breakthrough, an experience of expansion into new possibilities. In the New Testament this experience is described as a manifestation of the Spirit, God's creative power, operating in a new and unexpected way. People felt inspired, able to step out beyond the boundaries that had previously determined how they lived. This course explores both this breakthrough but also the conflict that had limited it even before the writing of the New Testament documents.

Tutor: Timothy Ashworth

FRI 22 NOV - SUN 24 NOV

'FAITH OF' OR 'FAITH IN' JESUS

14 places | £285 residential | £190 non-residential

For generations, people have been urged to 'have faith in Jesus', a phrase drawn from Paul the apostle. But his words can be translated in another way. It brings a substantial change in meaning if Paul is actually encouraging people to have 'the faith of Jesus'. This development of the past thirty years continues to attract scholarly interest. We shall primarily explore the scholarship but also address the consequences of looking at faith from this intriguingly different point of view.

Tutor: Timothy Ashworth



MON 4 NOV - SUN 1 DEC

THE BIRTH OF LIBERAL QUAKERISM IN BRITAIN

14 places | £36

Online course

In the 1880s, Quakers in Britain were a broadly evangelical movement. By the 1930s, they were firmly embedded within a liberal theology. How did this shift occur? This course will examine the key events, ideas, publications and personalities of this interesting period of Quaker history, helping us to better understand Quakerism today.

There will be a live online Q&A webinar on Tuesday 26th November at 7pm GMT. If you can't join this discussion live, it will be recorded for you to watch at your convenience.

This course involves a time commitment of approximately two to three hours per week.

Tutor: Mark Russ

FRI 29 NOV - SUN 1 DEC

EXPLORING QUAKER SPIRITUALITY

15 places | £165 residential | £95 non-residential

What is Quaker spirituality all about and how does it speak to us today? What is distinctive about the Quaker way? Using short talks, times of personal reflection, and group sharing, we will explore the central elements of Quaker spirituality. This will include the foundational experiences and understandings of early Friends; worship, silence and vocal ministry; personal spiritual practice; the discipline of discernment; and the connection between our inward spiritual experiences and our active lives in the world.

Tutor: Stuart Masters

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Interfaith

Exploring the beliefs and practices of all faiths and links between Quakers and other faiths to deepen our understanding, further dialogue and foster mutual enrichment.

SUN 25 AUG - FRI 30 AUG

MINDFULLY TOGETHER

45 places | £545 residential | £370 non-residential

For 13 years, Woodbrooke has hosted retreats drawing on the Zen Buddhist teaching of Thich Nhat Hanh. We will welcome back Sister Annabel Laity supported by members of the Community of Interbeing. Discover how mindfulness of the present moment can bring peace and happiness. While the practice is accessible and guidance will be offered to those with little or no experience, it is not without demand. You will enjoy times of silence, walking meditation in Woodbrooke's beautiful grounds and specially prepared vegetarian food.

Tutors: Sister Annabel Laity with Timothy Ashworth and Theresa Payne

FRI 1 NOV - SUN 3 NOV

CELEBRATING SAMHAIN - EXPLORING THE WHEEL OF THE YEAR

12 places | £245 residential | £170 non-residential

A gentle introduction to the Wheel of the Year, the annual cycle of eight solar festivals marking the earth's journey around the Sun. The names of its festivals, rooted in pagan tradition and adopted by Christianity, are familiar to us all - Imbolc became Candlemas, Ostara became Easter. We meet at Samhain, the moment of death in the Wheel. After death comes rebirth... Awareness of the Wheel can enrich and deepen our Quaker practice.

Tutors: Kevin Redpath and Tyna Redpath



FRI 6 DEC - SUN 8 DEC

NO SECTS PLEASE, WE'RE BRITISH: UNDERSTANDING DIVERSITY AMONGST BRITISH MUSLIMS

15 places | £245 residential | £170 non-residential

This course will go beyond a generic understanding of Islam to look at the internal diversity in the religion as well as issues of debate between denominations and groupings. It will focus on Shia and Sunni Muslim identities, but also touch on a wider set of different interpretations of Islam and sub-groups, bearing in mind the demographics of British Muslim communities. As well as traditional sects and movements, the course will also cover controversies that are emerging in modern British Muslim life.

Tutors: Dilwar Hussain and Timothy Ashworth

RESTING IN PRESENCE

Individually guided retreats for reflection and stillness

Pay attention to your inner wisdom, become more aware of your true self, and set aside time to focus, reflect and discern with help from a personal spiritual guide.

DISCOVER YOUR 'SELF' TODAY

For dates and availability please see our website

www.woodbrooke.org.uk/retreats

Nurturing Our Quaker Community

Deepening our understanding of what it means to be a Quaker today, as individuals, meetings and a wider Quaker community. Exploring faith, life practices and organisation of the contemporary Quaker community and supporting and nurturing Friends within that community.

The following two courses (**BEING A QUAKER PARENT** and **EXPLORING WORSHIP**) are linked and are both run as a working partnership between Woodbrooke and Quaker Life.

FRI 5 JUL - SUN 7 JUL

BEING A QUAKER PARENT

26 places
 £135 (adults) £65 (12-15 year olds)
 Free (0-4 year olds) residential
 £90 (adults) £45 (12-15 year olds)
 Free (0-4 year olds) non-residential

An opportunity for parents and carers to explore together some of the joys and challenges of being part of a Quaker meeting. We will share our experiences and reflect together on what being a Quaker and parent means to us and consider how we and our meetings can nourish and support each other. Accompanying children aged 5 to 11 will attend 'Exploring Worship' which runs simultaneously. A crèche will be available for children under 5, and a light-touch programme for 12 to 15 year olds.

Tutors: Alistair Fuller and Kathy Chandler

FRI 5 JUL - SUN 7 JUL

EXPLORING WORSHIP

20 places | £35 residential | £20 non-residential

This event is for children aged 5 to 11 years-old.

This weekend will explore and think about some big questions: What is God? Where is God? What is worship? What is a Quaker? We will spend time inside and outside, hearing stories and music, playing games, being still, getting creative with arts and crafts, and making worship places for ourselves. Children must be accompanied by an adult who will be responsible for them outside of programme time. Accompanying adults are welcome to book on 'Being a Quaker Parent' which runs simultaneously.

Tutors: Mel Cook and Quaker Life Children & Young People's work volunteers



FRI 30 AUG - SUN 1 SEP

EXPERIMENTAL WORSHIP

14 places | £165 residential | £95 non-residential

How many ways are there of doing Quaker worship? This course will ask how we can enrich and expand our worship in ways that are in keeping with the Quaker tradition. We will take risks with song, images and words, finding new ways to hear the voice of the Spirit in our midst. Participants will receive an electronic copy of Terry's book 'Consider The Rock' which will serve as a starting point for our reflections.

Tutors: Terry Hobday and Mark Russ

FRI 6 SEP - SUN 8 SEP

'TAKE TIME': RETREAT FOR MENTAL HEALTH CARERS

12 places | £165 residential | £95 non-residential

Supporting someone can be life changing, revelatory, exhausting and isolating. Look after your needs to enhance your caring. 'Take Time' is a weekend for people who care for someone who needs care because of their mental health problems. Come and meet other carers, enjoy quiet, share in optional activities, hear about rights and resources. The Retreat Benevolent Fund could give grants to those who cannot afford whatever respite care is needed by the person they support. Apply at: www.retreatyorkbfund.com.

Tutors: Alison Mitchell with a team of tutors and elders

FRI 16 AUG - SUN 18 AUG

EXPLORING SENSORY-BEING

14 places
 £245 residential | £170 non-residential

Sensory-being is a form of mindfulness designed for people with cognitive disabilities but accessible to all, in which an engagement with the present moment is encouraged through a calming sensory activity. On this course you will learn about the theory behind sensory-being, exploring and creating sensory-being activities for people you care for and for yourself. The course is relevant to those interested in creating more inclusive communities, as sensory-being allows more able and less able people to take part in an activity as equals.

Tutors: Joanna Grace and Katie Rose White

WOODBROOKE LEARNING

FRI 13 SEP - SUN 15 SEP

QUAKER FELLOWSHIP FOR AFTERLIFE STUDIES AND FRIENDS FELLOWSHIP OF HEALING CONFERENCE

40 places | £245 residential | £170 non-residential

Woodbrooke, QFAS and FFH working in partnership.

This joint conference of the Quaker Fellowship for Afterlife Studies (QFAS) and the Friends Fellowship of Healing (FFH) is open to all. For nearly twenty years QFAS has gathered and shared evidence of experiences beyond the body, which goes to the very heart of what it means to be human. FFH was founded in 1935 and is one of the largest interest groups within the Religious Society of Friends in Britain. The conference will explore spiritual and psychic experiences and evidence of healing of the mind and body. We will discuss how we can integrate these experiences into our daily lives, helping us to grow stronger in faith and love.

Tutors: Members of QFAS, FFH and visiting speakers



FRI 18 OCT - SUN 20 OCT

FACILITATION AND LEADERSHIP: FOR 16-21 YEAR OLDS

22 places | £100 residential

Woodbrooke and Quaker Life working in partnership.

This is a great opportunity for young Quakers who want to facilitate activities for other young Quakers. You'll have the chance to try out practical skills as well as learn about groups and being a facilitator.

We will look at how to build community in groups we are part of and how to reflect Quaker beliefs, values and practices in our facilitation. The event is open to people new to facilitation and those with previous experience.

Bookings should be made via Quaker Life, more information can be found here: www.yqspace.org.uk/facilitation-and-leadership-2019

Tutors: Cat Waithaka, Simon Best and Members of CYP volunteer team

NURTURING OUR QUAKER COMMUNITY

FRI 1 NOV - SUN 3 NOV

ALL ARE WELCOME: GROWING OUR ALL-AGE QUAKER COMMUNITIES

30 places

£165 (adults) £100 (16-18 year olds),
£65 (12-15 year olds), £35 (5-11 year olds)
Free (0-5 year olds) residential
£95 (adults), £65 (16-18 year olds),
£45 (12-15 year olds), £25 (5-11 year olds)
Free (0-5 year olds) non-residential

Woodbrooke and Quaker Life working in partnership.

This engaging and interactive weekend is an opportunity to explore how Friends and meetings can reach out to families, connect with each other and enrich our all-age worshipping community. It is ideal for anyone wanting to make change happen and help build inclusive and welcoming communities, especially for Friends with responsibility for eldership and oversight.

This weekend is open to all ages and we will practice building an all-age community. There will not be a separate children's programme. Children and young people will be the responsibility of their accompanying adult(s) throughout the event.

Tutors: Mel Cook, Alistair Fuller and Helen Chambers

FRI 8 NOV - SUN 10 NOV

WHY HAVE A BOOK OF DISCIPLINE?

60 places

£245 (adults) £100 (15-18 year olds) residential
£170 (adults), £70 (15-18 year olds) non-residential

Woodbrooke and the Book of Discipline Revision Committee working in partnership.

How does a shared discipline enable and empower us as Quakers? How does it challenge us? Britain Yearly Meeting is at the beginning of the once-in-a-generation process of revising our Book of Discipline and a committee has been appointed to undertake the task. This weekend will be an opportunity for representatives from Area Meetings and other interested Friends to join with members of the Revision Committee to explore the continuing importance of having a Book of Discipline and consider what we want it do for us in the future.

This weekend is open those aged 15 and over. There will not be a separate young people's programme. Those aged under 18 must be accompanied by an adult and will be the responsibility of their accompanying adult(s) throughout the event.

Facilitated by the Book of Discipline Revision Committee and Woodbrooke Staff

FRI 15 NOV - SUN 17 NOV

A FRIENDLY INTRODUCTION TO DISCERNMENT

14 places | £165 residential | £95 non-residential

When Friends say they are 'led' to do things, or they are 'seeking God's guidance' in a decision, what do they mean? How do Friends make well-grounded personal and group decisions? This course will introduce you to different tools used for personal and corporate discernment, and will explore the interplay between individual and community in the Quaker process of testing leadings. We will apply some practices to real issues in order to gain familiarity with them.

Tutors: Linda Craig and Caro Kelly

FRI 15 NOV - SUN 17 NOV

HANDLING CONFLICT IN OUR MEETINGS

14 places | £245 residential | £170 non-residential

While handling difficult situations is challenging and can be deeply painful, it can also be the means for growth and development. We will explore a variety of ways for managing conflicts and difficulties that arise in meetings, including processes for restoring harmony, using as an illustration a model, 'cycle of harmony and discord'. We will practise skills to help address conflict, and the feelings these situations can provoke. We will explore what we might like to change in our meetings.

Tutors: Roger Cullen and Julie Hanna

MON 18 NOV - SUN 15 DEC

A FRIENDLY INTRODUCTION TO MEMBERSHIP

16 places | £54

What is Quaker membership? How do I apply and what will happen? The course gives an opportunity to explore the meaning of membership and belonging, and to share with others at a similar stage in their journey with Quakers. We will look at the history of Quaker membership, the practical aspects of applying for membership, and at the rewards and responsibilities belonging to a faith community brings. This course is intended for those who are considering membership of the Religious Society of Friends.

The course includes a live online Q&A webinar (date and time to be confirmed). If you can't join this discussion live, it will be recorded for you to watch at your convenience.

This course involves a time commitment of approximately two to three hours per week.

Tutor: Hannah Brock

Online course

FRI 22 NOV - SUN 24 NOV

A FRIENDLY INTRODUCTION TO THE QUAKER WAY

16 places | £165 residential | £95 non-residential

Are you relatively new to Quakers and keen to find out more? This course sets out the Quaker 'basics'. It will give you an understanding of the history and international reach of Quakerism, and the importance of spiritual experience to the Quaker Way. We will discuss what happens in a Meeting for Worship and how Quakers make decisions and organise themselves. We will explore what Quakers mean by 'testimony' and explain simple spiritual practices for you to experiment with.

Tutors: Mark Russ and Annie Womack

FRI 29 NOV - SUN 1 DEC

MENTAL HEALTH IN OUR MEETINGS

14 places | £245 residential | £170 non-residential

Meetings need good ways of responding to Friends experiencing mental illness or distress. This course explores the experience of mental ill health, situations which arise and ways to respond. How can we maintain an open and supportive meeting environment? How do we handle our fears and balance the needs of the individual and the wider meeting? This course is helpful for those in eldership and oversight roles. We welcome people with direct experience of mental illness, but cannot help with current distress.

Tutors: Alison Mitchell and Jane Muers



FRI 6 DEC - SUN 8 DEC

LIVING, LOVING AND ENGAGING WITH THE WORLD TOGETHER - PARENTS AND ADULT CHILDREN

12 places | £285 residential | £190 non-residential

A course for adult children and their parents that aims to help your understanding of one another in different 'stages' of your lives, and deepen your relationship. Rooted in Quaker values, the course will draw on a range of literature, as well as insights from the tutors' own relationship. Non-Quakers are welcome. Booking must be in parent and adult children pairs, prices given are per person.

Tutors: Becky Riddell and Roger Riddell

Training for Quaker Roles

Equipping and supporting those with various roles and responsibilities within Quaker meetings and organisations. This includes both practical training and exploration of the spiritual basis of the roles.

MON 2 SEP - WED 4 SEP

MANAGING OUR MEETING HOUSES

18 places | £245 residential | £170 non-residential

This training and support event for meeting houses of all sizes and functions includes: Witnessing to Quaker values; workshops for staff and employers on employment law and good practice and on health and safety legislation; as well as sessions on meeting house administration matters, and on building working relationships and support networks. The course aims to respond to the needs of participants so everyone will gain increased enthusiasm, skills, confidence and knowledge to enhance the life of their meeting house.

Tutors: Bonnie Grotjahn and Sam McNair

MON 2 SEP - SUN 13 OCT

BEING A QUAKER CLERK: AN ONLINE COURSE

20 places | £115

This online course, for new or prospective clerks with little or no experience of Quaker clerking, is based on the on-site course with the same name. The five modules cover the clerk's role before, during and after a Meeting for Worship for Business. We also consider why we use our particular business style in our meetings. We will focus on clerking local meetings, but clerks of other meetings, including area meetings, will also find they can learn much about their role.

This course involves a time commitment of approximately two to three hours per week.

Tutors: Chris Skidmore, Peter Eccles and Sue Glover Frykman

Online course

MON 2 SEPT - SUN 13 OCT

ELDERSHIP AND OVERSIGHT

20 places | £115

Online course

This six-week online course will help all those serving in eldership and oversight to gain better understanding and confidence in their role – whatever the system in their meeting. The six modules cover the full range of topics included in the separate and combined eldership and oversight onsite courses, with options to focus on areas of particular relevance.

This course involves a time commitment of approximately two to three hours per week.

Tutors: Zélie Gross, Ros Baverstock and Martin Pennock



MON 7 OCT - SUN 17 NOV

BEING A QUAKER TRUSTEE

20 places | £115

Online course

This six-week online course will provide easy-to-understand information and enjoyable learning, to make trusteeship approachable and rewarding. We will be factual and practical, but all we do will be underpinned by the spiritual question of what trusteeship means within Quakers? What does God require of us? What does the law require? What is considered good practice for charities? How does this fit with Quaker good practice? How do trustees, area and local meetings relate to each other? How can trustees best serve our meetings? This course is particularly suitable for new/less experienced Area Meeting trustees.

This course involves a time commitment of approximately two to three hours per week.

Tutors: Christine Willmore and Linda Craig

FRI 6 SEP - SUN 8 SEP

BEING A QUAKER CLERK

20 places | £245 residential | £170 non-residential

This course is for new or prospective clerks with little or no experience of Quaker clerking. We will focus on clerking local meetings but clerks of other meetings or committees will also find they can learn much about their role. There will be practical sessions including planning agendas, drafting minutes and discipline in the meeting. We will also consider other responsibilities that come with being a clerk. Participants will learn from each other as well as from the leaders.

Tutors: Anne Ullathorne and Judith Roads

AT SWARTHMOOR HALL

FRI 18 OCT - SUN 20 OCT

QUAKER NOMINATIONS

12 places
£245 residential | £170 non-residential

How can we root ourselves in good practices of discernment whilst responding to the particular issues that face us? Nominations are at the quiet heart of the way we live together as Friends, when we listen faithfully to the Spirit. We will include the practical aspects of being 'on nominations'. Friends can expect a renewed insight into the potential of nominations to strengthen meetings and enable them to flourish. This event is for members of Quaker nominations committees.

Tutors: Jane Harries and Catherine Putz



MON 21 OCT - WED 23 OCT

EXPLORING ELDERSHIP

20 places | £245 residential | £170 non-residential

This course will help those with responsibility for eldership in Quaker meetings gain a better understanding of the role and the confidence to do it. What does the role involve? What is the spiritual basis of eldership? How can elders respond to and nurture the spiritual life of the meeting? Participants will have the opportunity to explore the role and share experiences with others as well as looking at practical ideas and resources that will be of help. This course focuses on eldership in Britain Yearly Meeting but may also be of interest to Friends from other yearly meetings.

Tutors: Liz Eddington and Caro Kelly

MON 21 OCT - WED 23 OCT

EXPLORING OVERSIGHT

20 places | £245 residential | £170 non-residential

This course will help those with responsibility for oversight in Quaker meetings gain a better understanding of the role and the confidence to do it. What does the role involve? What is expected? What is the spiritual basis of oversight? How can overseers respond to and meet the pastoral needs of the meeting? We will look at the range of tasks, share good practice and explore ways of handling difficult issues as well as looking at practical ideas and useful resources. This course focuses on oversight in Britain Yearly Meeting but may also be of interest to Friends from other yearly meetings.

Tutors: Gilly Charters and Helen Chambers

MON 4 NOV - SUN 15 DEC

SPEAKING TO THAT OF GOD: BUILDING A QUAKER WEB PRESENCE

16 places | £54

Online course

Woodbrooke and Quaker Life working in partnership.

If someone looks for your meeting online, what do they find? Would you like to improve your Quaker community's social media presence or website? During this course, we'll share examples of what is happening already, ideas about what you could try, and ways to learn how to put all this into practice. Topics will include websites, Facebook, creating content, and privacy issues. Beginners and those with experience all welcome – you will be able to choose materials suitable to your needs.

This course involves a time commitment of approximately two to three hours per week.

Tutors: Rhiannon Grant and Jon Martin



FRI 1 NOV - MON 16 DEC

QUAKER NOMINATIONS

20 places | £115

Online course

An entirely online course for anyone involved in Quaker nominations. We will aim to root ourselves in good practices of discernment whilst responding to the particular issues that face us. Nominations are at the quiet heart of the way we live together as Friends, when we listen faithfully to the Spirit. By taking two to three hours a week over six weeks to reflect, we hope you will gain a renewed insight into the potential of nominations to strengthen meetings and enable them to flourish.

This course involves a time commitment of approximately two to three hours per week.

Tutors: Catherine Putz and Christine Habgood

WOODBROOKE LEARNING

FRI 15 NOV - SUN 17 NOV

BEING A QUAKER TREASURER

14 places | £325 residential | £250 non-residential

For new and prospective treasurers, and those who still feel uncertain. We will cover all the main tasks, from first entries to year-end preparation of accounts, principles, responsibilities, and legal requirements. You will find sympathetic companionship with other treasurers, and explore the spiritual basis of the role.

Please note times: the course starts at 11:15am on the Friday with Basic Book-keeping (this runs to 5:45pm and includes lunch). Those without much experience will need these sessions. If Friday attendance is difficult, the exercises will be available online to complete at home beforehand. On the Sunday there is an optional session on the Quaker spreadsheet programme which runs from 1:30pm to 3:00pm.

Tutors: Delia Suffling, Averil Armstrong and Rosemary Elias



FRI 22 NOV - SUN 24 NOV

QUAKER FUNERALS

15 places | £245 residential | £170 non-residential

Are you an elder, overseer or funeral advisor with responsibility for advising or assisting Friends and their families who request a Quaker funeral? This course will explore practical, pastoral and spiritual aspects of Quaker funerals. We will consider individual and corporate roles and responsibilities, keeping in mind the themes of grief and loss as they affect bereaved Friends, families and Meetings.

Tutors: Deborah Best, Chris Ring and Jenny Cuff (Elder)

POSTGRADUATE STUDY AND RESEARCH

with the Centre for Research in Quaker Studies



Online taught courses leading to a Postgraduate Certificate in Quaker Studies or MA in Quakerism in the Modern World and distance learning with supervision leading to MA by research or PhD.

For more detailed information on these postgraduate options, entry requirements, fees and how to apply for the 2019-20 academic year, please visit woodbrooke.org.uk/crqs

The Centre for Research in Quaker Studies works in partnership with the University of Birmingham and Lancaster University.



UNIVERSITY OF BIRMINGHAM





**FURTHER
INFORMATION**

Woodbrooke's Programmes Team



Simon Best is Head of Learning and has overall responsibility for Woodbrooke's learning programmes. He is passionate about creating opportunities for Quakers to learn and grow individually and together. Simon is responsible for supporting the Swarthmore Lecture programme.



Ben Pink Dandelion is Programmes Leader for the Centre for Research in Quaker Studies. He has responsibility for our postgraduate programmes run in partnership with the University of Birmingham and Lancaster University. He both teaches and supervises postgraduate students in a variety of fields, and his own specialism is sociology of religion. He is a prolific author and editor.



Stuart Masters is Senior Programme Leader for on-site learning. He coordinates Woodbrooke's on-site course programme and leads courses exploring the Quaker way and its relationship to other traditions.



Betty Hagglund is Librarian and Learning Resources Manager, and has overall responsibility for Woodbrooke's library and archive. She is particularly interested in early Quaker history and writings.



Gill Pennington is Ministry Programmes Coordinator and Spirituality Tutor. She has responsibility for the Equipping for Ministry programme. She works to facilitate learning and enable a deepening of spiritual experience.



Mark Russ is Tutor for Nurturing Friends and Meetings. His interests include intentional community, music and worship, theology and apocalyptic spirituality.



Maud Grainger is Faith in Action Programmes Coordinator. She has experience of and passion for environmental, social justice and interfaith work. She is interested in how we live our witness in the world and community activism.



Rhiannon Grant is Tutor for Quaker Roles. She is a lifelong Quaker who researches and writes about religious language and practices. Rhiannon is also Deputy Programmes Leader, Centre for Research in Quaker Studies and supports our postgraduate programmes and research work.



Timothy Ashworth is Biblical Studies Tutor and Interfaith Coordinator, especially interested in how the experiences of the first Christians shaped their writings and ways of life. He is also Interfaith Co-ordinator, engaged in our ecumenical as well as interfaith work.

Woodbrooke's Associate Tutors

Woodbrooke has a large number of associate tutors who deliver many of our courses. You can find details about the tutors for each course in the listings and on our website.

Alex Wildwood gave the 1999 Swarthmore Lecture, *A Faith to call our Own* and co-authored *Rooted in Christianity, Open to New Light: Quaker spiritual diversity* with Timothy Ashworth. He is influenced by Buddhist activist Joanna Macy and his experience of 12 Step recovery fellowships.

Alison Mitchell works for the Retreat Benevolent Fund as Mental Health Development Officer, raising awareness and asking questions about mental health.

Alistair Fuller is Head of Ministry and Outreach for Quakers in Britain and also a Quaker parent. He is deeply interested in nurturing spiritual community and helping seekers find Quakers.

Sister Annabel Laity has worked closely with Thich Nhat Hanh over many years, including translating several of his writings into English.

Angela Cotter is a Jungian analyst and shamanic practitioner drawing particularly on Celtic roots, and an experienced group facilitator/teacher.

Angela Halvorsen Bogo is a storyteller, singer and clown. She has been curious about and developing the relationship between performer and audience, embodying the fool and travelling wherever called.

Angie Dunhill is a member of the Experiment with Light Network

Ann Conway-Jones is an Honorary Research Fellow at the University of Birmingham. She specialises in making biblical scholarship accessible, relevant and inspiring.

Anne Ullathorne has lots of experience of clerking committees and local and area meetings. She is currently clerk of Meeting for Sufferings, the standing representative body of Quakers in Britain.

Annie Womack started going to Quaker meetings while living in Berlin. Now based in Sheffield, she attends Nether Edge Local Meeting and works as a translator.

Annique Seddon, with a background as a therapeutic counsellor, is a personal tutor and co-leader on Woodbrooke retreats.

Averil Armstrong is a Quaker, an accountant and an OU tutor. She is treasurer of Woodbrooke, Quaker International Educational Trust (QUIET) and Northumbria Area Meeting.

Becky Riddell is 31 and a member of Oxford Meeting and part of the Quaker Life Mental Health Cluster. She is a recovery coordinator at Restore, a mental health charity.

Bonnie Grotjahn was a Resident Warden in the UK and a Quaker employer at Friends House Moscow. Her passion is people!

Caitlín Matthews is a teacher of mythic and spiritual traditions: her many books include *The Lost Book of the Grail*.

Caro Kelly has been a psychotherapist, trainer and educator and is passionate about enabling truthful conversations intra and interpersonally for deepening community.

Caroline Jariwala is an ethical mosaic artist, a qualified teacher and professional artist, teaching the art of mosaic for 20 years. Caroline is a member of the British Association of Modern Mosaic.

Cat Waithaka is the Assistant Head of Quaker Life Children & Young People's team. She is committed to furthering opportunities for Young Friends to engage with the wider Quaker community.

Catherine Putz is a Quaker, celebrant, Area Meeting Clerk and served as co-clerk on Central Nominations Committee.

Chris Bemrose is a Quaker who designs and leads experiences to help people explore spiritual, psychological and social issues.

Chris Ring specialised in university teaching on ageing and end-of-life matters, and has served as funeral advisor and elder at Derby Meeting.

Chris Skidmore is a former clerk of Britain Yearly Meeting who has been part of the 'Being a Quaker Clerk' team since 2017, teaching both at Woodbrooke and online.

Christine Willmore, a former barrister, has been an Area Meeting Clerk, trustee, Clerk to Trustees, and non-Quaker trustee.

Christine Habgood worked as a GP and medical educator. She has served as co-clerk of Central Nominations Committee.

Dan Nixon leads *Perspectiva's* work on Paying Attention.

Deborah Best is a part-time lecturer in social work training. She has served as funeral advisor, elder and overseer.

Deborah Shaw is a life-long Friend and seasoned retreat leader who delights in spiritual exploration in the company of others.

Delia Suffling is a Quaker who has experience of being a treasurer at national, regional, area and local levels.

Dilwar Hussain is founding Chair of New Horizons in British Islam and Research Fellow at the Centre for Trust, Peace and Social Relations, University of Coventry.

Eleanor Chornoboy believes that each one of us is a vessel holding a spirit of love and creativity.

Ellis Brooks is the Peace Education Coordinator for Quaker Peace & Social Witness. He is a trained mediator and teacher with ten years of experience delivering peace education.

Enid Peel is a Friend from South Birmingham. She works as an occupational therapist with a special interest in wellbeing.

Floe Shakespeare has been a Quaker for nearly fifty years, has facilitated groups in different contexts and has a longstanding interest in creativity in all its forms.

Hannah Brock found Quakers aged 19, and it continues to shape her life. She is part of Nether Edge Meeting in Sheffield.

Helen Chambers is an elder with oversight and trainer with Quaker Life Children & Young People's team.

Helen Griffin is a SAPERE-accredited level 2 P4C trainer and experienced Quaker. She has been using P4C since 2003.

Huw Davies is project manager for the Quakers in Britain property support project. He has a life time interest in the practical application of sustainability to everyday life.

Iain McGilchrist is author of *The Master and his Emissary: the Divided Brain and the Making of the Western World*.

Isabel Cartwright is the Peace Education Programme Manager for Quaker Peace & Social Witness. Her background is in informal and community education and work with young people at risk of exclusion.

James Peacock is Senior Lecturer in English and American Literatures at Keele University, where he is currently researching the relationship between Quakerism and American Literature, 1780-1900.

Jan Sellers, a Quaker and writer, leads retreats and labyrinth events for Woodbrooke, the Retreat Association, Veriditas and other organisations.

Jane Harries enjoys facilitating experiential learning and helping Friends to find effective ways to use Quaker processes. She is a former clerk of Central Nominations Committee.

Jane Muers is a long-term Quaker and a retired clinical psychologist, currently involved in mental health concerns and chaplaincy.

Janet Scott is a theologian and a teacher. She is a former clerk of Meeting for Sufferings and was the 1980 Swarthmore lecturer.

Jennifer Kavanagh is a retreat leader and writer on the Spirit-led life. Her books include *A Little Book of Unknowing*.

Jenny Cuff is a Quaker and, since retiring from the Patient Advice and Liaison Service in an NHS trust hospital, now works as a volunteer within the chaplaincy team in a hospice in Reading.

Joanna Godfrey Wood is a lifelong Friend, particularly interested in facilitating study groups and developing spirit through creativity.

Joanna Grace is an international sensory engagement and inclusion specialist, TEDX speaker, author, trainer and founder of The Sensory Projects.

Joanne Klassen of Heartspace on Line Learning Associates; Learning that Changes Lives is from Winnipeg, Manitoba Canada.

Jon Martin is Ministry & Outreach Officer for Quakers in Britain.

Jonathan Dale gave the 1996 Swarthmore Lecture, *Beyond the Spirit of the Age*. He has written extensively on Quaker Testimony.

Judith Roads is absorbed in exploring and sharing ways of giving service to Quaker meetings through appointed roles.

Julia Ryberg is an American-born Quaker living in Sweden, serving Sweden Yearly Meeting and Friends World Committee for Consultation - Europe & Middle East Section, in various ministries including retreat leadership.

Julie Hanna is a lecturer and has worked in mental health services. She has experience of conflict resolution in Quaker meetings.

Kathryn Lum is an anthropologist, lecturer in Global and Gender Studies, and feminist activist. She is a member of Nottinghamshire and Derbyshire Area Meeting, and has researched Dalit human rights in India and racial discrimination in Brazil.

Kathy Chandler is a Quaker parent and an overseer at Lancaster Meeting, where she supports a youth group. At work, she teaches students working with children, young people and families.

Katie Rose White is a therapeutic laughter practitioner with an interest in playfulness and freedom.

Kevin and Tyna Redpath are members of Street Quaker Meeting. They love working with visual imagery, art and craft activity, outdoor exploration and worship.

Letta Jones, MA is a Lecturer in Horticulture and Garden History. She also leads garden study trips abroad.

Linda Craig is a recent Clerk to Woodbrooke Trustees, a registering officer and former General Secretary of Quaker Peace & Social Witness.

Liz Eddington is a Quaker and a psychologist, with interests in eldership and oversight, working with children and young people, theology and early Friends.

Liz Watson has been meditating for over 20 years and is a member of The World Community for Christian Meditation.

Lynne Sedgemore has explored a wide range of spiritualities including the sacred feminine. She is an ordained interfaith minister and priestess healer.

Marian Liebmann is an art therapist and mediator. She also works as a practitioner, consultant and trainer in restorative justice and has published widely.

Martin Layton is a teacher and activist. His interests are in exploring how Quaker spirituality strengthens our lives of active witness, as well as in cultural expressions of religious experiences.

Martin Pennock is a linguist who, as an experienced clerk and elder at local, area and national levels, has always sought to leaven his respect for Quaker discipline with humour.

Mel Cook is the Children's Work Officer in the Quaker Life Children & Young People's Team based at Friends House, London.

Michael Eccles works as the Assistant Secretary of Friends World Committee for Consultation-Europe & Middle East Section. He previously worked providing training & support for Quaker Peace & Social Witness placements and before that in international development and conflict resolution.

Mike Mullins is a Roman Catholic who is a facilitator and coach with experience and qualifications in philosophy, psychology and psychotherapy.

Nic Burton is a member of Pickering and Hull Area Meeting and lectures in Corporate Responsibility at Northumbria University.

Dr Pauline Lovelock currently at the Anglican Shrine Walsingham, formerly employed by the Julian Shrine, specialises in silence, reflection and spirituality.

Peter Eccles is a former Yearly Meeting Clerk, Swarthmore Lecturer and an emeritus professor of mathematics.

Philip Gross is a Quaker, poet, prose writer, dramatist and Professor of Creative Writing at the University of South Wales.

Rachel Muers, a lifelong Quaker, lectures in Theology at Leeds University. Her books include *Testimony: Quakerism and theological ethics*.

Ralph Nimmann has been leading Peace Dance groups with intensity, depth, heart, humour, lightness and drum for over 20 years.

Rebecca Hubbard is an inspirational and supportive writing tutor, who has a special affinity with nature and draws on myths, images and words.

Rex Ambler taught theology at the University of Birmingham for over 30 years and since retiring has mainly researched and written about Quaker faith and practice.

Richard Eddleston has long experience of running centering prayer groups. A retired social worker, he has been a Quaker for twenty five years.

Roger Cullen currently works as a family mediator and also has experience of conflict resolution in Quaker meetings and restorative justice settings.

Roger Riddell is an attender at Oxford Meeting. He has 40 years in international development work, including 12 in Africa and is the former International Director of Christian Aid. He is publishing his first novel.

Ros Baverstock worked in mental health. She has particular interest in eldership and in nurturing spiritual life.

Rosemary Elias, having had a career in financial compliance, is now interested in building the confidence and enjoyment of those undertaking financial roles in Quaker Meetings.

Rosie Carnall is a lifelong Quaker. As Eva Koch scholar in 2018, she has developed resources for Quakers to use the P4C methodology.

Sam McNair is a warden involved in a major refurbishment. Interests include the spiritual dimension of wardenship and building robust lettings procedures.

Sandie Wade has shared her love of circle dancing for many years, encouraging others to discover its delights.

Sue Glover Frykman joined Friends in 1976, lives and works in Sweden, and is an experienced clerk.

Susan Groves has a background in theology and Core Process Psychotherapy. She is committed to exploring with others what helps us to flourish and living that.

Susie Tombs is a member of the Experiment with Light Network.

Terry Hobday has been facilitating experimental worship for over twenty years, developing a contemporary approach to semi-programmed worship. Terry was the recipient of one of the first Joseph Rowntree Quaker Fellowships.

Theresa Payne has been a member of the Order of Interbeing for ten years. She recently became a Lay Dharma Teacher.

Zélie Gross is a Quaker writer and editor. She brings skills in exploratory group work to her teaching.

Learning and Accessibility

At Woodbrooke we aim to provide inclusive, participatory learning that recognises and affirms the diverse gifts of all in the community. We all have needs in relation to our learning and our tutors work to ensure all are able to participate in ways suitable for them and the course. We are aware that some people may have particular requirements that need to be met in order to enable them to come to Woodbrooke and to participate in courses (e.g. being a wheelchair user and needing a ground floor bedroom or needing course material/handouts provided in a particular format).

We understand that the way that different needs impact on someone's life varies greatly between individuals. We especially understand that if the needs are well managed, asking further questions might feel intrusive. We ask for information about your requirements so we can work with you to ensure that the necessary provision is in place for you to participate as fully as possible in your chosen course. We are guided in this by equality legislation and by our Quaker commitment to equality. This information will be shared with relevant staff and course tutors. Sometimes it is helpful for staff or tutors to be able to contact participants to discuss their requirements and how these can best be supported.

If you have access or communications requirements, please let us know when booking or as soon as possible, preferably at least three weeks before your course. In our experience this gives us a better chance of meeting your requirements. We will try our best to meet all access and communications requests through reasonable adjustments and/or the provision of additional aids or equipment. Whether we can meet your needs will depend on the exact nature of your request, and we will work with you to find the best way of you being able to participate as fully as possible.

Woodbrooke has hearing loops, ramps, scooters, a wheelchair lift, stair lifts and specially-fitted bathrooms, toilets and bedrooms.

If you need to be accompanied by a carer for you or your child so you can participate in a course, Woodbrooke will provide the carer with free accommodation and meals for the duration of your stay.

Please contact us to discuss any specific requirements or if you would like further information.



Travel directions

Woodbrooke is based in Selly Oak – around five miles south of Birmingham city centre. We encourage our visitors to travel by public transport where possible.

RAIL

Mainline trains arrive into Birmingham New Street, Moor Street and Snow Hill stations. Local trains from New Street to Selly Oak take about 10 minutes. From Selly Oak station it is a short bus ride or a 20–25 minute walk.

COACH

National Express coaches terminate at Digbeth Coach Station in Birmingham, a 10–15 minute walk from New Street from where you can travel by bus, taxi or train.

TAXI

There are taxi ranks at New Street and Moor Street railway stations and Digbeth coach station. If you choose to travel

from Selly Oak station to Woodbrooke by taxi, you will need to pre-book a taxi. Call TOA Taxis on 0121 427 8888 or request a taxi using your smartphone.

BUS

Buses run to Woodbrooke from close to Birmingham New Street and Moor Street stations. For Woodbrooke you need to alight the bus at ‘Witherford Way’ stop.

Buses accept the exact fare only so please have plenty of change with you. Buses also accept contactless card payments.

For the most up to date bus information please visit www.nxbus.co.uk

BY ROAD

Woodbrooke is accessible from the A38 Bristol Road.

If you are travelling south (from Birmingham city centre towards Longbridge): travel through Selly Oak. Continue straight ahead and when the road slopes downhill, carry on past Fircroft College on your left. The entrance to Woodbrooke is on the left shortly afterwards.

If you are travelling north on the A38 (towards Birmingham city centre): after leaving Northfield, continue straight ahead. When you pass under a footbridge, look out for Woodbrooke 200 yards on the right, on the opposite side of the carriageway. Go further up the

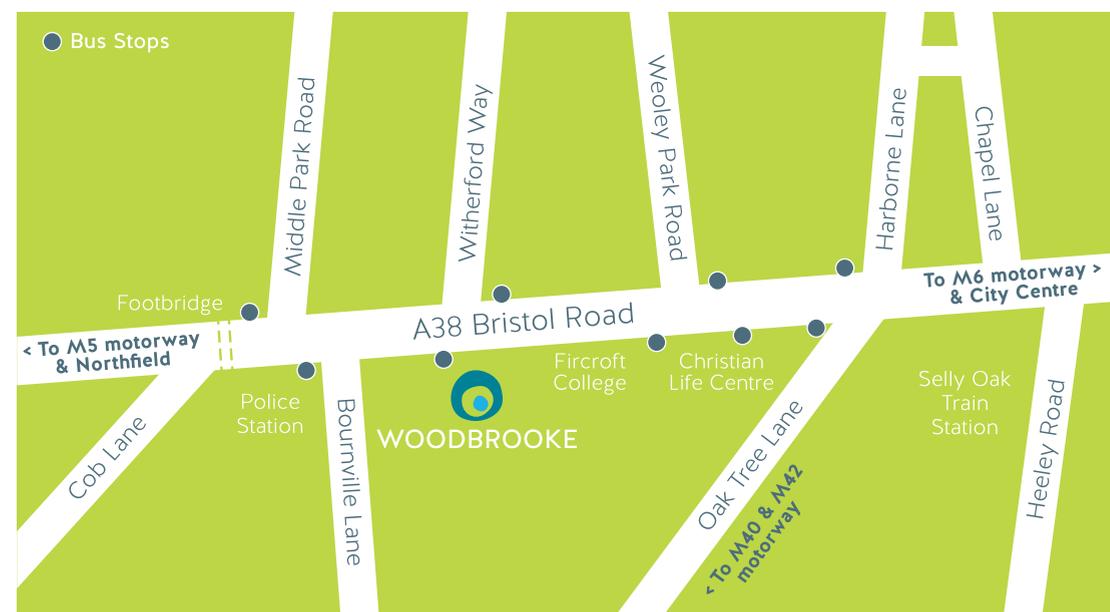
hill and do a U-turn through the next gap (as signposted) to come back down the hill to the Woodbrooke entrance.

TO GET TO THE A38

From the M6 – take Junction 6 and head towards the M38 Aston Expressway which will turn into the A38 Bristol Road. Continue for around five miles.

From the M40 – join the M42, exiting the M42 at Junction 2. Take the A441 towards Birmingham (signposted Cadbury World). After six miles, turn left onto the A38 Bristol Road. Woodbrooke is on the left after Fircroft College.

From the M5 Junction 4 – take the A38 (travelling north) for approximately six miles.



How to book

Book online at: www.woodbrooke.org.uk/learn. Fill in and return the booking form opposite, you can download further forms from www.woodbrooke.org.uk/booking.

For booking queries and to request a booking form email enquiries@woodbrooke.org.uk or call us on 0121 472 5171.

HOW TO PAY

- If you are booking online you must pay in full at the time of booking.
- If you wish to pay by cheque, you must pay in full at the time of booking.
- If your meeting is paying please ask for an invoice to be sent to the treasurer when you book.
- If you are booking using a paper or electronic form and wish to pay by credit or debit card we require a minimum payment of 20% of the course fee at the time of booking. The balance will be due by 7am, 21 days prior to the event, and will be automatically charged to your card at that point. We will credit your booking with any bursaries or discounts before this.

WHEN TO BOOK

Please book as soon as possible. We encourage early booking to maximise the chances of a course running. Unfortunately, we occasionally have to cancel courses. Decisions about the viability of a course are usually made three to four weeks before the start of a course.

COURSE START AND FINISH TIMES

Courses at Woodbrooke begin at 6.15pm, with an evening meal, and end with lunch on the last day unless there are different timings given in the individual course details.

CANCELLATION & TRANSFERS

If Woodbrooke cancels a course you are booked on you will receive a full refund. If you need to cancel your place on a course then you can transfer your booking to another course or simply cancel.

TRANSFERS

You can transfer your payment to a different course with no change – with the following terms:

- You can make one transfer per booking.
- You are required to choose a new course within seven calendar days of notifying us you want to transfer your booking, otherwise we will treat it as a cancellation.
- If the new course is a higher price, this will be due three weeks before the start of the new course.

- If the new course is a lower price, we will refund the difference.

Money paid by a Quaker Meeting or other organisation can be transferred to another individual from the same Meeting or organisation to use. The same terms apply as above.

CANCELLATIONS

If you do not wish to transfer then you can cancel your booking with the following terms

On-site Courses

- If you notify us of a cancellation before 7am on the 56th day (8 weeks) prior to the event, you will receive a full refund.
- If you notify us of a cancellation after 7am on the 56th day (8 weeks) before the start of the course we will charge a cancellation fee of £20. Any additional money will be refunded.

Online Courses

- If you notify us of a cancellation before 7am on the 14th day (2 weeks) prior to the event you will be given a full refund.
- If you notify us of a cancellation after 7am on the 14th day (2 weeks) prior to the event If you cancel less than two weeks before the start of the course we will charge a cancellation fee of £10. Any additional money will be refunded.

Change of content or tutor: we make every effort to run courses as advertised. However, there may be occasions when we have to change course content and/or tutors. Woodbrooke reserves the right to make these changes. In such instances, no reductions or refunds are available and the normal Cancellation & Transfers Policy applies.

Insurance: we recommend that you consider taking out cancellation insurance to provide cover in the event of having to have to cancel your booking due to unforeseen circumstances. Woodbrooke is not able to recommend an insurance provider.

Cooling off period: if you cancel your booking within fourteen days of receiving confirmation of your booking from us you are entitled to a full refund under consumer protection regulations.

Accommodation only bookings: you can cancel your booking up to 7am on the day of arrival without any charge unless you have chosen a non-cancellable, non-refundable bedroom rate. Please check your booking confirmation for further details.

The information in this brochure is correct at the time of printing and may be subject to change. For the latest information and our full terms and conditions see www.woodbrooke.org.uk/terms.

Booking form

AW19

Name of course(s) you'd like to attend:

Dates (from/to):

Please give details of any **extra nights** you would like to stay:

First name(s)

Last name

Name you like to be known by

Address

Postcode

Tel. Day

Tel. Evening

Email address

Contact and Consent: Here at Woodbrooke we take your privacy seriously and will never share or sell your details for marketing purposes. However from time to time we would like to contact you with details of other courses and news regarding Woodbrooke fundraising, research, accommodation and meeting facilities.

You may contact me by

Post Email Telephone SMS

You can find Woodbrooke's full Terms and Conditions and Privacy Policy at

www.woodbrooke.org.uk/privacy-policy.

You can opt out at any time, to do this please email mydata@woodbrooke.org.uk

Are you associated with the Religious Society of Friends (Quakers?) Yes No

If yes, what is the name of your meeting/ worshipping group?

We would like to send your course information by email rather than post. If you are unable to receive your course programme and course information via email please tick this box:

Tick here if you would like **travel directions**:

Dietary requirements:

None Vegetarian Veg/Fish
 Vegan Non-dairy Diabetic
 Gluten Free Low Fat

Intolerances/Allergies:

Is this your **first course** at Woodbrooke?

Yes No

Are you attending this course as part of your

EfM programme? Yes No

How did you hear about this course?

If you have previously attended a Woodbrooke course and have since changed your name or address, please let us have your previous details:

First Name(s)

Last name

Address

Postcode

Data protection: for course administration, Woodbrooke processes data in order to offer services to our customers. We ensure all personal information supplied is held in accordance with EU General Data Protection Regulation and UK Data Protection legislation. We will not keep this information for longer than necessary.

Access

Do you have any access or communications requirements in relation to the building?

Sight Mobility Hearing Other

Please give details:

Do you have any access or communications requirements in relation to the course?

Sight Mobility Hearing Other

Please give details:

Please see page 75 for our commitment to learning and accessibility.

Accommodation

Would you like a residential place? Yes No

Please tell us a little about your interest in the course for which you are booking:

Special offers and bursaries

We would like to make coming to Woodbrooke as accessible as possible. We encourage you to speak to us if you would like to discuss bursaries and special offers.

I would like to claim one of the following special offers

- First-timers' £50 discount
- Young Friends' 50% discount

Bursaries and financial support

- Please let me know about financial support from Woodbrooke

For more details and to see the full terms and conditions, see www.woodbrooke.org.uk/offers

Payment Details

Please make all cheques payable to Woodbrooke

1. I've arranged for my meeting to pay for the course

- Full payment is enclosed (payable to Woodbrooke)
- Please send an invoice to the Treasurer

Treasurer's name

Treasurers email address

It is the participant's responsibility to ensure Woodbrooke gets payment before the course.

2. I am paying myself

- I am sending a cheque (payable to Woodbrooke) for the full amount.
- I would like to pay by credit/debit card. We will send you a link to pay on a secure website. We require a minimum payment of 20% of the course fee at the time of booking*. The balance will be due 21 days prior to the event, and will be automatically charged to your card at that point.

*Refundable subject to our cancellation policy (see page 78 or online at www.woodbrooke.org.uk/terms-conditions)

Please fill in the details below

Course fee: £

Donation: £

Total Payment: £

- I want to Gift Aid* my donation

Signature

Date

*If you have boosted your donation with Gift Aid via the booking form, please notify Woodbrooke if you:

- want to cancel this declaration
- change your name or home address
- no longer pay sufficient tax on your income and/or capital gains.

If you pay income tax at the higher or additional rate and want to receive the additional tax due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue & Customs to adjust your tax code.



RETURN TO WOODBROOKE, 1046 BRISTOL ROAD BIRMINGHAM, B29 6LJ

WOODBROOKE is many things to many people

Our Quaker-based learning nurtures, enthuses and informs; our inspiring venue in Birmingham offers space for meeting or just a relaxing stay.

Woodbrooke offers opportunities for learning:

- Through courses we run in Birmingham, regionally and at other venues such as Swarthmoor Hall.
- Through our On-the-Road programme which brings our experienced tutors to your community.
- Through online courses and webinars.

Woodbrooke's centre in Selly Oak, a Grade II listed Georgian manor house with 70 bedrooms and nine meeting rooms could be the perfect venue for your next meeting or conference and as a base to stay for visitors to Birmingham.

Set within 10 acres of beautiful, organically managed gardens and woodland and located a short distance from Birmingham city centre, Woodbrooke is the perfect place to stay. Experience our warm, welcoming atmosphere, enjoy excellent home-cooked food, relax in our tranquil grounds and explore our Quaker library. We have a range of rooms available.



For more information about Woodbrooke visit our website: woodbrooke.org.uk

Woodbrooke,
1046 Bristol Road,
Birmingham B29 6LJ

T +44 (0)121 472 5171

F +44 (0)121 472 5173

E enquiries@woodbrooke.org.uk

Reg. Charity No. 313816

Find us on:



For a large print copy of this brochure, please call 0121 472 5171